

THE AUSTRALIAN FLUORIDATION NEWS

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(Murray River area)

ARTIFICIAL FLUORIDATION
IS WATER POLLUTION



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FIRE WATER

DVD Review: Australia's Industrial Fluoridation Disgrace - Exposing the systematic industrial waste poisoning of Australia's drinking water supplies

This important Australian DVD brings to the fore many of the key fluoridation issues not usually mentioned in the mainstream media. No matter how well we know the subject, all viewers of the film will be rewarded with things they didn't already know.

The film shines in bringing together some of the many voices from around Australia - a cross section of researchers, politicians, activists, sufferers and health professionals. The interviews are GOLD. In giving the 19 interviewees free reign to tell their stories, we hear their stories and can assess their authenticity. Those interviewed are likeable and credible. Each has their own experience and perspective on how fluoride affects their lives.

The film shines in bringing together some of the many voices from around Australia - a cross section of researchers, politicians, activists, sufferers and health professionals. The interviews are GOLD.

At nearly two hours, this documentary is a little too long. The camera work and editing sometimes distract from the subject. Some segments are drawn out and could have been more tightly edited, such as the concluding Mildura Sentinels' "Paint the Town" (with stickers and posters) segment.

But the documentary is a low-budget production, and if we forgive these distractions, bring a little patience and watch the entire documentary, it reveals largely unheard contemporary Australian attitudes to fluoridation, especially from those most affected. The mainstream media, mostly owned or controlled by multinational corporations, have rarely allowed voices like these to be heard.

The title "Fire Water" seems to refer to the reaction of fluoride-sensitive people, a number of whom are interviewed. These people are the "canaries in the coalmine", warning us all that fluoride is anything but safe. Anyone who has ever suffered reactions of any kind -- such as allergies or skin

disorders like dermatitis -- will sense the credibility of these fluoridation victims. We are all in this boat, all affected by fluoride, to a greater or imperceptible degree, whether we know it consciously or not.

Fluoridation can be dark territory, even a taboo subject: the mass poisoning of citizens with industrial waste, "the asbestos of tomorrow." At times in the film, the feeling comes through of the potentially overwhelming emotional journey the fluoridation 'battle' involves. The more we know and the more involved we are in this issue, the deeper the emotions run. This film show great heart, a key ingredient that is driving the eventual reversal of this corrupt commercial practice. The film is dedicated to Glen Walker and Dr Andrew Harms. Dr Harms is past-President of the South Australian Dental Association and now fights fluoridation.

In recent years, we have seen changes in the fluoridation landscape at an increasing pace. For example in 2006 the American Dental Association yielded to pressure to announce that mothers should never reconstitute baby formula with tap water. Though the Australian Dental Association has been very slow to act. Over the next few years, it's likely that there will be a spreading and snowballing effect of the increasingly available information showing that fluoridation is at best ineffective in reducing tooth decay whilst being harmful to humans and indeed to all life.

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The *Fire Water* DVD is a springboard to the next level of raising fluoridation awareness and creating a greater demand for independent information amongst ordinary Australians affected by this extraordinary regime of mass poisoning.

While 'Fire Water' continues to be pumped to your tap, keep the fires of discontent burning, consider what else you can do to be more active, and even be a little 'fiery' yourself in minimising the effects of fluoride on your own life and in alerting others. **'With compassion may the people rise.'**

Fire Water. Sapphire Eyes Productions (2011). 116 mins. "Fire Water" (the documentary, the full interviews and transcripts) can be viewed online for free at www.firewaterfilm.com. Copies of the DVD can also be ordered online (the disc will cost \$21.65), or by sending your name and postal address with a cheque/money order for \$15 to Daniel Zalec, PO Box 1161, Irymple VIC 3498. (Cost includes postage within Australia). You have full permission to host local screenings to get the word out in your communities.

FIRE WATER - WHAT ELSE CAN I DO?

