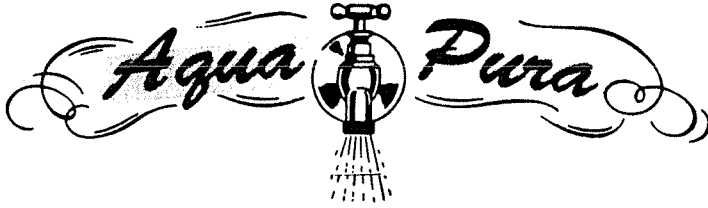


THE AUSTRALIAN FLUORIDATION NEWS



ARTIFICIAL FLUORIDATION
IS WATER POLLUTION

www.fluoridationnews.com

afavaust@gmail.com

G.P.O. Box 935,

Melbourne, Vic., 3001

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THREE BIG FLUORIDATION WHOPPERS FOR 1991

This year must surely go down in fluoridation history as the year of the three large documented reports that smacked with fear of the ongoing public awareness of how this medical process is promoted, and the consequences of using it accordingly.

1. **Inquiry into Water Fluoridation in the A.C.T. (Canberra)**
Standing Committee on Social Services, January 1991
2. **Review of Fluoride, Benefits and Risks.**
U.S. Department of Health and Human Services, February 1991.
3. **The Effectiveness of Water Fluoridation**
National Health and Medical Research Council March 1991.

The first Report (1) by the Committee of the Australian Capital Territory Legislative Assembly, is a first in a Government Report on fluoridation, because it consists of 308 pages. The first 130 pages is devoted to the Committee Report, but the following 178 pages consists of a Dissenting Report by Dennis Stevenson M.L.A., a member of the Committee

The Committee advertised throughout Australia for Submissions, and received 160, of which 141 were against fluoridation, and the 19 for fluoridation were from institutions such as Health Departments, A.D.A., A.M.A., National Health and Medical Research Council etc.

For obvious reasons, statements by Committee members to their Assembly at the tabling of their Report are almost sufficient to understand the quandary of their Report.

The Chairman stated: (Hansard 12 Feb. 1991)

"Fluoride is a remarkable substance. It is certainly one of the better known substances around the world. One of its remarkable properties is that beyond any doubt its use in water and in other ways significantly reduces the rate of dental caries. I believe there is no doubt of that. On its introduction in various parts of Australia some years ago, it had a remarkable impact on the dental health of our young children. It is the case that that impact is less in more recent years. Fluoride is not only responsible for a revolution in dental care. This remarkable substance is also deemed responsible for such things as the hole in the ozone layer, for the tranquilising and the weakening of whole populations, for narcosis, hypnotic states, and for cancer.

It is claimed to be responsible for every allergic response imaginable. For cot death, for Aids, for schizophrenia, for sex crimes and for nymphomania.

Mr Kaine and his colleagues in the Liberal Party may be interested to know that it was held responsible, not universally, I hasten to add, for the loss of Liberal seats in Victoria. It is also

claimed that the depression and subsequent death of Harold Holt (Prime Minister of Australia) was caused by drinking the ACT fluoridated water supply.

It is claimed to be responsible for constipation and so on. There is an endless list. It is also claimed to be responsible for skeletal fluorosis, and yes indeed it is. And let me hasten to, and add, that it is. It can be quite damaging to the human skeleton, except I have nowhere seen any evidence of a case in Australia."

An interesting statement by the Chairman of the Inquiry, without any reference to their source. We can guarantee no such claims have ever been made by our Association. A case of scientific association without evidence.

"And I took the view that was presented to us that it is nevertheless sensible to keep any additive at the lowest level that will achieve maximum effect. That really is the basis of my decision to support fluoridation at half a part per million. We do not need to put in any more. We are getting more fluoride into our system. Why do we need to put more fluoride into the water than we really need. I am not convinced there is a great deal of difference between .5 and 1 part." (Only a mere 50 percent reduction!)

Some extracts in the A.C.T. Report from the Freedom From Fluoridation Federation of Australia submission may interest readers. Page 37

"There is a serious pharmacological question on the dental 'optimum' fluoride dose for children (and adults).

The belief of the fluoridation lobby is that children should ingest 1 mg of fluoride (F) each day of their lives in order to develop caries-free teeth.

". . . the mechanism by which fluoridation works is unknown."

The dose they state can be daily by either 1 mg — fluoride tablet or 1 litre of fluoridated water containing 1 mg — litre (1 ppm). How this works is not known, and the fluoridation literature for many years (W.H.O., Royal College of Physicians, etc. etc.) say the mechanism by which fluoridation works is unknown.

