

# THE AUSTRALIAN FLUORIDATION NEWS

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ARTIFICIAL FLUORIDATION  
IS WATER POLLUTION



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## The implications of the European Court of Justice decision on the regulation of 'functional drinks' with regard to the practice of water fluoridation.<sup>1</sup>

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### Abstract

In a landmark decision of the European Court (ECJ) in the case of Warenvertriebs and Orthica, on the regulation of foods that appear to be on the borderline between foods and medicines, the Court ruled

- Where a product appears to be both a food and a medicinal product, the medicinal legislation must take precedence, and the product is subject to regulation as a medicine
- National Regulators can not decline to recognise such products as medicines, and must subject them to pharmaceutical scrutiny with a view to issuing a marketing authorisation
- Such 'functional drinks' must not be used to prepare foodstuffs, nor may food containing them be exported to other European Community (EC) member states.

**The ruling must be applied to fluoridated water. It establishes that**

- **Fluoridated water, as a 'near-water drink containing added minerals', is a functional food with recognisable pharmaceutical properties. As such, it must be regulated as a medicinal product.**
- **In the absence of a relevant medicinal marketing authorization for its supply to the public, fluoridation of public water supplies in the UK and Ireland must stop immediately.**
- **All plans to further expand fluoridation in the UK must be suspended, pending mandatory review of its efficacy and safety and a decision on the propriety of awarding it a marketing authorization as a medicinal product.**
- **Fluoridated water must not be used in the**

**preparation of any food for retail or wholesale purposes in the UK or Ireland**

- **Irrespective of any possible future award of a marketing authorization, no UK or Irish food manufacturer using fluoridated water in the preparation of their products may export them to any other EC country.**
- **No food manufacturer in external states practising water fluoridation may export their products to any EC country if they use it to prepare their products.**

**This decision of the Court is binding on all EC member states, and is immediately enforceable in the national legislation of member states.**

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## Analysis

A central argument in the dispute over the legality of water fluoridation is the claim by the Medicines and Healthcare Products Regulatory Agency (MHRA) in the UK, and the Irish Medicines Board (IMB) in the Irish Republic, that fluoridated water is a 'borderline product'. These regulators hold that "water is a normal part of the human diet", and therefore, in their opinions, it is a food and not subject to medicinal regulation. Within the Commission itself there is also evidence of a persistent and inexplicable reluctance to apply relevant Case Law rulings by the European Court to the highly controversial practice of water fluoridation in the UK and Ireland.

## Fluoridated water is a 'functional food', and therefore a medicine.

However, in this crucial decision in 2005, the Court ruled that foods that are formulated to have both a nutritive and a medicinal function ('functional foods') must always be regulated as medicines, and subject to full prior marketing authorization (product licensing). Such functional foods include 'near-water drinks with minerals added'<sup>3</sup>, and fluoridated water falls firmly within the scope of this ruling. This decision reflects the principle of non-cumulation of legislation<sup>4</sup> - where a product appears to fall under two disparate legislative codes, one must take precedent over the other. As a general principle, medicinal law is always the relevant code where a product has, or is marketed as having, medicinal effects on the consumer.

Fluoridation proponents claim that fluoridated water has the mineral fluoride added to it, to 'fortify' a supposed deficiency in natural (calcium) fluoride. The purpose of this 'supplementation' is specifically to prevent dental caries, and the product is marketed with this claim as the sole justification for its supply. In fact this practice is fundamentally unlawful, since the source material - fluorosilicic acid - is not included in the positive list of permissible sources of 'fluoride' that may be added to human foods, as set out in Annex II of the food additives legislation.<sup>5</sup>



However, even if fluorosilicates were permissible sources of fluoride under the EC legislation, fluoridated water is a 'functional food', and as such is therefore entirely subject to this ECJ decision. The Medicines Directive (65/65/EEC) clearly established the classification criteria that must be applied to products that are medicinal either by presentation or function, and this recent 2005 ruling simply clarified its application to functional foods.

It has in fact clearly been the case that since 1965 fluoridated water met both criteria that define a product as medicinal. This ruling exposes the failure of the UK and Irish regulators to designate fluoridated water as a medicinal product, in violation of the EC legislation since the transposition of the Directive into national law. It implies that regulators who have failed to comply with that legislation have been in breach of the Directive for the whole of the subsequent period.

## Removal of regulators' discretion to designate medicinal products

The ruling states that regulators in member states can no longer exercise discretion in applying (or in the case of the UK and Ireland, refusing to apply) the provisions of the Medicinal Products Directive<sup>6</sup> to such 'borderline' products, thus avoiding regulating them under medicinal legislation. In effect with this ruling the concept of such dual function - and therefore legally ambiguous - 'borderline products' has been abolished from European law.

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*"This ruling exposes the failure of the UK and Irish regulators to designate fluoridated water as a medical product."*

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In both European law and the English (and Irish) laws derived from it, such 'medicinal waters' have long been excluded from regulation as water for human consumption ('drinking water')<sup>7</sup>. They may also not be used in the preparation of foodstuffs<sup>8</sup>. This ruling substantiates my previously published opinion<sup>9</sup> that the product does not fall within the scope of the foods or the drinking water legislation. In addition there is strong evidence that water fluoridation results in a significant increase in the background prevalence of chronic fluoride poisoning, which may be revealed as dental fluorosis in up to half of all people living in fluoridated water areas.<sup>10</sup> The legislation dealing with the use of minerals in foodstuffs stipulates that if:

***"a harmful effect on health has been identified, the substance and/or the ingredient containing the substance shall . . . be placed in a list of prohibited substances, and its addition to foods or its use in the manufacture of foods shall be prohibited"***<sup>11</sup>

The Court ruling confirms that there is an absolute requirement for all such 'functional drinks' to be subject to the same level of strict scrutiny that must be applied to the consideration of any licence application for a pharmaceutical product. In the present state of scientific knowledge of the hazards of fluoride generally, it would be impossible to justify the award of such a licence (and no fluoridated state has yet made such an award), and the fluoridation of public water supplies must cease immediately.

Fluoride - in any form or product - must now be placed on a list of **"Substances under Community scrutiny"** and subject to further scientific review, reflecting the mandatory application of the precautionary principle which is now entrenched in EC food law under the General Foods Regulations.<sup>12</sup>

## Application to naturally fluoridated water supplies.

This prohibition applies to water supplied for human consumption to which 'fluoride' from any source material has been intentionally added, including those fluorides (of

sodium and potassium) that are listed as permissible source materials in the Annex, but are not generally used for this purpose in the UK or Ireland. Indeed, even water that contains appreciable amounts of 'natural' fluoride may now be subject to medicinal regulation, since artificial fluoridation is aimed at 'correcting' any supposed 'deficiency' in the background level of fluoride in drinking water, with purely medicinal (prophylactic) intent.