- Show "Fire Water" to friends and family (the movie can be watched online or on DVD)
- Read as much information as you can about fluoride and fluoridation and make others aware of the adverse effects of this measure, as well as the loss of

your democratic right for you and your family to decide what you eat and drink

- **Take action to minimise your fluoride exposure, particularly by using fluoride free water, and use only fluoride free toothpaste. See our "Action" flier online at www.fluoridationnews.com**
- Health Practitioners in particular are advised to get a copy of Bruce Spittle's book "Fluoride Fatigue" which succinctly documents the many health effects of fluorides. Search for the book on the "Fluoride" Journal website www.fluorideresearch.org. Download the PDF for free or order a copy online.
- Make others aware of the powerful forces promoting the scheme, the billion dollar profit motive to try to make people think that fluoride toothpaste is good for teeth, just like adding fluoride to water supplies. Yet the facts are that fluoride has never been shown to be an essential nutrient and adverse effects (dental fluorosis) were known but ignored from the first studies of fluorides in water at even one tenth of the concentrations now added to water supplies, as documented by Dr F B Exner, Seattle, Washington, USA, in his book "Fluoridation, Its Moral and Political Aspects", reproduced in part in *The Australian Fluoridation News*, Vol. 44, Nos. 4 and 5 (July-August and September-October, 2008).

Economic Impact delays Fluoridation in Mulwala

The Border Mail (Feb 25, 2011) reports that fluoridation has been delayed in Mulwala due to the potential chemical [and thus economic] impact of fluoride on the explosives factory near Mulwala.

The fluoridation of Corowa or Howlong has also been delayed. The Border Mail (Albury/Wodonga) reports:

"Fluoride hasn't yet been added to Mulwala's water supply because the operators of the local explosives factory don't want it for chemical reasons.

Thales and the Corowa Council still haven't reached a solution to overcome the problem of how to fluoridate the town's water supply without it also feeding into the factory's production processes.

"Explosives production involves chemicals such as nitric acid, sulphuric acid, mercury, cadmium, ethyl ether, ethanol and acetone.

The Defence Department is redeveloping the Mulwala factory in a \$348 million program scheduled to be completed midyear but full commissioning will be delayed to next year while new components are fully monitored and tested.

Thales has a long lease of the facility, which supplies military grade propellants and high explosives to the Benalla ammunition plant that in turn supplies the Australian and New Zealand defence forces." - Border Mail, 25 Feb 2011.

Editors Comment:

Fluoridation is an economic process: it's simply the disposal of harmful environmental pollutants from factory smokestacks through the public's drinking water supplies. It is cheaper than paying for proper disposal costs, which would be very high, and in fact can earn the polluters a profit on their waste as governments pay for the waste if they then add a fluoride compound to the water supply.

The people in the Mulwala region have been temporarily saved from the Corowa Council's threat (and promise) in April 2010 of adding a known toxic chemical to their water supply. But other regions in Australia or overseas aren't usually spared like this, even temporarily.

Fluoride would affect the chemical processes of explosives manufacture and there's enough political clout in that industry to stop fluoride affecting the bottom line of the business. This underlines that fluoridation is an economic process, hidden behind a wall of political spin and propaganda.

While individuals may not have the political clout themselves to stop or delay fluoridation, it will inevitably be the collective "people power" of this nation (and internationally) that ends this supposedly 'economic' scheme of toxic waste disposal. It won't even require a majority to end it, but achieving a majority needs to be the aim: that all Australians are aware of fluoride being a systemic toxin to the whole body, even in tiny amounts, as fluoride's effect is cumulative. For many it may take years to notice the effects, and connect them to the actual cause(s), but nevertheless, the accumulation of fluoride leads to a shortened life.

Cancer Link to Alcohol Consumption and Fluoridation

The Cancer Council of Australia has just issued a warning that drinking alcohol probably caused about 5.6 percent of cancers in Australia. (*Sydney Morning Herald*, 2 May 2011)

The major study by Drs Burk and Yiamouyiannis of 18 million residents in America's 10 largest non-fluoridated and 10 largest artificially fluoridated cities showed a similar positive relationship between consumption of fluoridated water and increased cancer deaths of the order of five percent.

At a mammoth 200 day court hearing in Edinburgh, Lord Jauncey upheld an interim order banning fluoridation in Scotland (29 June 1983). The Burk-Yiamouyiannis study was criticised during the hearing, but Burk and Yiamouyiannis successfully refuted the criticisms. Earlier, in 1978, following 21 days of court hearings in Pittsburgh, Pennsylvania, USA, where the same study was criticised, presiding Judge John Flaherty remarked:

"point by point, every criticism made of the Burk-Yiamouyiannis study was met and explained."

"point by point, every criticism made of the Burk-Yiamouyiannis study was met and explained." - Judge John Flaherty

The Judge pointed out that he was "compellingly convinced" of the adverse effects of fluoridation and ordered a halt to it as a public health measure.