One may question the science of the 'optimum' dose when they (the profluoridationists) do not know the mechanism by which fluoridation treats teeth, let alone just how the fluoride arrives at the necessary point of treatment, then of course how does the physiological change occur?

A hoax which is cleverly named 'optimal dose' is drinking water supplies at 1 ppm (F) and all the disciples endorse it accordingly. It is a reli-

gion because it is a 'belief' not a science, and as the dose is uncontrollable, uncontrolled, unsubstantiated and relies completely upon the thirst of an individual, clearly demonstrating the lack of scientific basis for such a process."

On page 34 under the heading 'Fluoridation has lead to increase in number of dentists' a statement from a Submission by the Freedom From Fluoridation Federation of Australia stated:

"It is recorded in the Government Census that between 1981 and 1986 Canberra experienced a 39 percent increase in practising dentists.

Canberra also has the highest number of dentists per head of population in Australia.

In the same recorded period, each State of Australia had an increase of at least 10 percent dentists.

That is only a 5 year period, so the real factor of increased dentists in our 86 percent artificially fluoridated country is quite contrary to the information promulgated by the Australian Dental Association, the N.H. and M.R.C., the Health Departments and controlled bureaucracy.

During October, Hansard 3/10/89 records a statement by the Minister of Health Dr Blewett, that artificial fluoridation is taking away the livelihood of the dentists.

Again and again, you must ask yourself why artificial fluoridation is so adamantly promoted against the truth."

Is there a suggested bias in the terms used by the A.C.T. Chairman in his introduction of the Report, preface iii?

He stated —

Throughout the Report we have sought to cite only scientific and researched references which we believe to be valid, except Chapter 6, which allowed an extensive review of the range of views opposed to fluoridation.

Great reliance has to be placed on the Interim Report of the Working Group on Effectiveness of Water Fluoridation of Australia's premier scientific body, the National Health and Medical Research Council, which rejected recent arguments questioning the value and safety of fluoridation."

On page 72 of the A.C.T. Report the N.H. and M.R.C. is described by the Freedom From Fluoridation Federation of Australia in their Submission as:

"an impregnable giant of bureaucratic totalitarian health dictatorship with no accountability. It is the most undemocratic, scientific operation in the whole of Australia's so-called democracy and government in the interest of public health. It is purely a protective organisation for past performances of that organisation."

Submissions from academics such as Professor Stephen writing on fluoridation experience in the United Kingdom, was reported on page 87, he said:—

"Any cup of tea, however even if made with water from an extremely low fluoride area, contains substantial quantities of fluoride which is naturally present in the tea leaf, and allergies to contact with sea water, all of which contain 1.2 to 1.3 ppm fluoride are unknown."

There seems something critically wrong with the Professor's statement that tea made from extremely low fluoride areas contain SUBSTANTIAL QUANTITIES OF FLUORIDE.

The word **substantial** seems completely unscientific unless of course the Professor is stating that water fluoridated at 1 ppm also has "substantial quantities of fluoride", because tea made without fluoridated water contains 1 ppm F, or 1 milligram per litre or **one-fifth of 1 milligram per cup**, all of which rejects the old foolish arguments about fluoride in tea.

The Professor's statement on contact with sea water has absolutely nothing to do with the ingestion of fluoride in tea. Ingestion and bathing have no association, not in Australia anyway.

Throughout the Report almost every page contains a reference to either Tasmanian Royal Commission 1968,

the Victorian Government Inquiry into Fluoridation 1980, on the many so-called inquiries and statements by the N.H. and M.R.C. in supporting fluoridation.

This reliance on such a large proportion of endorsements irrespective of their questionable credibility, does nothing to enhance any scientific objective approach by the author of the A.C.T. Report.

Throughout the Report, there are numerous statements about anti-fluoridationists. References given are authors of papers, never however does the A.C.T. Committee or these other profluoridation writers identify where the strange derogatory statements come from, or who said them, and for this reason they can be completely obliterated from any objective thinking and honest appraisal.

For those interested in reading a very comprehensive and factual report on fluoridation, they should write to the A.C.T. Legislative Assembly, 1 Constitution Avenue, Canberra, A.C.T. 2601, Australia, and ask for a copy of their Report, because the 175 page Dissenting Report by Dennis Stevenson M.L.A. is a classical and objective treatise on the subject of fluoridation. The Report is free and can be obtained from the above address.