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*"Fluoridated populations in both the UK and Ireland have high rates of dental fluorosis..."*

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It is well-established that the development of a number of adverse pharmacological reactions to fluoridated water is associated primarily (but not exclusively) with the presence of the fluoride ion, and that water containing sufficient fluoride to influence tooth decay also produces the same adverse medical reactions that are developed from consumption of artificially fluoridated drinking water. Moreover, the existence of a dose-dependent response in the development of a number of adverse medical reactions confirms that it has specific pharmacological effect on the human body at the recommended concentration. Evidence that fluoride at the so-called 'optimum' concentration (0.7 to 1.0 parts per million) causes harm, regardless of its origin, comes from all populations using water that contains naturally-occurring calcium fluoride at sufficient concentrations, as well as from those that drink water deliberately dosed with fluorosilicates or sodium fluoride.

**INLAND VICTORIAN AND NSW MURRAY RIVER TOWNS' CONTINUE TO DEMONSTRATE THEIR OPPOSITION TO FLUORIDATION.**

**Moama/Mathoura, (Murray) Shire pop. 7,100.**

Local residents of Murray Shire have strongly objected to the plans of their Council to fluoridate the Shire's public water supplies.

Residents organized an information evening on the 1st of September and invited a number of speakers, amongst which were Mr. Dennis Stevenson former member of parliament, ACT, as well as two local medical practitioners. **The result was an overwhelming vote to reject fluoridation.** In response, the Shire organized information sessions on the 12th of November, the first in Mathoura at 4.00pm and the second in Moama at 7.30 pm. The attendees were not swayed by the arguments from the person (Dr. S. Sivanewaran) representing the NSW governments Centre for Oral Health Strategy. The speech by the anti-fluoridation speaker, Mr. Roger French, President of the Natural Health Society of Australia was very well received.

**The anger of the audience was palpable and resulted in a lengthy question and answer session, during which it became apparent that the speaker FOR fluoridation, Dr. Shanti Sivanewaran was totally unaware of the landmark Burk-Yiamouyiannis studies from the middle seventies which resulted in the immediate cessation of fluoridation in the Netherlands and the gradual banning of the practice throughout Western Continental Europe.**

*continued on page 11*

Fluoridated populations in both the UK and Ireland have high rates of dental fluorosis, although data on this condition are collected officially only in Ireland. The refusal of the regulators in these two states to classify fluoridated water as a medicinal product appears to be the result of political pressure on them to preserve the status quo, rather than the result of an impartial application of the medicinal rules that govern the use of such products in the EC.

### **Urgency of action**

Exposure of infants to fluoridated water for even a few months at critical stages of development can result in permanent damage to both primary and secondary dentition, as well as long-lasting and severe psychological harm and distress to many. It may also lead to other chronic, and sometimes fatal conditions, including the bone disease, osteosarcoma. Prevention of such damage in the future can only be achieved by an immediate withdrawal of the product from public distribution.

### **Failure of regulators to implement the Medicines for Human Use Directive.**

**The designation of fluoridated water as a medicinal product is now clearly compulsory and inescapable. The MHRA's and IMB's continued failure to implement the various rulings of the Court establishing the classification of medicinal products must be subject to immediate investigation, since the mandatory designation of the product has been evident for many years.**

The MHRA and IMB insist that, in coming to their decisions on the status of fluoridation chemicals, they take into account all of the factors relevant to the use of the product. This distracting claim applies mainly to borderline cosmetic products, where there may be reasonable uncertainty whether or not a cosmetic product also has specific properties that may be considered to be aimed at correcting an external blemish or similar disease condition. But in the case of consumable fluoridated water, no such ambiguity exists – it is promoted as having specific prophylactic properties, and is intended to exert a direct pharmacological effect on the actions of cells in the tooth enamel that repair damage caused by decay.

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*"The only credible interpretation of this remarkable instance of maladministration is that they have bowed to political pressure..."*

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**The evidence that the fluoridation of drinking water is in violation of the medicines legislation and that it is accompanied by substantial public harm has been in the public domain for many years. It is now impossible for these two regulatory authorities to claim ignorance of the legal and medical evidence against the practice. The only credible interpretation of this remarkable instance of maladministration is that they have bowed to political pressure to support national water fluoridation policies, and placed it above their primary duty, the protection of public health and welfare against unacceptable and unlawful medicinal products.**

Equally, the evident unfamiliarity of a number of European Commissioners, their advisers and officials, with the medicinal law of the EC, and their failure to correct this situation in these two member states is a matter of grave concern. Even

the validity of the present study mandate to the Scientific Committee on Health and Environmental Risk (SCHER) on water fluoridation chemicals is open to serious question - since the product is undoubtedly medicinal, the responsibility to scrutinise it rests directly with the European Medicines Evaluation Agency (EMA). The failure of EMA to meet this obligation in the case of water fluoridation is a matter of great concern, as also is the remarkable decision by the Directorate General for Health and Consumer Affairs (DG-SANCO) to call for scientific information on water fluoridation without requiring the involvement of the EMA.

## Conclusions.

### Mandatory responses demanded under the Precautionary Principle

1. In the absence of a relevant medicinal product licence, the supply of fluoridated water to the public must cease immediately, and all new plans to expand fluoridation to new areas of the UK abandoned.
2. Measures must be taken to establish the true extent of the medical damage caused by the improper supply of this unlawful product to both the UK and the Irish populations. At present information on the prevalence and severity of dental fluorosis is available only in Ireland – although twice as many people (5-6 million) live in fluoridated water areas in England, no attempt has been made by the Dept of Health to record its prevalence in the UK, and the very existence of the condition is disputed by fluoridation promoters, despite evidence that both moderate and severe fluorosis exist in the UK, just as in Ireland. An immediate study of the prevalence and severity of dental fluorosis in the UK is necessary to provide for remedial dental intervention to those who have been damaged by this improper state policy.
3. The use of fluoridated water in food preparation must cease immediately, irrespective of any possible attempt that might be taken to license fluoridation chemicals. As a 'functional food' its use in food preparation is prohibited, as also is the export of foods prepared in those facilities in the UK and Ireland to which fluoridated water is delivered for the purpose of food preparation. The ECJ ruling states that even if a product of this description is marketed legally as a food in one member state, it cannot be exported to another member state unless it has the relevant medicinal product licence. Since the product is formulated using an unauthorised and unlicensed source material, its supply to the general public is unlawful, and both domestic sales and the export of any food products containing fluoridated water to other EC member states is prohibited.

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*“The ruling implies that processed foods prepared using fluoridated water in any country outside the EC is also prohibited from importation into the EC.”*

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4. The ruling implies that processed foods prepared using fluoridated water in any country outside the EC is also prohibited from importation into the EC. This effectively indicates that the substantial trade in such food products from the USA, Australia, New Zealand and other fluoridated countries to all member states in the EC is prohibited. An immediate review of the feasibility of this consequence of the ruling is imperative, since an

international agreement to abandon all water fluoridation is the only practical solution to the avoidance of a very significant obstacle to the continuation of relevant trade between all those states involved.