Extensive details of this evidence is recorded in the book "Fluoride - The Aging Factor" by Dr John Yiamouyiannis (Health Action Press, Ohio, USA, 1993)

Alcohol

The Cancer Council's Australian chief executive said the updated calculations revealed breast and bowel cancer accounted for nearly two-thirds of all alcohol-related cancers, overtaking those of the mouth, throat and oesophagus.

Professor Olver said public advice should not conflict with the National Health and Medical Research Council's 2009 recommendation people should drink no more than two standard alcoholic units daily, already half the previous safe threshold for men.

But people should also be told there was no evidence of a safe alcohol dose below which cancer-causing effects did not occur - either from direct DNA damage, increased oestrogen levels or excessive weight gain. "If you want to reduce your cancer risk as far as possible [abstinence] would be the option you have."

Mike Daube, the convener of the Public Health Association of Australia's alcohol expert group, said he would write today to the Australia and New Zealand Food Regulation Ministerial Council, which is meeting this month, to request it mandate health warnings on bottles.

(As reported in *Sydney Morning Herald*, 2 May 2011, "Quit drinking to cut cancer risk")

Fluoridation

The warning of cancer risk from alcohol consumption by the Cancer Council of Australia, the National Health and Medical Research Council (NHMRC) and the Public Health Association are commendable.

For a similar 5% increase in cancer deaths caused by fluoridation, instead of warning of the dangers of fluoridation, they PROMOTE the scheme!

However, for a similar 5% increase in cancer deaths caused by fluoridation, instead of warning of the dangers of fluoridation, they PROMOTE the scheme!

The NHMRC warn of direct DNA damage from alcohol consumption, which is clearly a concern.

Yet DNA damage also occurs from fluoride consumption, as shown in several studies of the effects of fluoride on DNA.

The inability of cells in the body to repair DNA, its genetic material, reduces with ageing. Reduction of DNA repair enzymes activity leads not only to genetic damage, but also to cancer.

"This is evident in people with a disease called Xeroderma pigmentosum. Xeroderma pigmentosum patients have a defective DNA repair enzyme system and invariably die from cancer at an early age.

"At levels of 1 part per million and below, fluoride has been shown to reduce DNA repair enzyme activity and to cause genetic damage." (Fluoride: The Aging Factor, Dr J. Yiamouyiannis, 3rd Edition, p 63)

"At levels of 1 part per million and below, fluoride has been shown to reduce DNA repair enzyme activity and to cause genetic damage."

The Public Health Association is seeking to include a public health warning on bottles of alcohol as it causes cancer, yet does not seek to warn the public and health authorities of an equal danger of consuming fluoridated water.

The National Health Medical Council (NHMRC) in particular had locked itself into supporting the addition of toxic fluoride chemicals to drinking water supplies years ago [1953] and so far has refused to abandon its support for the measure.

Babies and Fluoridated Water Supplies

Even though NHMRC supports fluoridation, at the same time they warn (in rarely publicised data) that fluoridated water should not be used in the preparation of baby formula foods.

This is due to the unacceptably high levels of fluoride that babies would consume. The NHMRC warning came years after *The Australian Fluoridation News* repeatedly highlighted this danger.

Dr Hans Moolenburgh, Dutch medical doctor and author of "Fluoride: The Freedom Fight" (1987) reports on patients in the mid 1970s when parts of The Netherlands were still fluoridated:

"The most impressive cases, to my mind, were the yelling babies. Quite a few babies had made their parents frantic with their pitiful yelling which went on day and night. After no more than two feeds with non-fluoridated water one child who had been ill for weeks was suddenly cured."

Reducing Your Fluoride Intake

Logically, reducing other sources of fluoride in the diet must also help to reduce the risk of cancer. Measures to reduce

fluoride consumption include using only fluoride-free toothpaste (young children have been shown to swallow about 30% of toothpaste, which is concentrated at 1,000 times and more than fluoridated water); ensuring that your dentist doesn't use a fluoride treatment in your teeth (and that 'white filling' material is fluoride-free); avoiding foods and drinks processed with fluoridated water (for example, most bread is prepared with over 50% water, the fluoride content does not evaporate when the bread is baked) and reducing consumption of standard tea, which is naturally high in fluoride (although some herb teas are known to contain little or no fluoride naturally).