The Committee's main conclusions are

- (1) to reduce the fluoride in Canberra's drinking water supplies by 50 percent,
- (2) that unfluoridated toothpaste be more readily available to the community,
- (3) and cease the practice of flavouring and colouring fluoridated toothpaste for the protection of young children.

As stated above for a proper and concise summation of the 130 page Committee Report, one should study the Dissenting 175 pages by the Committee member Dennis Stevenson, M.L.A.

The Canberra Fluoridation Sequel

During the 1991 August Dental Week the A.C.T. Legislative Assembly voted 9/8 to adopt their Fluoridation Committee's recommendation for a 50% reduction of fluoride in Canberra's water supply.

A wonderful victory for democracy, the will of the people and the defeat of the controlled totalitarian Political Parties who voted to reject their own Committee's recommendation. They were defeated!

The Bill presented to the Assembly by the Health Minister on behalf of the Labour Party recommended the rejection of their own Committee's findings. Their whole argument was central to only accepting the N.H. and M.R.C. Report (1991) even though the Minister of Health when presenting the Bill admitted the N.H. and M.R.C. stated "it was necessary to establish a more detailed and higher quality data base."

"... the A.C.T. Legislative Assembly voted 9/8 to adopt their Fluoridation Committee's recommendation for a 50% reduction of fluoride in Canberra's water supply."

Even knowing there is no real fluoridation data base in Australia after the 38 years of N.H. and M.R.C. guarantee of safety, politicians believe N.H. and M.R.C. fluoridation scientific fiction.

Most important is the wording of the Bill and the moral principle of the Labor Party (supported by the Liberal Party); the second paragraph reads:

"The Bill will REMOVE the requirement to have the addition of fluoride to the water supplies approved by referendum".

What democracy, what intelligence, what political principles! The will of the people must be stifled, freedom of choice must be destroyed (by those elected to serve and represent the people!) but it was defeated.

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Maybe it was an Irish Fluoridation Joke where the Bill stated:

"The Government's first priority must be the protection of public health."

That statement even though their fluoridation heroes at the N.H. and M.R.C. recommend more and more research into the safety and effectiveness of fluoridation. After 117 pages of extolling the virtues, the safety and the wonders of fluoridation, the N.H. and M.R.C. publish 3 pages of recommendations for more necessary research. This is consistent with the other pro-fluoridation publication by the U.S. Health & Human Services (HHS). They presented about 180 pages dedicated to the Fluoride Lobby, attempting in their peculiar scientific way to cover up the public concern about the safety of fluoridation (the **ineffectiveness** has already been proved beyond doubt).

However after over 100 pages of the most questionable data they also concluded their Report with over 4 pages of recommendations for more research into the very things they took 100 pages attempting to prove safe and effective.

Surely science, honesty and proper representation of the people also has a proper place in today's world!

Rest assured the fluoridation issue is starting to gain much more scientific and medical interest; the heat in the Fluoridation Lobby Kitchen is becoming unbearable. We will soon see appropriate redundancy and retirements before it all boils over.

Study No 2 — "Review of Fluoride"

"Benefits and Risks by Department of Health and Human Services (HHS) U.S.A. 1991

This Report, has been referred to in many U.S. newspapers, scientific journals and organisation reviews as a whitewash of the previous National Toxicology Program 1990 (NTS) Report that warned about the cancer-fluoride link in their animal studies.

It is interesting to read the first line of the HHS Report, it states:

"This Report is a comprehensive review and evaluation of the public health benefits and risks of fluoride in drinking water and other sources."

This statement of course allowed them to title their front cover as "a Review of Fluoride", and the prohibited word 'fluoridation' not used as an indication of their fear of that unmentionable word.

The Health and Human Services (HHS) spent ten months (April 1990 - February 1991) incubating a cover-up of the NTP fluoride-cancer link, but all they produced is a rotten egg.

The HHS spent ten months incubating a cover-up of the NTP fluoride - cancer link . . .

It is not necessary to go through this Report page by page, opinion after opinion, and claims according to how strongly the author wishes to protect fluoridation and pro fluoride reputations.

On page 8, under the Sources of Human Fluoride Exposure this Report states:

"For humans, water, food, dental products, and air generally are the sources of fluoride. Fluoride concentrations from these sources vary considerably, thus human fluoride exposure and intake also vary significantly. Individual exposure differs markedly, depending upon several factors e.g. lifestyle, dietary practices, age, gender and health status."

