

THE AUSTRALIAN FLUORIDATION NEWS

www.fluoridefreemurray.org
(Murray River area)

ARTIFICIAL FLUORIDATION
IS WATER POLLUTION



GPO Box 935, Melbourne, VIC 3001
See website for email address
www.fluoridationnews.com

PLEASE PASS ON WHEN READ

Vol 47
No. 4

\$25 per annum posted Australia
Published Quarterly

October - December
2011

Print Post Approval
PP331.985 00013
ISSN 1445-2847

High Incidence of Premature Births and Stillbirths

Documenting a likely cause

A sensitively presented ABC TV 4 *Corners* program on 17 October 2011 investigated premature births. Issues raised included the ethical dilemma of parents as well as medical staff in deciding if there should be major medical intervention in attempting to prolong life, the likelihood of physical and mental handicap in babies which survived, and why there is such a high rate of stillbirths in Britain compared to Europe.

The program pointed out that in Britain, if a birth occurred up to the twenty-third week of pregnancy, in spite of major medical intervention from birth, **only about six in every hundred survived**, and most of these were left with life-inhibiting handicaps, including brain damage, kidney disease, heart disease, cerebral palsy, and physical and mental handicap, which frequently required constant medical treatment and professional or family care and assistance all their lives.

Only one in every hundred of the few surviving British babies would grow up to live a normal life.

By contrast, in The Netherlands, the incidence of premature births is substantially less than in Britain, and even in those cases, the medical profession lets nature take its course and does not intervene in any attempt to prolong the life of premature babies.

A question raised during the program was why the incidence of premature births in Britain was so much higher than in Europe, but this was not addressed.

Australia

A full-page article in *The Sydney Morning Herald's* Health & Science section, 27 October, 2011, is headed:

MYSTERY BEHIND PARENT'S HEARTBREAK

The article opens with the statement that "The cause of many stillbirths is unknown..." and points out that the rate of stillbirths in Australia is "around seven per 1000 live births, (which has) remained largely unchanged for two decades."

"In Australia, a child who dies after 20 weeks or weighs more than 400 grams is considered stillborn, while babies lost before 20 weeks are termed miscarried."

Neonatal specialist Dr Adrienne Gordon, who works at the Prince Alfred Hospital and her team, "completed a study comparing the pregnancies of 100 women who had stillborn babies with 200 control women who had healthy babies." Her team found that "the movement of babies in the control mothers was much more likely to increase in frequency or strength during the later months of pregnancy."

In other words, there was **reduced foetal movement in mothers whose baby was stillborn.**

Also "stillborn babies are often smaller than their healthy counterparts."

The article quoted the *Australian Bureau of Statistics, AIHW National Perinatal Statistics Report* for 2008, which stated that 2,188 babies were stillborn in Australia in 2008.

... continued on page 2

CONTENTS

High Incidence of Premature Births and Stillbirths - Documenting a likely cause	1
Carnarvon and the Fluoride Salesmen	8
Film Festival shows <i>Fire Water: Australia's Fluoridation Disgrace</i>	10
Telling and Seeing Only One Side	10
Writing on the wall: Canadian Med Assn Journal	11
Your Wish Is Your Command: "Fluoride is a Toxin"	11
Little By Little, Kindly, For a Worthwhile End	12
Updates: Phillip Day; Gelatin Capsules; Tissue Analysis	12

"As part of another study, which reviewed state-based health data, Gordon confirmed smoking, diabetes and high blood pressure were risk factors for stillbirth."

"A study of 130 babies who had died in utero found 15 per cent were infected with cytomegalovirus, a strain of the herpes virus and the most common cause of congenital malformation in the country. The virus, passed through urine, sexual contact and saliva, can cause hearing and mental impairment or death in unborn children." That study was published in the *Journal of Infectious Diseases*.

Another study in New Zealand indicated that the sleeping position of mothers the night before birth "found that women who slept on their left side had an approximate 50% reduction in the risk of having a stillborn child compared with those who slept on their right side or back.

"The researchers suggested sleeping in those positions may restrict the blood flow to the baby, but stress further research is needed before conclusions can be drawn."

The *Sydney Morning Herald* article noted that: "The work of the *Stillborn Foundation*, which funds a large proportion of Australia's research in the area... has raised the profile of the condition."

Other data is provided by the organisation 2 Degrees on their advertising billboard at Sydney's Wynyard railway station:

"Every year in NSW more than 900 babies die before, during or soon after birth."

While the above factors indicate a range of possible causes, none explain why the rate of premature births is greater in Britain than Europe.

Identifying Causes

When the cause of an identified problem in many walks of life is unknown, including a pattern of previously existing or changes in health status, one of the first fundamental questions to be asked is "what has changed?"

What is different between Britain and Europe?