5. In view of the evidence of the proven relationship between exposure to environmental fluorides in all forms and the current pandemic of chronic fluoride poisoning, the use of any form of fluoride in dual purpose functional products (including fluoridated water, food products prepared with it, and fluoride toothpastes and other dental preparations) must be subject to immediate review. The precautionary principle must be applied, to protect the public from the marketing of the innumerable products containing this substance, to which the public is currently exposed without monitoring or restraint.
6. The sole (and highly questionable) pretext of the administration of fluoride to humans in ingestible products is medicinal. Its anomalous inclusion as a mineral in the food additives legislation, and of attempts to register substances containing fluorine as a permissible ingredient in foods, are entirely unacceptable. Since there is no scientifically proven nutrient function of fluoride,<sup>13</sup> its continued inclusion (in any form) in the list of authorised 'minerals' that may be added to foods should be subject to immediate revocation.
7. In this landmark ruling (Warenvertriebs and Orthica, 2005) the Court also stated that the concept of an 'upper safe level' for fluoride intake in Article 5(1)(a) of the Food Supplements Directive(2002/46/EC) is not relevant for the purposes of drawing a distinction between medicinal products and foodstuffs. It is therefore purely the toxicological characteristics of ingested fluoride that are relevant to the assessment of its medicinal properties, and these can only be examined by using recognised rigorous pharmacological standards that evaluate its safety and efficacy as a medicinal product.

See Editorial comments, page 5.

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# LANDMARK COURT DECISION BURIED FOR FOUR YEARS

The unearthing of a 2005 European Court of Justice ruling by Douglas Cross, and his subsequent detailed forensic analysis, has revealed widespread implications for manufacturers and suppliers of foods and drinks when fluoridated water is used in any manufacturing process.

The significance of the Court decision appears to be based on the common sense reason that if a substance is provided to the citizen to treat that person for a particular condition, or if there is any uncertainty whether a substance is a food or medicine, then a precautionary approach must be taken, and that substance must be classified as a medicine.

So if an inorganic fluoride compound is used to manufacture foods, or is added to a domestic drinking water supply to treat consumers with a chemical for tooth decay, then the logical conclusion, which any reasonable and unbiased person must reach, is that the chemical used must equally be a medicine.

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*If an inorganic fluoride compound is added to water to treat consumers, ...then the chemical used must be a medicine.*

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In the UK, for several years, the Medicines and Healthcare products Regulatory Agency (MHRA) had obstinately refused to acknowledge that fluoridated water is a medicine. However in order to justify its stand to another UK Authority, the MHRA finally revealed that it was relying on a ruling of the European Court of Justice (ECJ) for its ongoing claim that fluoridated water was not a medicine.

Earlier this year, Doug Cross tracked down the original ECJ ruling, and discovered that the MHRA was bluffing. In fact the ECJ decision handed down on 9 June 2005, although not specifically mentioning fluoridated water, appeared to be quite definite in its decision regarding regulation of foods, and as Doug Cross shows, fluoridated water must come under that category.

**The Court decision regarding regulation of foods “where a products that appears to be on the borderline between foods and medicines...” was that “the medical legislation must take precedence, and the product is subject to regulation as a medicine.”**

Advocate General Geelhoed had previously delivered a related European Court *Opinion*, on 3 February 2005. That wide-ranging 27 document addressed over 20 questions. He then provided an *Analysis with Preliminary remarks*.

- *A substance is a medical product if it is presented for treating or preventing disease in human beings...and it is a medical product if it can be administered to human beings with a view to making a medical diagnosis or to restoring, correcting or modifying physiological functions in human beings...If a product can be made to fit within this two-part definition, then **under Community law it is a medical product.** (emphasis added). Paragraph 29.*
- *The case-law shows that...It includes not only products presented for treating or preventing disease...but also products that create the impression in the average well-informed customer that they possess such therapeutic or prophylactic properties. Paragraph 30.*
- *...the legal regime for medical products should be more rigorous than for foods, since their use in consumption*

*may present particular risks...On the other hand, there must be sufficient assurance that products which claim to have medical properties do indeed have these properties. Paragraph 35.*

- *Whenever a Member State proceeds to treat as medicinal a product that elsewhere in the Community is regarded as a foodstuff or special food, it should justify its decision with objective scientific data. Paragraph 37.*
- *One of the main objectives of Regulation 178/2002 is to assure a high level of protection of human health. Paragraph 40.*
- *...both Community and national food laws must assure a high level of protection and that the decisions of the competent bodies must be based on sound scientific risk analysis and, where justified, take the precautionary principle into account... Paragraph 48.*

**The final Court Judgment on 9 June, 2005 embraced the earlier 3 February 2005 *Opinion*, with widespread and profound implications not only for all European Community (EC) countries, but also for other countries throughout the world (including Australia) which to date have exported foodstuffs or drinks which contain or have been processed with fluoridated water to the EC.**

As to foods which are watered/irrigated with fluoridated water during their growth and which consequently contain elevated levels of fluoride, it is likely that the Court ruling would also apply to such foods.

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*... the majority of Australians oppose fluoridation whenever given the opportunity to vote.*

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**The diligent and detailed investigation by Doug Cross has provided logical, compelling and apparently indisputable reasoning that the EC ruling must apply to fluoridated water.** Communities throughout Australia have, with the very rare exception, consistently voted against fluoridation at Council referenda and Community Polls, often by an overwhelming majority.

Recent examples include: Tenterfield NSW, residents voting against fluoridation by a 7 to 1 margin on 12th November, 2005 (789 against, 199 in favour). This is the fourth overwhelming vote against fluoridation by Tenterfield residents since 1962.<sup>1</sup> Balranald NSW residents voted by over 8 to 1 against fluoridation in October 2009. (see page 11, this issue).

This shows that the majority of Australians oppose fluoridation whenever given the opportunity to vote on the scheme. On behalf of that majority of Australians, we thank Doug Cross for this article, which we publish here with his permission.

Governments and regulatory authorities in countries outside the EC have both moral as well as economic/commercial obligations to take account of the EC ruling regarding its application to domestic drinking water supplies to which fluoride chemicals have already been added, or in locations where fluoridation is proposed. No further fluoridation of any public water supplies in Australia should be implemented and fluoridation of all existing drinking water supplies should cease.

## Reference

1. *The Australian Fluoridation News*, Vol. 42, No. 3: May - June 2006

# TO YOUR HEALTH!

by Dr. Hans Moolenburgh ©

Dr Moolenburgh published the book *Op je Gezondheid!* (To your Health!) in 2005.<sup>1</sup> More than anything else, it is a reflection on his lengthy career as a medical practitioner, which he commenced in 1953. As yet published in Dutch only, *The Australian Fluoridation News* readers are the first to have access to an English language version of any of its contents.

The book is divided into 3 sections, the first one of which is entitled *The Body*, the second *The Emotional Terrain*, the third *The Spiritual Terrain*. Each section is further subdivided into four chapters, *Earth*, *Water*, *Air* and *Fire*. The following article is a translation (with sub-headings added) of the book's second chapter entitled *Water*.