ANZAC Day 2011

The recent Anzac Day memorial events throughout Australia and at many locations overseas, highlight the courage, sacrifices, perseverance and mateship when under adversity, of Australian and New Zealand service men and women in conflicts of war. This years Anzac Day was particularly poignant for many Australians, as the service in France at Fromelles was near the site of a disastrous battle in WW1 and the burial by German troops at a previously undiscovered site of hundreds of unknown soldiers.

Thousands of British and Australian soldiers died pointlessly, due to the obstinate refusal of General Haig, the British commander, who refused to listen to his officers who told him that an assault on German lines at that location would inevitably result in a massacre of allied troops and achieve nothing. Despite that debacle and a similar rout of British troops under his command at a nearby location some months previously, he was granted a peerage after the war. Twangs of conscience must have struck later, as he devoted his life after the war to the welfare of ex-servicemen.

There is a sad parallel to this disaster, which exists today in the corridors of power held by the hierarchy of medical and dental associations; home-grown and international corporations; in government advisory bodies relating to health; municipal and shire councils, state and federal governments and some individuals.

Greed, ignorance, self-interest, ego and disregard for the welfare of our fellow man are clearly evident in the attitude and actions by many of these bodies.

Their arrogant refusal to properly study the vast evidence of harm caused to Australian citizens by mass medication of the population with extremely toxic fluoride compounds purposely added to drinking water supplies to medicate us all is a stark reminder that there are numerous "General Haigs" in our midst. [This is explored further in the following article, "An Australian Example of Fluoridation Dictatorship" - Editor]

Many otherwise well-meaning politicians and health professionals fall prey to the one-sided spin of full-time corporate lobbyists or chemical and pharmaceutical salesmen, peddling the interests of their employers, with no regard for the welfare of the people.

The numerous referenda held on fluoridation result in a vote against the measure, almost without exception, often by an overwhelming majority. An example is the three referenda held at Tenterfield, NSW on fluoridation. The first referendum in 1962 resulted in a resounding vote of three to one against fluoridation. A further referendum in September 1980 resulted in four to one against the scheme. Then the most recent referendum on the 12th November 2005, resulted in seven to one majority against (789 against, 199 in favour).

Even with this resounding "NO" vote, the NSW Department of Health tried to convince people that it was a vote in favour of the scheme, and directed Tenterfield Council to implement fluoridation! Mayor Toby Smith says the department has reinterpreted the 2005 voluntary poll result, suggesting that the 60% of the community who did not vote supported fluoridation. The Mayor said this interpretation is incorrect.

"The people that really did care voted and they voted seven to one against," he said. "Now in local government if you are a councillor at a meeting and you abstain from voting, it's automatically declared a negative vote.

"So if the Health Department want to go that way, that was a local government poll... so I'm saying then that the people who abstained, they'd have to be recorded as a negative and therefore 90 percent of people were against fluoridation." (*The Australian Fluoridation News*, Vol. 42, No. 3, May-June 2006).

What could better illustrate the dictatorial attitude of the major Australian house of parliament, the **HOUSE OF REPRESENTATIVES**, which so blatantly ignores, time and again, the clearly expressed views of the Australian people? Yet the Members of this House are elected as **our REPRESENTATIVES**. State parliaments are just as arrogant.

It is past time that our "representatives" should properly represent the people of this wonderful country, in spite of the interest of corporate greed and unfounded but assumed populist views, which are working against the democratic rights of every citizen and helping to destroy a well-founded heritage.

Anzac Day is an important reminder of what leaders of industry, professional organisations and elected representatives to Governments, municipal and shire councils and advisory bodies **should** stand for.

An Australian Example of Fluoridation Dictatorship

World-feted doctor recklessly promoted fluoridation but refused to produce any evidence of his claimed research into fluoridation.

Sadly, Australia has its own "General Haigs" (see the *Anzac Day* article on page 4). An outstanding example is the case of Dr William McBride, an Australian of the Year; described as "the superstar of Australian medicine", discoverer of the dangers of Thalidomide, strong promoter of fluoridation of water supplies, but later found to be guilty of scientific fraud. The *Sydney Morning Herald* (1979) reported:

"On the night of June 22, 1971, a magnificent dinner was held at the Palace of Versailles. Among the guests were French government ministers, captains of industry and more than 100 internationally respected scientists, including 18 Nobel Prize winners. All had gathered to pay tribute to Dr William McBride, a 44-year-old Australian gynecologist credited with one of the most important discoveries of the previous decade.