If existing differences or a change is identified which may, although unproven, be a possible cause, the logical next question should be "is there any evidence to support such a link?"

So what previously existed or what substantial change has occurred in dietary, environmental or occupational aspects in Britain compared to Europe, in say the last 20 or more years, which could result in a greater incidence of stillbirths and premature births in Britain?

With broadly similar climate, environment, education, occupations and diet, what has changed?

Western Europeans have never added fluoride compounds to their water supplies...

While Western Europeans have never added fluoride compounds to their water supplies, apart from a few experimental trials, which were later abandoned, Britain has increasingly added fluoride chemicals in the hope of reducing tooth decay in children. May fluoridation of water supplies be the cause?

A Possible Cause

Prior Difference in Fluoride Intake in Britain & Europe

It is well known that tea consumption in Britain is high, relative to continental Europe.

"Tea leaves accumulate more fluoride than any other edible plant. Analysis of 15 different kinds of tea leaves by Belgian scientists revealed 50 to 125 ppm fluoride. Scientists at the University of Minnesota found 52 to 144 ppm in five black teas and 336 ppm fluoride in one green tea; between 41% and 78% of this amount of fluoride could be extracted in the first infusion.

"In general, six cups of an average brew of tea contain about 1mg, which is approximately the daily amount recommended for the prevention of tooth decay in children." ¹

In a comparison with four states in USA, "Rapaport stated that... the 10-fold greater drinking of tea in England, (is) a habit that accounts for a substantial increase in fluoride consumption..." ²

"Tea drinking in Britain has been linked with increased incidence of other (in addition to mongolism [or Downs Syndrome]) birth defects, namely anencephalus (absence of brain) and stillbirths, especially in soft (low calcium) water areas." ³

So even without fluoride chemicals added to water supplies, it is likely that stillbirths were greater in Britain than Europe, if fluoride is a contributing cause.

However, if highly toxic fluoride compounds are then added to British diets via the water supply, it is reasonable to expect any such difference from this cause would be compounded.

Scientific Evidence

"Fluoride does cross the placenta, and the *Fleming-Whitfield Experiment* (1954) is the standard reference warning of the TERATOGENICITY of sodium fluoride" [Teratogenic substances cause foetal abnormalities - Editor]

"A World Health Directive points out:

"In women, the balance between the therapeutic benefit and the teratogenic risk of a drug should be carefully assessed at all times during the reproductive span, especially when the possibility of pregnancy cannot be excluded."

"Development pharmacology is a new and rapidly expanding sector of pharmacology. It is based on the fact that cells in the course of rapid growth and differentiation may develop a specific sensitivity to low concentrations of drugs and toxins, with permanent disruption of their functions as a result."

"... cells in the course of rapid growth... may develop a sensitivity to low concentrations of drugs..." WHO

"The nerve cells of the brain are to a great extent homogeneous at the time before birth and thus constantly sensitive to a substance which disrupts this differential process. **Animal experiments have shown that the administration of drugs in doses which are not harmful**

to the adult organism, may produce specific permanent disorders in the learning ability and other subtle behavioural components of the young." ⁴

Similarly, Pierce⁵ (see Eagers⁶) showed the effect of fluoride in water on grazing sheep in Queensland, where water-borne fluoride is a serious problem, **"Young animals up to 2½ years of age are very susceptible to high concentrations of fluoride. The degree to which they are affected depends on the level of fluoride and on the nature of the grazing."** At 10 ppm of fluorine, there was decreased wool production and characteristic changes in the teeth. Yet with high concentrations of 20 ppm, mature sheep grazing under favourable conditions, were apparently not affected.

The World Health Organisation's *Fluorides and Human Health*⁷, points out that blood plasma or serum is more reliable than whole blood for sampling the fluoride content of body fluids because of the unequal distribution of fluoride between red cells and plasma. Also, (blood) plasma contains two forms of fluoride. "One form is free and ionic, the other bound and non-ionic". As fluorine is the most reactive of all elements, the difficulty of properly assessing the effects of fluorides on humans is understandable.

"(Rapaport) observed a significantly higher rate of premature stillbirths, which he attributed to fluoride-linked chromosomal anomalies or malformations"



George Waldbott MD. Physician & Allergist, discovered the cigarette-empysemata link in the 1950s. Picture printed in Chris Bryson's *The Fluoride Deception* (2004)¹¹

In chapter 13, "Genetic Damage, Birth Defects, and Cancer", of Dr George Waldbott's landmark work *Fluoridation: The Great Dilemma*⁸, (described as "...without a doubt the most complete and authentic work on the highly emotional subject of fluoride and its use") he reports:

"Furthermore, in the high-fluoride cities of Wisconsin he (Rapaport) observed a significantly higher rate of premature stillbirths, which he attributed to fluoride-linked chromosomal anomalies or malformations incompatible with fetal life."