## In the ancient study of the elements, all matter that flows is classified as water.

Let's begin by looking at and exploring a number of its aspects. It is the French hydrologist or water scientist, Prof. Louis-Claude Vincent who states that within our bodies, water primarily fulfills the function of cleanser. Water absorbs our bodies' waste products and other toxic compounds which then leave the body through the urinary tract. It is therefore, according to Vincent, very important that water be as 'empty' as possible. The less the number of natural elements dissolved in the water, the better it is able to absorb our metabolic waste products. **Our own (i.e. Dutch) Cornelis Moerman knew nothing about Vincent, but with his considerably more than average intuition, he gave all his patients distilled water.**

If you attempt to put an electric current through water you will find it meets resistance. Electric currents do not travel well through it; the resistance number is high and expressed in ohms. Vincent expressed the 'emptiness' of water in numbers. According to him, 'good' water should show a resistance of 16,000 ohms in order to qualify as a good cleanser. I have tested many tap-water samples in the Netherlands and the average lies somewhere between 1,000 (bad news) and 6,000 (acceptable). Usually one finds samples measuring between 1,500 and 3,500 and that means the drinking water is unsatisfactory because it leaves waste products inside the body. Spa Reine (bottled water brand available in Europe) is very good (between 29,000 and 30,000). Brita filters above all else improve the taste of water (they do not remove fluoride – Editor). Reverse osmosis filters are good but expensive. If

you have to date been drinking Spa Reine, you will eventually recover the costs of a reverse osmosis system by refraining from buying bottled spring water.<sup>2</sup>

## KIDNEYS

Our kidneys carry an enormous workload. The greater the number of elements dissolved in water, the easier it carries an electric current, i.e. the resistance is low. Urine should contain many processed waste products resulting in a low resistance. On Vincent's device the number we should see is 40. The worse the kidneys perform, the higher the resistance and thus the reading.

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*"Judging from the hundreds of tests we have run, we can conclude that the population's kidneys are in bad shape."*

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Judging from the hundreds of tests we have run, we can conclude that the population's kidneys are in bad shape. Measurements within the normal range have become the exception. We regularly see measurements of 80, which means these kidneys are only doing half of their filtering job, but we have come across measurements that are much higher. For those patients who have had cancer, an increase in the ohm reading may also be indicative of metastasis, or a spread of the cancer from one site to another. I have for many years suspected that cancer is in fact the endpoint or result of a whole-body poisoning; the accumulation of toxins that result from the diminished filtering function of the kidneys certainly points in that direction.

## ESSENTIAL MINERALS MUST BE ORGANIC TO BE ABSORBED BY THE BODY

Isn't it then necessary that we obtain the essential minerals our bodies need through the water we drink? Isn't calcium good for bones, iron good for blood and zinc for the production of enzymes? It is (the Belgian engineer) J.Y. Verheyen who clarifies the process in his book, *Healing Water*. So how do we then obtain these minerals?

Soils contain all the minerals we need, and a number that we don't. If we tried to obtain our bodies' needs by eating the raw earth we would develop serious nutritional deficiencies. Only the worm can survive this way.

Happily, there are natural organisms that do a great job absorbing these inorganic minerals and give them life by binding them to their own proteins. These are the soil

**Dr. Hans Moolenburgh is a Dutch cancer therapist and general practitioner with extensive knowledge of the effects of fluorides, including heading a group of doctors studying the effects of fluorides on the health of the population of Holland. The studies showed that patients were adversely affected by fluorides in water. He led the successful campaign to further prevent artificial fluoridation of public water supplies throughout Holland and the cessation of water fluoridation in all towns which had previously been artificially fluoridated, including Rotterdam. The details of these successful efforts are documented in his book *"Fluoride: The Freedom Fight"*, the story of how fluoridation was stopped in the Netherlands.**

bacteria; they turn these minerals into an organic, 'living' soup, which is then absorbed by the fine root systems of plants. Once these metamorphosed organic minerals have been absorbed by plants it is the resultant doubly enriched minerals that we consume. In other (scientific) words, soil bacteria are autotrophic (meaning that they can survive on simple inorganic minerals) whilst plants, animals and humans are heterotrophic (deriving their nourishment from other sources).

What this means is that if we spray our crops with toxins and use simple inorganic fertilizers, we are causing serious stress to the soil bacteria, which then have a diminished capacity

## CHLORINE

The first decade of the 20th Century saw the construction of water reticulation systems in most industrialized societies. My grandfather did some research into the many water wells (within his own township) still in use. He discovered that the Jewish butcher had the cleanest, whilst that of the local Gentlemen's Club stank of stale urine. He was thus awarded his degree in medicine on the 25th of September 1885 on the basis of a thesis on the water supply in the provincial capital of Groningen, which amongst other things led to the construction of the modern water supply system within that city.

Minerals	MINERAL CONTENT IN MILLIGRAMS PER 100 GRAMS OF DRIED VEGETABLE MATTER.														
	Beans			Cabbage			Lettuce			Tomatoes			Spinach		
	Com	Org	% +	Com	Org	% +	Com	Org	% +	Com	Org	% +	Com	Org	% +
Ca	15.5	40.5	261	17.5	60	343	16	71	444	4.5	23	511	47.5	96	202
Mg	14.8	60	405	15.6	54.6	350	13.1	49.3	376	4.5	59.2	1316	46.9	203.9	435
K	29.1	99.7	343	53.7	148.3	276	53.7	176.5	329	58.6	148.3	253	84	257	306
Na	0	8.6	Lg.	0.8	20.4	2550	0	12.2	Lg.	0	6.5	Lg.	0.8	69.5	8687
Mn	2	60	3000	2	13	651	1	169	16900	1	68	6800	1	117	11700
Fe	10	227	2270	20	94	470	9	516	5733	1	1938	193,800	19	1585	8342
Cu	3	69	2300	0.4	48	12000	3	60	2000	0	53	Lg.	0.5	32	6400

**Table 1. Data in this table shows substantially increased mineral content of vegetables when organically grown compared to commercially grown. (Com = commercially grown, i.e. artificially fertilized and sprayed; Org = organically grown; %+ = increased percentage of minerals in organically grown foods; Lg. = Large).**

**Key: Ca = calcium, Mg = magnesium, K = potassium, Na = sodium, Mn = manganese, Fe = iron & Cu = copper.**

to transmit essential minerals. This explains the differences in the mineral content of foods grown organically, as opposed to those which are grown commercially or "chased out of the ground"<sup>3</sup> by means of inorganic fertilizers. This is basically what is behind the disturbing figures contained in **Table1**.<sup>4</sup> Thus our bodies cannot use the inorganic minerals dissolved in water; they inflict damage upon our finely tuned (human) machine.

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*"... our bodies cannot use the inorganic minerals dissolved in water, they inflict damage upon our finely tuned (human) machine."*

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Vincent also discovered a difference between the mortality rates of communities that drink river water containing high rates of inorganic minerals, as opposed to those which drink water obtained from deep within the earth. The mortality rates of communities which use the Seine as a source was double that of communities living on the Massif Central, where water is pumped up from great depths and is clean. Volvic (bottled spring water) comes from the latter, and is the recommended drink for tourists. According to Verheyen, because the water the Dutch drink comes out of the Rhine, it has already been through a German five times. That comment may be a little exaggerated but it's definitely off putting!

Unfortunately at present our bodies are expected to cope with more problems than just the inorganic minerals already in the water. For various reasons, substances are added to public water supplies. Let me name but a few.