"In 1961, when only 34, McBride alerted the world to the dangers of Thalidomide, a sedative found to cause terrible deformities in the children of women who took it during pregnancy. Ten years later he travelled from Sydney to Paris to be honoured by the Institute de la Vie, a branch of the French Academy. Watched by his wife and four children, McBride was presented with a gold medal and cash prize of \$40,000.

"Until recently Australia's most admired doctor, a medical superstar internationally acclaimed for blowing the whistle on Thalidomide, McBride is now discredited as a scientist. Last November [1978] he was found guilty of scientific fraud by a committee of inquiry set up by Foundation 41 and chaired by former Chief Justice Sir Harry Gibbs. (Sydney Morning Herald, Good Weekend, 30 June 1979)."

Dr McBride, founder of Foundation 41, had stated:

"The effects of fluoride had been fully investigated at Foundation 41 and that it was found to be very good for children." (The Shoalhaven and Nowra News, June 27, 1979. Also AFN Vol 25, No 1 Jan-Feb 1989, p 2)

Yet a whistle-blower researcher at Foundation 41 was unaware of any research into fluoridation being carried out at Foundation 41.

Meanwhile, the Dental Health Education and Research Foundation (DHERF) had absolute confidence in Dr McBride.

The following excerpts are from the AFN Vol. 25, No. 1, Jan-Feb 1989:

Dr William McBride founder Foundation 41, stated recently:

"The effects of fluoride had been fully investigated at Foundation 41, it improves children's dental health, healthy teeth result in healthy children. I support fluoride."

On their leaflet "prepared in the interests of better oral health" the DHERF, University of Sydney, printed that message for all the world to see.

Following that statement it gave a list of those who support fluoridation and obviously support Dr William McBride.

The National Health and Medical Research Council
The Australian Medical Association
The Australian Dental Association
The World Health Organization
The Health Commission of New South Wales
The New South Wales State Cancer Council
The Australian Federation of Consumer Organisations
The Federal Director of Health (Dr Howells)
The American Dental and Medical Associations
and many other authoritative bodies.

So here we have a list of those promoting Dr McBride as Australia's fluoridation medical expert, but where is the scientific evidence, the truth of work done on fluorides at Foundation 41, the "absolute science" accepted and supported by all Australian Governments, Health Departments, AMA, ADA and Sydney University Dental Health Education and Research Foundation.

Dr McBride has been found guilty of scientific fraud.

Back in 1979 he carried the fluoridation torch and banner for the New South Wales Health Department, the AMA, ADA and the Sydney University Dental Health Education and Research Foundation in the fluoridation referendum in Nowra, New South Wales.

Using his thalidomide 'status' he was reported in the Australian newspapers as the man responsible for what they (the Government) claimed a victory. However the sum total of the referendum was a status quo not changed at all.

Our readers may be interested in the published list of 'Governors' of the DHERF.

Governors

Mr J. Adler, Colgate Palmolive Pty. Ltd.
Mr C.H. Ball, Johnson and Johnson Pty. Ltd.
Mr G. Kavanaugh, Cooper Laboratories Pty. Ltd.
Mr J. Denyer, Coca Cola Export Corp.
Mr R. Smee, Stafford Miller Ltd.
Mr C. Huxley, The Wrigley Co. Pty. Ltd.
Mr N.T. Wright, Health Commission of New South Wales.

On their leaflet 'prepared in the interests of better oral health', the DHERF University of Sydney, print this message for all the world to see.

Foundation 41 refuse to produce studies

The Moree Champion, April 26, 1988 printed a letter from Dr McBride addressed to the President of the Moree Shire, and part of it read as follows:

"I can assure you... that I am very strongly in favour of fluoridation of the water supply of any city or town...

I took part very actively some years ago when this matter was raised by the Municipal Council in Nowra in New South Wales and my views have not changed.

I would like to know any person who uses my name and then misquotes my views, so that I can take action against them.

It is my sincere hope that your Council will proceed with the proposal (fluoridation)."

Numerous letters have been sent to Dr McBride requesting copies of his claimed studies into fluoridation "those fully investigated" (studies) at Foundation 41.