They go on to say:

"A person's daily intake of fluoride from drinking water is a function of the person's age and the fluoride found in the drinking water source."

"Found in the drinking water" they mean "put in the water by the Government!"

The fluoride intake of a two-year old child from

water, diet and toothpaste is stated by H.H.S. Report as 0.9 ppm F, which is 100 percent over their own recommended dosage for children published on page 13.

Does one need any further proof that this Inquiry Report is a hotch-potch of dangerous data, all of their own making?

They print, as a support, the old disgraced data on the small Scottish town of Wick, to prove what will happen if a community takes fluoride out of their water supply. What about all the places in the world including Australia where fluoridation stopped.

What a scientific joke! Do they suggest this means all non-fluoridated areas are suffering acute dental decay without fluoridation.

The world scientific journals record children's teeth in non-fluoridated areas equal to fluoridated areas, and as this has been stated and supported by their own National Institute of Dental Research (1985) it makes their Report wreek with extreme and dishonest effort to make a scientific dental and medical point without any responsible truth.

Their example of Karl-Marx-Stadt, East Germany, is a sloppy, illogical and unscientific piece of dental science that has nothing to do with the efficacy of fluoridation.

As a yardstick to measure the scientific sincerity of the authors of the HHS Report, one notices those "expert" scientists fail to mention that the City of Kassel, Western Germany, stopped fluoridation April 1971 for legal and health reasons, and have never restarted the process also there is no fluoridation any where in the Federal Republic of Germany (FRG).

Why did the HHS scientists keep so quiet about Kassel, and why, after 20 years of no fluoridation, was there no scientific investigation by the HHS into the quality of the children's teeth in the non-fluoridated City of Kassel or indeed anywhere in the non-fluoridated cities of the FRG, and indeed all the western European communities where fluoridation does not exist?

The answer is obvious — those communities have teeth quality equal to any fluoridated area, in spite of fluoridated areas being supplied by the profluoridation lobby with generous, free dental services in their schools.

The scientific carelessness of the Report, and its misleading medical expertise is illustrated on page 89 where they say — "Fluoride has not been shown to be mutagenic in standard tests in bacteria (AMES test)."

The AMES test in brackets is in the original quote by HHS.

Surely that Committee knew that Professor Bruce Ames as far back as 1977 (Congressional Inquiry into Fluoridation page 243) publicly stated "his Ames Test didn't seem appropriate" and he explained in scientific terms why his "Ames Test" is "unsuitable for testing fluoride for mutagenicity".

On the same page the HHS Committee quickly rid themselves **in nine lines** of animal studies into the carcinogenicity of fluoride, but in their haste to cover-up scientific research on this particular section, they made no reference to the important Japanese Study by Tsutsui et al. 1984, published in almost every cancer journal of the world **"except Australia"**.

Like so much other missing data, it is obvious the HHS illustrates its fear of the truth about fluoridation and scientific studies that forcibly questions its safety.

The HHS favours and use (page 71) submissions such as the International Agency for Research on Cancer, but their publication (450 page) was horribly mutilated when in 1982 it was discovered that organisation in collaboration (collusion) with World Health Organisation, U.S. National Cancer Institute and the U.S. Chemical Manufacturers' Association arranged to have sections removed from their book about chemicals causing cancer. (Congressman Obey report to Congress)

Using such data gives little credibility in the latest HHS Report on fluoridation.

Under NTP Study it states:

"A panel of experts reviewed the recent study".

A number of world scientists have said they are glad

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they were not in this "panel of experts". The experts are attempting to reduce all their data to a "level playing field" by making statements that reduce data to a level decided upon only by the HHS.

On page 83 they state:

"Furthermore the differences in levels of daily fluoride intake in fluoridated and non-fluoridated communities are decreasing rapidly because of the availability of fluoride in dental products, fluoride dietary supplements, foods and beverages."

Even if the fluoride content of food, toothpaste etc were identical, how do the HHS experts account for the extra fluoride ingestion of water at 1 mg/litre only available in the fluoridated area.

On page 9 the HHS Table 3 gives **Their** 'estimated adult fluoride intake per individual', drinking water containing 0.1 - 2 mg/litre which by their Table 3 is 2.03 mg/day. This quantity is confirmed on page 12, Table 6.

... the HHS Report will be used as a scientific reference (sic) for future articles promoting fluoridation ...

So the HHS experts do not even consider an extra 2 mg F per day differential between fluoridated and non-fluoridated areas of any importance which makes a rather uneven 'playing field' in science and honest, clear thinking.