This process happened also in the US, where a controversy arose about the need to rid the water supply of harmful bacteria. Controversy arose about the means to achieve that goal, should it be chlorine, UV-light or ozone? The manufacturers of chlorine won the day. During 1912 we see for the first time the term 'heart attack' as an official diagnosis. Is there a connection?

During the Vietnam War (1964-1969) an American Health Officer by the name of Joseph Price performed many autopsies on American servicemen and Vietcong soldiers, all young men in their twenties. To his amazement he discovered that the Vietnamese soldiers had clean coronary arteries, whilst three-quarters of American soldiers were already suffering from the initial stages of coronary arterial calcification.

He noticed that the layers inside the coronary arteries resembled the coating on the inside of hoses from the milking equipment that his father used on the family dairy farm. Upon arriving home from the war, he asked his father how he was managing to clean the milking machine hoses and was told that there was no longer a problem because he had substituted well water for the chlorinated public water supply.

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*"... when milk is mixed with chlorinated water, the typical initial stages of arterial calcification invariably develop."*

---

**Price then did a great many trials with chickens that develop coronary calcification very easily, and discovered that when milk is mixed with chlorinated water, the typical**

## initial stages of arterial calcification invariably develop.

Price wrote a book on the subject: *Coronaries/Cholesterol/Chlorine*. (In print for many decades, a new edition appeared in 2008 – Editor). It is highly recommended reading.

Although chlorine and fluorides can both be added to public water supplies, there is a considerable difference between the two. Fluoride is not an essential nutrient, you can breed multiple generations of animals on a fluoride free diet and they will be very healthy indeed. Chlorine on the other hand, is an essential nutrient. We must take it as a salt; for example as kitchen salt, which is a compound of sodium and chlorine. But chlorine gas, added to swimming pools and water supplies, is toxic. Luckily the Amsterdam Water Authority currently uses ozone, which is safe. In the past, the stench of chlorine would hit you every time you poured a glass of water, but now there's no trace of it.

## FLUORIDE

During WWII, Einstein warned Roosevelt, then the US president, that the Germans were possibly developing an atomic bomb. In order to beat the Germans in this race, an enormous manufacturing complex was then constructed in the Nevada desert. The raw material for this bomb was found in raw uranium, which consists of two isotopes: U-235 and U-238, of which only U-235 was needed. In order to get at the U-235, the uranium had to be combined with fluoride, after which the two isotopes could be split from one another. The volatile compound thus created was called uranium hexafluoride (hereafter simply referred to as Hex).<sup>5</sup>

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*“During the atomic bomb’s production process, uranium hexafluoride escaped into the air from exhaust chimneys and resulted in problems for man, animals and vegetation”.*

---

Chemistry specialists from an American University were asked if this substance could cause problems and were informed that its health risks were considerable. During the atomic bomb’s production process, Hex escaped into the air from exhaust chimneys and resulted in problems for man, animals and vegetation. Also discovered was the fact that fluoride on its own was responsible in large measure for the problems created.

After the war, no one wanted to dismantle this industry; due partly to the arms race between the US and the USSR, and partly due to its potential for power generation. ‘Atomic energy for Peace’ became the catch-cry. This meant that increasing amounts of fluoride would be used, whilst the public in the meantime began to catch on as to how deadly poisonous this substance was, even in miniscule amounts.

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*“...the public ... began to catch on at how deadly poisonous this substance (fluoride) was, even in miniscule amounts.”*

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Then a very nifty PR project took off, based on the fact that in areas that contained an amount of natural fluoride in the water supply, teeth were found to be harder. That those teeth were also brittle and broke very easily, just as a dead branch breaks much easier than one that's living, is a fact that was kept very, very quiet.<sup>6</sup> Thus was the toxic

waste fluoride sold to the American public as the new wonder cure against tooth decay. This was the first time in human history that an extremely dangerous substance was recommended and promoted for purely commercial and political reasons.

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*“Thus was the toxic waste fluoride sold to the public as the new wonder cure against tooth decay.”*

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The steel and aluminium industries very quickly saw an opportunity to save themselves untold millions in law suits because they too were guilty of emitting toxic fluoride wastes. And so was created one of the most powerful lobbies in the world and the fluoridation of public water supplies.

**A substance that had to be stored at considerable expense and could only be used as a rat and cockroach poison (at half a dollar per ton) could suddenly be sold for \$256.00 per ton to public water authorities.**

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*“This was the first time in human history that an extremely dangerous substance was recommended and promoted for purely commercial and political reasons.”*

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A profit of a billion dollars per year was born in spite of the fact that we now know that it causes an increase of 10% p.a. in the cancer mortality rate<sup>7</sup>; that the intelligence of children is negatively affected<sup>8</sup> and countless other health problems are created; and yet in Anglo-Saxon territories there is still a continuing push to fluoridate, using all possible means including lies.

## WHY IS FLUORIDATION STILL PROMOTED?

This bizarre situation does give rise to all sorts of theories as to why the body politic continues to push fluoridation. One of those theories is that the population becomes more malleable and docile when the water supply is fluoridated.

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*“The passion to regulate the lives of others is deep seated in many individuals.”*

Sir Arthur Amies, Kt. G.M.G., D.D.Sc., D.L.O. (Melb.), F.R.C.S. (Edin.), F.R.A.C.S., F.R.S.E., F.R.S.R.C.S. (Edin. & Eng.), F.R.A.C.D.S., Emeritus Professor of Dental Medicine, Uni. of Melb.; (Formerly Dean, Faculty of Dental Science, Univ. of Melb).

The Russians during the 2nd World War put fluoride in the water supply of their prisoners of war, or at least the man who supplied them with the chemical told me that<sup>9</sup>. Also Perkins, the man in charge of the IG Farben chemical conglomerate after the war, said that Hitler was planning to fluoridate colonized populations in order to keep them well under the thumb<sup>10</sup>. Personally I think that behind the not-so-rational fluoridation is a much more sinister phenomenon.

**Before I pursue that though, I just want to put (Dutch) readers at ease. Since 1976, fluoridation no longer happens in the Netherlands; it was eradicated after a bitter eight-year struggle and was in fact the trigger for a change to the Dutch Constitution. A clause guaranteeing integrity of the body was added. So not only is fluoridation against the law, but it is also unconstitutional.<sup>11</sup>**

To explain what I consider to be the background of fluoridation, we need to explore the work of the Russian philosopher Ouspensky. According to him, every event that happens on this planet is due to one of three forces, a positive or activating force, a negative or opposing force, and one that fulfills a neutralizing or synthesizing function. The terms positive and negative do not connote value judgments, just as the terms positive and negative electricity are value-neutral. Let us take as an example a sculptor at work. He sees the sculpture in his head - that is the positive. He has to work on a hard marble - that is a negative. He makes the statue with his tools, the hammer and chisel - that's the neutralizing force.

Second example. A political party takes all measures that it can in order to give all citizens a fair and equal income using the power of incumbency - that is an activating force. Another party fights this stance and wants every individual to be able to earn as much as he/she can get his or her hands on - that is the opposing force. At the next election both parties win an equal amount of seats - they make a compromise - that is the neutralizing force.