Dr McBride and Foundation 41 refuse to produce such scientific studies and when Dr McBride was formally accused of scientific fraud, letters were sent to him and his Foundation 41 suggesting it was an appropriate *time* to produce their fluoridation studies, rather than leave another questionable situation to be referred to another official inquiry. No replies to this correspondence were received.

Letters were then sent to the Chairman of Foundation 41, Mr Darling (17/12/87). This correspondence also was not acknowledged or answered.

Further correspondence 4/3/88 brought forth a reply that his Secretary had misplaced the reply (for two months), but the subject matter (Foundation 41's scientific research into fluoridation) was never addressed in any way whatsoever *in their* letter (Mr Darling's letter).

Further correspondence to Mr Darling (23/5/88) was ignored and direct contact with Foundation 41 was concluded.

Every opportunity was afforded Foundation 41 to make public their claim of 'fully investigated' scientific research into the safety and efficacy of fluoridation. No such evidence has ever been produced.

Every opportunity was afforded Foundation 41 to make public their claim of 'fully investigated' scientific research into the safety and efficacy of fluoridation. No such evidence has ever been produced.

On September 5, 1988 a submission was made to the Foundation 41 Inquiry into the McBride Scientific Fraud. This submission was not acknowledged even though its contents

contained serious questions relating to the fluoridation claims of both Dr McBride and Foundation 41.

Sir Harry Gibbs Inquiry Chairman was contacted on a question why no acknowledgement was received, and by coincidence, he "thought his Secretary had done so".

In spite of the submission made to his Inquiry and later acknowledged, he refused to supply a copy of his committee's report, so we were forced to get the details from an abridged version printed in the *Sydney Morning Herald*, November 3, 1988.

One may ask how they were in possession of a report denied the public, especially someone who submitted a submission that should have been seriously considered.

The *Sydney Morning Herald* printed an extract of the Committee's Report, part of which read as follows:

"We have received no evidence which suggests that any unscientific practices exists in relation to other work at Foundation 41."

Publication offer

This publication is available to print copies of original scientific data from Dr McBride or Foundation 41 on fluoride and cancer, fluoride and teeth, and scientific proof of fluoride being perfectly safe, and that not one person will be harmed from drinking fluoridated water.

"Foundation 41... an appropriate time to produce their fluoridation studies. No replies were received."

If they do exist, the 'original' scientific studies must have been published in a scientific journal.

This invitation is available to Sir Harry Gibbs and his committee on the reason why the submission on Dr McBride and Foundation 41 was not investigated, and why they claimed no such evidence was submitted.

Dr McBride is not the only person in a scientifically privileged position refusing to 'stand and deliver'.

(From AFN, Vol. 25, No. 1, Jan-Feb 1989)

In 2011, the Dr McBride example of scientific fraud is still used to illustrate bias in scientific research. (*Australian Science*, Vol. 32, No. 4, May 2011, p44).

Movie-star health crusader praises *Australian Fluoridation News*

Elaine Hollingsworth brings to light information on fluoride and other dangers to our health.

Elaine Hollingsworth was a Hollywood movie star, better known by her stage name of Sara Shane, a leading lady to Clark Gable and James Mason and starring alongside many other famous actors. She learnt early from Gloria Swanson to take very good care of her health, and in time developed a keen awareness of health issues.

Since moving to Australia in 1980, Elaine has set up a health care clinic in Queensland, written a very-well-researched book now in its 11th Edition, "Take Control of Your Health and Escape the Sickness Industry" and created a website with a divisive name: "Doctors are Dangerous" dot com. **It's important to note her sentiments on doctors are NOT directed at all doctors, only those who cause harm instead of healing, as well as the institutionalised "Big**

Medicine" and "Big Pharma". Her intent is to warn people of the various dangers to our health and offer simple, safe and cheap alternatives that promote health and healing.

"Support organisations that fight for your rights. *The Australian Fluoridation News* is doing a marvellous job." - Elaine Hollingsworth

In the last five years she has had cancer and survived, partly due to her incredible and inspiring determination, and partly due to finding the herbal cancer cure, "Black Salve." This experience drove her to create a documentary movie called "One Answer to Cancer" in 2010 (see the review following).

Now in her 80s, Elaine is as tenacious as ever to reveal the numerous dangers to our health, including fluoridation.