When discussing Bone Fractures the HHS experts said:

"There is some suggestion from epidemiological

studies that the incidence of certain bone fractures may be greater in some communities with either naturally high or adjusted fluoride levels." ("adjusted" meaning "artificial fluoridation")

They then finish that paragraph with silly excuses why such studies should be positive and finish in a manner to save face by adding "therefore further research is required".

This is an interesting scientific exercise by experts when genuine bone studies that question the safety of fluoridation are cancelled out in such a manner, when all through their Report they take as final, any kind of study that claims fluoridation is safe.

The HHS Report quotes with scientific embarrassment and cover-up, clearly demonstrating the fear of the established fluoride lobby, so strongly entrenched in the U.S. Health Department, the A.D.A. and A.M.A.

Reading their conclusions, (pages 87-91) one would think that section belonged to some other study, it makes so many recommendations for more and more research on matters they had already gone to so much trouble to prove conclusively safe.

Our final chapter about the HHS Report is to record that once again, no person, Scientist, Doctor, Researcher, with a public declaration questioning the safety of fluoridation was appointed to the HHS Committee. The fluoridation 'Union' at its best, "Comrade solidarity".

For years to come the HHS Report will be used as a scientific reference (sic) for future articles promoting fluoridation and protecting the reputations of those who have put their scientific lives on the fluoridation chopping block. Who for? Make your own choice!

MORE DENTISTS IN THE DOCK

Australian Fluoridation News, January/February 1991 reported 40 U.S. dentists suing their American Dental Association for fraudulently misrepresenting fluoridation and intimidation for speaking out against fluoridation. All of this in the land of democracy and government by the people for the people!

It may have appeared a single and rare kind of legal action but there have been other similar court cases against dentists.

In the U.S. Allegheny County "Informer" May 1991, is recorded another court case against dentists for prescribing fluoride supplements as a medication for treatment of teeth.

The complaint is for personal injuries and damages. The paper reported:

"Pierce County, Washington is not fluoridated, so apparently these children were given fluoride vitamins and tablets, had fluoride treatment at the dentist, and were fluoridated to death! Those who see the children's teeth say 'they are a mess'."

"Pediatricians often prescribe vitamins, with fluoride to babies before they have had one bite of solid food in their stomachs! Many of them are allergic to it; some of them die from what is now suspected as the diagnosed 'crib death'."

"I quote from our Kansas City Pure Water Organisation: In D.H.H.S. (Department for Health and Human Services) 'Benefits and Risks of Fluoride', I ran across what I believe to be the key to a perfect legal challenge.

On page one, there's a statement about chronic low level exposure of normal individuals to fluoride not presenting any problems. On page 87 the claim is repeated with 'healthy' substituted for normal, and on page 88 the statement from page one is repeated.

By implication, then, researchers have not considered its effects on people with health problems. Yet when the substance is added to the public water supply, all persons, sick along with well, are exposed to it. It should be possible to get an injunction against the continuation of fluo-

ridation unless or until it has been proved to be harmless to those with health problems.

In addition, the D.H.H.S. report lists recommendations for continued studies of the risks, which indicates they are not completely certain it's safe even for health persons. If the results of all their studies are truly conclusive there would be no need for further research.

The beauty of the whole thing is that we shouldn't have to prove ANYTHING. All we need to do is show that D.H.H.S. researchers by their own words, did not address the issue of fluoride risks to people who have various illnesses, and that by calling for more studies, they have indicated uncertainty.

THEY HAVE MADE THE CASE AGAINST THEMSELVES."

The article went on to say a letter was received by the Tacoma Washington Organisation from the health and Human Services Department which verifies the above and reads in part:

"According to the National Institute of Dental Research, also part of N.I.H., fluoride levels in water are set according to normal consumption of water. If an individual is consuming abnormally large quantities of water, he should drink bottled water."

Relate the above to further evidence of 1991 inquiries into the safety of fluoridation printed in this issue.

How safe is safe, or how silly is the use of the word when the highest Health Authority in the USA advises anyone drinking large quantities of water (usually prescribed by doctors), that they should drink non-fluoridated bottled water.

Subscriptions: *The Australian Fluoridation News*

- Australia (excluding Victoria) and overseas
Box C9, P.O. Clarence Street, Sydney 2000
- Victoria
Anti-Fluoridation Association of Victoria,
Box 935 G, G.P.O. Melbourne. 3001

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