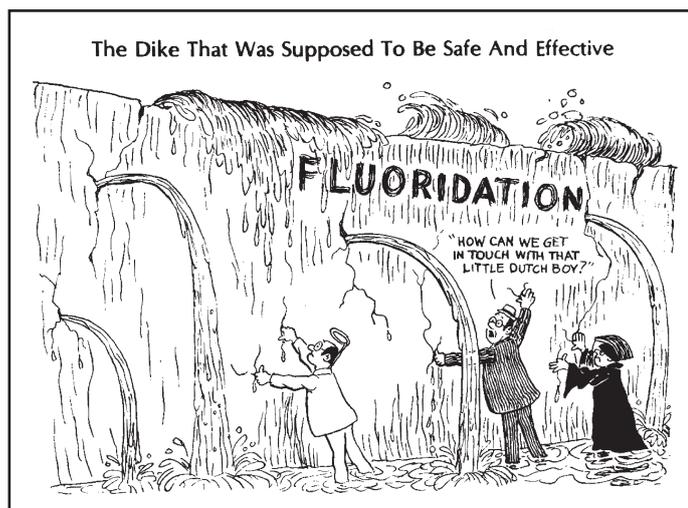
In the realm of minerals we see something of the same. There are minerals that are called essential because we need them to build and maintain our bodies. These include amongst others calcium, potassium, magnesium, phosphorus, oxygen, nitrogen, zinc, copper, manganese, cobalt and selenium. They belong to the positive force category.

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*"...there are elements that limit our lives, especially the cumulative toxins. One of the most important is the 'aging' mineral, fluoride..."*

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Imagine that these were the only elements in existence. If that were the case our lives would be forever be on a positive path and we could become as old as Methuselah. In order to ensure that the planet does not become too overpopulated however, there are elements that limit our lives, especially the cumulative toxins. In this category we have amongst



others lead, mercury, arsenic, radioactive elements and one of the most important, the 'aging mineral,' fluoride (see *Dr. Yiamouyiannis's book*,<sup>7</sup> - Editor). These can be referred to as the negative force. These elements are also 'essential' in a way, but not so as to save and preserve life, but to keep population numbers as a whole within limits; death-creating

elements exercising control and preventing rampant growth.

Finally, you have the neutral elements, gasses like helium and argon. Up to now we have not discovered as to whether they fulfill any function within our bodies. Still I suspect that they have a neutralizing function, intended to keep a balance between positive and negative forces. This could be the neutralizing or harmonizing force.

**It is probably this scenario that offers a solution to the mystery as to why, in spite of all the evidence against the effectiveness of fluoride as a tooth-decay preventative, there are still countries, primarily those belonging to the Anglo-Saxon block, which fluoridate their public water supplies.**

### **MORE CANCER; LESS FERTILITY: FLUORIDE'S POPULATION LIMITING PROPENSITY.**

One of the most worrying phenomena of our times is the overpopulation of our planet. That great pruner of humanity, the newborn death rate, has largely disappeared. If there is not some limit put on the world's population explosion, then we will not be able to prevent a catastrophe. There will not be enough food, not enough water and too much waste. I suspect that the leaders of humanity propagate fluoridation as an attempt to limit the population explosion. They are not consciously doing it, because there is too little written on the subject within the fluoride literature.

The decisions are made under the influence of collective unconscious forces; what Jung defined as 'archetypes.'

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*"We know from many statistical studies that the annual cancer death rate is 10% higher in fluoridated areas..."*

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We know from many statistical studies that the annual cancer death rate is 10% higher in fluoridated areas, and thanks to the research done by Isabel Jansen;<sup>12</sup> we now also know that there is a hefty increase in deaths resulting from heart and arterial diseases.

We also know that fluoride diminishes fertility.<sup>13</sup> There is much scientific evidence that proves the population-limiting propensity of fluoride.

It is tempting to construct a conspiracy theory based upon the entire fluoride drama, and indeed there are billions earned by selling off toxic wastes, but I'm not a great believer in conspiracy theories. All that remains is the fact that it (fluoridation) suits some cunning business people very well indeed.

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*"There is much scientific evidence that proves the population-limiting propensity of fluoride."*

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Let's think about what it is to be a world leader. When someone manages to accrue a considerable amount of political power, that someone becomes *more* than himself. The mysterious forces that lead peoples and sometimes whole continents, the forces that were called angel kings and Jungian archetypes in the ancient world; these forces begin to utilize such a leader -- without him necessarily being aware himself of what is happening -- such a person becomes a plaything of forces over which he has no control. A more powerless person than a dictator with absolute power does not exist.

Is it possible that the politically powerful, especially in England, the US and Australia, feel the profound need to consistently decide in favour of fluoridation because of a reaction which lives in the unconscious of humanity against the population explosion?

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*"...mainland Europe...has developed somewhat of an immunity to dictatorial government impositions like fluoridation and for that reason we have been able to rid ourselves of it."*

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I suspect that mainland Europe, which suffered so much through military occupations by both Germans and Russians, has developed somewhat of an immunity to dictatorial government impositions like fluoridation and that for this reason we have been able to rid ourselves of it.

Anglo-Saxon nations have not had that opportunity and don't quite know how to proceed against totalitarian government measures. This is then a possible psychological explanation for what is otherwise a senseless measure.

Animals too have solutions like the abovementioned when their situation becomes hopeless. Amongst lemmings, when a population explosion occurs and results in food shortages, these small creatures trek to the nearest coastline and drown themselves in the sea. There is even an English writer, James Gibb Stuart, who has compared human behaviour patterns with that of lemmings in his book, *The Lemming Folk*.

**If you then don't wish to be a human lemming and you prize above all a long life; you, and especially your children, must avoid all contact with fluorides. That includes all toothpastes, gels, coatings and fluoride-containing fillings. Remember that little ones swallow about 35 percent of their toothpaste. Whenever you find yourself in Anglo-Saxon territory, you must ask whether the water supply has been fluoridated. If the answer is yes, avoid it and use only pure spring water.**

## ALUMINIUM

Sometimes aluminium is also used in town water supplies. There are studies that indicate that this element is one of the triggers of Alzheimer's disease. Another reason to drink spring water or to buy yourself a reverse osmosis filtration system.

Finally, if your water authority chooses to 'soften' the water you drink, then your washing machine will certainly benefit because it decreases the calcified deposits, but you will not. The result is that you will take in too much sodium, which is not good for either your heart or blood vessels. There is so much more to say about water, but the idea is that you 'get' the gist of the matter.

**Today we are surrounded by so much pollution, that it is of prime importance you drink clean, pure water. With all this I do not mean to say anything derogatory about the employees of water authorities; they too battle, but find it's labour lost.**

I first became aware of problems with municipal water supplies when I visited one of my patients at home; he was a Water Authority employee, and to my amazement I saw there a number of bottles of Spa Reine. I asked him if he drank tap water, to which he replied, "No I don't. I prepare the town's water for human consumption. I know what's in it."