Now in her 80s, Elaine is as tenacious as ever to reveal the numerous dangers to our health, including fluoridation. She has just released the 78 minute audio CD called "Escape the Cancer Mafia." While the movie "One Answer to Cancer" deals mostly with pharmaceutical-induced cancer, and subsequent treatment with Black Salve, the audio CD covers many health topics - in fact, far too many to mention here. All of them are relevant to avoiding modern day threats to our health and remaining vital. Elaine gets straight to the point and 'takes no prisoners'. (Though if she did take prisoners, we're sure they'd be locked up for a long time!) This CD is for those who like to think for themselves and are willing to consider some dark truths about such things as cancer, fluoridation, dangerous foods, products and treatments to avoid. The rewards include

simple, safe and cheap remedies, along with a boost to your freedom in health - an expanded awareness from which to choose for yourself.

As to why politicians continue to support fluoridation, Elaine says there are three reasons: "ignorance of the facts, terminal stupidity, or utter corruption."

As to why politicians continue to support fluoridation, Elaine says there are three reasons: *"ignorance of the facts, terminal stupidity, or utter corruption."* Our publication receives an honourable mention, as it was where Elaine originally found out about the realities of fluoridation. She says *"Support organisations that fight for your rights. The Australian Fluoridation News is doing a marvellous job."*

"Escape the Cancer Mafia" (2011) Audio CD, 78 mins.
www.DoctorsAreDangerous.com

DVD Review: One Answer to Cancer

Fluoridation causes cancer. It's been proven many times, most notably by Dr Dean Burk, Founder of the US National Cancer Institute (NCI). Scientists on both sides of the fluoride debate have admitted in court rooms under oath that fluoridation causes cancer. (The pro-fluoride "scientists" later say different things when they're not under oath in a court-room.) Of course, other things cause cancer too, fluoride isn't the only one. But when someone has cancer, whether it's caused or contributed to by fluoride or not, what do you do?

The DVD movie "One Answer To Cancer" was released in 2010 and caused a stir in the US and Australia. The first half details the chemical poisoning of people with the pharmaceutical Aldara (Imiquimod), a supposedly safe treatment for skin cancer and genital warts. The movie's second half details the good news: a natural herbal cancer cure called Black Salve that's been used for over 2000 years, but these days is legal in Australia only for animals.

Elaine Hollingsworth, of the Hippocrates Health Centre in Queensland (see the previous article), is among many in the movie who say that Aldara almost killed her, and that it was Black Salve that cured her cancer.

This DVD shows "one answer to cancer," but states it isn't the only answer. Those familiar with "alternative treatments" will likely enjoy this film. Those resistant to the idea of "alternative treatments" will find this movie tougher going, as it may challenge long-held beliefs. Ultimately, whether someone watches the film is their choice. It's similar with fluoridation - you be the judge, choose for yourself what to believe. (Fluoridation isn't mentioned as a cause of cancer.) This movie certainly has the power to change beliefs - but only if you are willing! The smiles and stories of patients' successful treatments are in part, an endorsement of the salve.

The movie shows Black Salve curing a number of types of cancer, including skin cancer, breast cancer (including the

most aggressive type), thyroid cancer and bowel cancer. Pets were also cured. According to the medical establishment, Ewings sarcoma is a deadly "incurable" cancer - no one survives who gets this. Yet in the movie, Black Salve was used to cure a case of Ewings sarcoma, with help and direction from a biochemist. Perhaps most notably, Black Salve cleans up and purges secondary metastases (e.g. from breast cancer), even secondaries that did NOT show up on medical imaging equipment.

One happy patient commented that the website Quackwatch (by Dr Stephen Barrett) had rubbished Black Salve, presenting false information to dissuade people from using it. As reported by Dr John Yiamouyiannis in his book, Barrett is a psychiatrist and appears to have made a career of peddling misinformation. In the 1970s and 80s he was spinning the fluoridation debate. Yiamouyiannis noted that Barrett has a habit of using words to mean their exact opposite:

"The word usage of Dr Barrett is comparable to the process of 'Newspeak' described in George Orwell's 1984, where what is true becomes false and what is false becomes true." [For more information, see Dr John Yiamouyiannis' "Fluoride: The Aging Factor", 3rd Ed., 1993, pp187-192].

The narrator Tony Barry ends the film with a wry smile - a clear awareness of the corruption in our midst, combined with a defiant commitment to the truth. We leave you to see the film for yourself to hear the words he speaks, which are also used to conclude the CD "Escape the Cancer Mafia." These words are just as appropriate and applicable to fluoridation promoters! See the movie's website if you are interested in researching these issues further.