The second function of water was discovered by the Persian (for our younger readers, Iran used to be called Persia) Dr. Batman-ghelidj, whilst he was sitting around waiting for his own execution; a sentence received due to his critique of the Shah. In his book, *Your Body's many cries for water*, he tells us how he discovered that the human body functions in a way that resembles a hydroelectric generator because the inner water flow generates energy. He encouraged his fellow prison inmates to drink as much water as they could and many of their illnesses vanished. His healing efforts were much appreciated and earned him a reprieve from execution and eventually his freedom, whereupon he promptly fled to the West.

## DRINK LOTS OF PURE AND CLEAN WATER.

However, readers must realize that when we speak of water, we do not include carbonated drinks, coffee, tea, lemonade or soups.

***The body can only utilize clean pure water to generate energy.***

Our youth is not used to the notion that *only water needs to be consumed*. It's an idea that has not been, but should be imprinted in our minds. Eight glasses of pure clean water per day is for an adult not an over-the-top quantity. We lose a lot of water during the day, not only as urine, but also via our sweat glands, invisibly through the skin (quite a lot) and when we exhale. Many, many people drink too little. Their body tissues dehydrate and dry up which can have a number of consequences:

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*"Today we are surrounded by so much pollution, that it is of prime importance that you drink clean, pure water."*

---

Firstly the body goes into an "I'm in the Sahara" mode and switches off its thirst mechanism. Then you will find yourself in a vicious circle, because you start to drink even less. The body then holds onto a small supply of water in the stomach, resulting in digestive problems. The body next diminishes the amount of moisture exhaled, which means you now develop symptoms of asthma. I have seen asthma cured simply by consuming a sufficient amount of water.

There is a third aspect of this marvelous liquid substance, water. That is its ability to store information. Research into this phenomenon is only just in the beginning stages, but what has been discovered so far borders on the miraculous.

## ALCOHOL <sup>14</sup>

Should a healthy person totally avoid drinking it? Kenneth Pelletier, author of the book *Mind as Healer, Mind as Slayer* is an expert on the subject of longevity. He discovered the following. Those who regularly drink four or more glasses per day have the shortest life span. Abstainers live longer. But drinkers who consume two or three glasses per day live the longest. If you then remember that the substance which gives red wine its colour helps to prevent cancer, and if you also make sure that the red wine you drink is not too cheap - because I've noticed that in the case of these wines - the fermentation process is sometimes halted by adding fluorides; then the conclusion is "Good people, to your health, *daar ga je!*" That last Dutch phrase literally translates as 'there you go.' But did you know that *daar ga je!* is a bastardized form of the Hebrew *Lechayim!* meaning 'To Life!'

## References

1. *Op je Gezondheid! Hoe geest, ziel en lichaam gezond te houden in een bedreigde wereld*, translated in English - *To your Health! How to retain your spiritual, emotional and physical well being in a threatened world* (2005) by Dr. Hans Moolenburgh (ISBN: 978 90 202 4389). Dutch-speaking readers who wish to avail themselves of a copy should contact the publisher, Uitgeverij Ankh-Hermes bv., by mail: - Postbus 125, 7400 Deventer, the Netherlands; or by email: info@ank-hermes.nl This translation© by Catharine P. Allerts, BA (Politics-Monash), appears in *The Australian Fluoridation News* with the author's and publisher's permission.

2. Editors note. The author discusses various filtration methods here. Note that in Australia the available methods to substantially purify tap water are: a) reverse osmosis, b) demineralization ion exchange resins to remove both anions (electro negative ions) such as chlorine, and cations (electro positive ions) such as calcium. Ion exchange resins are often used in conjunction with 1 or 0.5-micron carbon filters. Last but not least is the distillation method. Note that according to Dr. John Yiamouyiannis, "a home water distiller provides the most reliable way to remove fluoride from the water in the home" (see endnote – for book details, quote from p.100). Manufacturers generally indicate that all these systems, when new, will remove 90% or more of most impurities, including chlorine, fluorine and aluminium. However, efficiency decreases over time, particularly if not maintained according to makers' specifications or if filters are not replaced within the life of the filters. Ion exchange resins can release accumulated contaminants back into the drinking water faucet if used beyond the expiry limit.

A large range of bottled spring water is available, some of which contain undesirable contaminants such as fluorides. Most have a typical mineral analysis on the bottle label, but some suppliers give no indication of what the mineral content is. That last statement applies particularly to locally bottled product. The only (Australian) supplier of bottled and casked tap water known to give a guarantee of 100% purity is *Noble's Pureau* pure water. Note that commonly promoted water filters based primarily on carbon will not remove fluorine, or only part of the fluorine at best, fluorine being the most active element known.

3. Editors note. A literal translation and a stunning bit of visual imagery from p.25 of original text.

4. Editors note: Table 1 is from p. 24 of the original text, format changed with percentages added. Data in this table shows clearly that organically grown vegetables have a considerably higher mineral content.

5. Bryson, Christopher and Joel Griffith, 'Fluoride, Teeth and the Atomic Bomb.' 1997. Reprinted in *The Australian Fluoridation News, Special Edition*, Vol. 33, No. 7, 1997. See also Christopher Bryson's book, *The Fluoride Deception* (2004), Seven Stories Press:

New York. ISBN: 1-58322-526-9.

6. Waldbott, George. *A Struggle with Titans*, A Reflection book. The Carlton Press (New York) published the 1965 second edition. It is one of the first studies that describes and analyses the beginnings of fluoridation, especially in the US, from whence the large-scale push to fluoridate originates.

Editors Note: Four other books are also important reading.

A) *The American Fluoridation Experiment*, by Frederick B. Exner, M.D. and George L. Waldbott, published by the Devin-Adair Company of New York in 1957.

B) *The Grim Truth about Fluoridation* (1964) by Robert M. Buck. Published by G. P. Putnam's Sons: New York.

C) *Compulsory Mass Medication* (1964) by P. Clavell Blount. Published by The Clair Press, London. Although largely about the UK, it does contain much information pertaining to the US.

D) *Fluoridation: The Great Dilemma* (1978) by George L. Waldbott MD, Albert W. Burgstahler PhD, and H. Lewis McKinney PhD. Published by the Coronado Press, Kansas City.

7. Yiamouyiannis, John, PhD., *Fluoride, the Aging Factor*, 3rd ed., 1993. Published by the Health Action Press, Delaware Ohio. ISBN: 0-913571-03-2

8. *Fluoride*, Vol.29, 4th Nov. 1996; Vol. 33, 2nd May 2000; Vol. 36, 2nd May 2003.

9. Moolenburgh, Dr. Hans, *Fluoride: the Freedom Fight* (1987) Mainstream Publishing Company, Edinburgh, ISBN: 1 85158 041 7 (i.e. for the paperback version). The book is now out of print.

10. Perkins, Ch. E., *The Truth about Water Fluoridation* (1952) Fluoridation Educational Society, Washington DC.

11. Editors note. *The Boekje Grondwet or Booklet – The Constitution* (22-9-2008) is a Dutch Government publication. The first section of the Constitution – that pertaining to Fundamental Rights was amended in 1983 by the addition of Article 11, which states that: "everyone shall have the right to inviolability of his person, without prejudice to restrictions laid down by or pursuant to Act of Parliament."