Fair Go Productions (2010). DVD, 97mins.
www.oneanswertocancermovie.com

This review does not imply support or endorsement of any medical treatment. The DVD gives a warning, which includes "the statements expressed within are not substitutes for professional advice" and "it is a sign of wisdom to seek second, or third, opinions when making important decisions regarding health." Also see the Disclaimer on page 8 of this edition of The Australian Fluoridation News.

Fluoride Impairs Response to Flashing Lights

Proof of yet another adverse health-effect of an extremely minute dose of fluoride.

Using a sensitive sublingual challenge test in humans to investigate "Behavioral Effects of Chemicals in Drinking Water," researchers in the Department of Psychology at Florida International University, North Miami, have found that a comparatively small amount (0.05 milligram) of sodium fluoride in water, when placed under the tongue, produces a statistically significant delay in visual response to peripheral light stimulus.

Conducted by Professor James Rotton in collaboration with Drs. Ronald S. Tikovsky and Hobart T. Feldman as part of a program to investigate effects of environmental pollutants on efficiency and performance, this research was reported [in 1982] in the *Journal of Applied Psychology*, Vol. 67, No 2, pp. 230-238. Although not widely publicized, their findings are of considerable interest and concern as an example of a previously overlooked adverse health effect of fluoridated drinking water.

After preliminary trials, the authors obtained significant response differences with sodium fluoride when 20 right-handed adult female volunteer subjects were tested for four 10-minute periods during a 90- or 60-minute session on separate days. A 0.1-milliliter "drop" of a water solution of sodium fluoride or sodium nitrate was placed under the tongue and held for 10 seconds before swallowing. The subjects were then monitored for their performance in tracking a randomly moving target on a screen and detecting flashing lights in their peripheral field of vision.

Although the authors found no effect on tracking ability and only a slight effect on light response for the highest concentration of the sodium nitrate solutions, they observed a significant increase - of ca. [around] 20% - in the time required for the subjects to detect the lights, especially on the right, when the dose of sodium fluoride reached 0.05 mg (from 0.1 ml of a solution containing 500 ppm).

Overall results for the sodium fluoride tests are summarized in the Table below. The column on the far right shows the mean latency time (in seconds) it took for the subjects to register their responses to the randomly flashing lights for the different concentrations of 0.1-ml doses of sodium fluoride.

Table: Mean Latency Times for Different Test Concentrations of Sodium Fluoride

Concentration (ppm)		0.1 ml Dose		Latency time
as NaF	as F ⁻	mgNaF	mgF ⁻	seconds
0	0.0	0.0	0.0	1.57
1	0.45	0.0001	0.000045	1.63
100	45	0.01	0.0045	1.63
500	226	0.05	0.0226	1.90*

*Difference is significant ($p < 0.05$ by Tukey (a) test).

While recognizing that the biochemical mechanisms responsible for the delayed response effect remain to be determined, the authors conclude that their sublingual

challenge tests with minute amounts of sodium fluoride provide unequivocal evidence for detectable impairment by fluoride of visual sensorimotor performance.

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Editor's Comment

The tiny amount of fluoride ion in a single drop of water placed under the tongue (0.0226 milligrams) is slightly less than one forty-fourth (1/44) of the amount of fluoride present in one litre of water fluoridated at one part per million with a fluoride chemical.

Health professionals recommend that adults should drink at least two litres of water per day. The significant delay in reaction of the eyes and minds of the volunteers was caused by an amount of fluoride ion (F⁻) at less than one eighty-eighth the amount of fluoride that adults are advised to drink daily.

Due to the content of many foods and beverages in fluoridated communities, a substantial amount of fluoride is also consumed from these sources, as well as water.

It is well-known that the eye is a very sensitive organ of the body; for example, bloodshot eyes are a common side-effect of the over-consumption of alcohol.

In order to affect reaction of the eye and brain, it is apparent that at least some of the minute amount of fluoride swallowed was rapidly transmitted to the brain and eye. This evidence supports other studies implicating fluoride in adverse effects of the brain's function.

An Apology and a Request

The editors apologise for the late publication of this issue of *The Australian Fluoridation News*.

We plan to bring the publication back on schedule by the third edition, due in August.

All readers are invited to submit articles, letters, comments (or even news/updates from your local area) to the editors. We seek and welcome your contribution.

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