12. Jansen, Isabel (1990) *Fluoridation: a modern Procrustean practice*, Tri-State Press: Antigo, (WI).

13. Freni, Stan. *Journal of Toxicology and Environmental Health*, 42:109-121, 1994; *Fluoride*, Vol. 32, 4th Nov. 1999.

14. Editors Note. This section will result in some readers raising their eyebrows, because much is currently being made re the implication of alcohol in outbreaks of street violence. What politicians are very careful not to speak of is that alcoholic drinks made and bottled in fluoridated areas, i.e. Australia, may well contain mind-altering substances other than alcohol. For further information read the articles by Prof. Roger Masters, (Dartmouth University) on the AFAV websites listed on this journal's banner.

## INLAND VICTORIAN AND NSW MURRAY RIVER TOWNS' OPPOSITION TO FLUORIDATION

### Balranald, town population 1,400

A Fluoridation-or-not Public Poll was conducted in Balranald during the last week of October 2009. The result was an 89% rejection of the fluoridation plans of Balranald Shire Council. The actual votes were 370 AGAINST, 44 FOR and 1 INFORMAL. A minority of residents did not vote.

### Mildura Shire, est. pop. over 51,000 (2004)

The Anti-Fluoridation Association of Mildura has waged a long battle to keep fluoridation out. At this point in time, the fluoridation has been delayed until January 2010. **It beggars belief that a state government would impose fluoridation on a community where the majority of its businesses are directly involved in agriculture and the value-adding thereto.**

From the Shire's own fact sheet on Industry, available from the www.smedb.com.au website, these industries are a) fresh citrus juice & citrus processing, b) carrot juice and carrot packing, c) fresh and dried fruit packing, d) gourmet salt products, e) boutique brewed beers, f) wines, g) nut processing, h) honey manufacture and packaging and the manufacture of food additives. The ECJ ruling will impact negatively on a number of these industries at the very least.

It would seem to be an unbelievable piece of economic stupidity to deliberately lose markets for Australian producers. Let's hope that the Victorian State government changes its mind – because Mildura will lose its good reputation as one of the food bowls of this nation if fluoridation goes ahead. In addition, produce from the Shepparton/Kyabram areas will no longer be welcome in Europe because their water supplies have been fluoridated for a number of decades.

### Swan Hill, estimated Shire population of 21,756

Like Mildura, Swan Hill relies on value adding to its agricultural produce for a living. The growing and processing of stone fruits (largely for the fresh fruit market), nuts (especially almonds) and olives are core business. The largest olive oil producer (and exporter) in Australia (Boundary Bend) is situated on the Murray. Citrus growing is less important here than it is in Mildura. Another big local employer (of about 300) is the town's abattoir. Broad-acre farming of wheat, oats and barley means that the town has grain storage facilities.

**With grain storage comes the necessity of treating stored grains for pests like weevils, and that treatment process involves the use of water.** For those storage facilities that are situated in the town – fluoridated water would be used if the town's water supply is fluoridated.

A large public meeting was held earlier this year. Once again, the majority of those present did not want to see the town fluoridated. *Lower Murray Water*, supplying Mildura, Swan Hill and Kerang, has, like the *Murray Shire* in NSW, decided to postpone its fluoridation process till January 2010. According to one of the Swan Hill locals its stated reason for doing so was because "it wanted to get the process right".

### Corowa/Howlong/Mulwala, Shire pop. 10,957

The NSW government, through its Centre for Oral Health Strategy, organized a meeting at the Corowa RSL on the 17th August, 2009, for the 'stakeholders' within the Shire to try and persuade them to see fluoridation of the public water supplies in the right light, the aim of the evening being presumably helped along by the provision of a free dinner to invitees.

But the evening did not go quite as the authorities had planned. Some members of the public, incensed at being left out of a decision-making process, the results of which would directly affect everyone in the Shire, sought and gained entry. The keynote speaker FOR fluoridation was Prof. Anthony Blinkhorn, the other was Mr. John Irving from the abovementioned NSW government body. The third person at the speaker's table was Yarrawonga dentist, John Charles.

The meeting had some highlights. At one point during the proceedings Professor Blinkhorn stated that fluoride strengthens teeth and prevents dental problems. **Ms. Edgar, an attendee from Wodonga then stood up and asked the Professor why persons in fluoridated areas had such terrible teeth. He replied that this was due to the consumption of sweetened drinks and poor diet. To which Ms. Edgar replied, "But hang on, wasn't fluoridated water supposed to save and protect the teeth of those with a poor diet and a sweet tooth? Messrs. Blinkhorn and Irving became noticeably agitated.**

Corowa is one of a number of towns that rely on the tourism dollar more so than Mildura and Swan Hill. It also, along with Moama has a relatively higher percentage of the population of retirement age. Whether or not the fluoridation of the water supplies of these towns will see less tourists visit

is a matter of wait and see.

Has the Shire Council made up its mind on the fluoridation question? There are discussions underway, it is understood that about half of the councillors want fluoridation and the other half does not. We, along with Corowa/Howlong/Mulwala residents, urge the Council not to fluoridate.

### Yarrawonga, Victoria, population circa 6,300

Yarrawonga residents were notified by Dr. John Carnie that they will soon receive a fluoridated water supply.

According to his letter, "a fluoridation plant has been built at Yarrawonga. The system will be brought into operation over several weeks from 16 November. The amount of fluoride will be gradually increased from current levels (about 0.05 mg/L) to the optimal level of one part per million...Localities in the water supply districts to receive the benefits of water fluoridation will be Yarrawonga, Devenish, St. James and Tungamah."

So readers intending to holiday on the Murray will now know what areas to avoid.

**For more informative reading and listening (event audio clips) re the Fluoride Free Murray Campaign, go to our website: [www.fluoridefreemurray.org](http://www.fluoridefreemurray.org)**

## MOCK ADVERTISEMENT

by Wayne Evans, Coffs Harbour  
Designed to illustrate a point.

A number of breweries at present do avoid using fluoridated water in their manufacturing processes. Contact breweries and ask them if they use fluoridated water; don't risk your health by drinking products that contain proven toxins. Within the foreseeable future the European Court of Justice Ruling will mean that Australian firms will need to alter their manufacturing processes if they wish to retain market share, especially if other countries follow Europe's lead and outlaw the practice.

For readers who want more information on the ECJ ruling than is published in this newsletter, we advise you check out the [www.ukcaf.org](http://www.ukcaf.org) website.

**A full-colour version of this mock-up may be downloaded from the [www.fluoridefreemurray.org](http://www.fluoridefreemurray.org) by clicking on News.**

### ANTI-FLUORIDATION ASSOCIATION OF VICTORIA

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### CHRISTMAS GREETINGS

Greetings and best wishes for 2010 to all those seeking honesty in science and government and opposition to totalitarian and draconian style government at federal, state and local government level.

We acknowledge and appreciate the support of those helping in the universal fight against fluoridation and encourage you to join the campaign to assert your democratic right to choose what you eat or drink.

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