Fluoride in Maternal and Foetal Blood

Under this heading the WHO states ⁹ that:

"...it has been reported that the blood fluoride of pregnant women may rise slightly in circumstances of increased fluoride intake. There are indications that, as the fluoride exposure was increased through drinking water by ingestion of fluoride tablets, or from fluoride added (sic) to tea, there was an increase in maternal whole blood from about 0.1 to about 0.3 ppm and a corresponding increase in the fluoride content of foetal whole blood. Held (1954) reported that the fluoride concentrations in 16 samples each of maternal and foetal were similar. He also found that fluoride intakes of 1.5-2.5 mg daily, for periods of up to 54 days, increased

the whole blood fluoride concentration of pregnant women above their individual pretreatment levels."

In his extensively referenced work *Toxic Properties of Inorganic Fluorine Compounds*¹⁰, Eagers quoted studies which demonstrated numerous effects on humans, animals, insects and plants from fluoride poisoning, including **as a etiopathogenic factor in the development of gastro-duodenal lesions in newborn infants.** Fluorides also cause physiological effects, including affecting enzymes.

"It has been established that small doses of soluble fluorides have effects on physiological metabolism and it must be remembered that when considering all types of fluoride poisoning these metabolic effects must be considered"

Toxic Properties of Inorganic Fluorine Compounds - Eagers

"Apart from the fact that fluorides are acute poisons in large doses it has been established that small doses of soluble fluorides have effects on physiological metabolism and it must be remembered that when considering all types of fluoride poisoning these metabolic effects must be considered, the larger the dose the more pronounced the effect.

"Fluorides depress the basal metabolic rate and of particular significance is the effect on serum calcium levels."

"A selected group of 123 allergic patients suspected of fluoride intolerance were given 15 mg of a solution of sodium fluoride in 300mg of distilled water. Of these, 23 experienced slight nausea and 4 female patients severe symptoms, including nausea, vomiting, migraine, cephalalgia, lethargy, facial oedema, abdominal cramps and muscular fibrillation. Symptoms lasted from 10 hours up to 7 days in the most affected patients."

Note that 15 mg of sodium fluoride contains 6.8 mg of fluorine. An adult who drinks just seven litres of water with fluoridating chemicals in the water supply at 1 ppm will consume in excess of the amount of fluorine shown to cause mild to very severe symptoms in almost one in five allergic people.

As fluorides depress the basal metabolic rate and there is reduced foetal movement of subsequently stillborn babies, this suggests that fluorides gradually and increasingly adversely impact on the foetus, whereas a healthy and rapidly growing foetus has relatively greater activity.

It is obvious that rather than a 50 to 100-fold safety margin, the quantity of fluoride chemicals added to water supplies overlaps an allergic toxic dose, resulting in a negative safety margin.

In discussing the effects of fluorides on bacteria, Eagers noted that the bactericidal and fungicidal properties of the fluorides have led to their use in preservatives and they are extensively used in the timber industry, particularly in Europe.

"It has been shown that this concentration (1 in 10,000) of sodium acid fluoride destroys the viruses of vesicular stomatitis and of foot and mouth disease.

"In the foodstuffs industry, diluted hydrofluoric acid (or acid fluoride solution) is an excellent antiseptic for barrels, process vessels and equipment for fruit juices, but the poisonous nature precludes use except in circumstances where it can be prevented with certainty from contaminating the foodstuffs."

In his book *The Fluoride Deception*¹¹, page 201, Christopher Bryson refers to a Kettering Laboratory fluoride inhalation study from air pollution by Dr I R Selikoff et al, which stated "...early infant mortality appears significant. Moreover, the higher number of hospital admissions... due to diseases of the joints and connective tissue could be related to fluoride effect."

A news release on 18 May, 1984 by the *Environmental Health Hazard Research Centre*, Victoria, notes reports from the daily press in **the industrial north of England, where there is "a 70% increase in stillbirths."**

Air pollutants in the industrialised north would inevitably include fluoride emissions.

Increased Rate of Human Stillbirths and Premature Births After Fluoridation

At *The First National Symposium on Fluoridation*, sponsored by The National Health Federation, Stewart Robb, MA (Oxon), New York City, presented the paper:

The Effects of Fluoridated Water on Pregnant Humans and Animals¹²

- **"In the first three years of the fluoridation of its public waters the stillbirth rate of New Britain, Connecticut, USA, jumped 150%, while that of nearby unfluoridated Waterbury remained unchanged."**

"In the first three years of the fluoridation of its public waters the stillbirth rate of New Britain, Connecticut, USA, jumped 150%, while that of nearby unfluoridated Waterbury remained unchanged." - Stewart Robb MA

"Dr. Dumont, the town's health officer, stated in the 1953 City Report (p 78):

'The city mortality rate shows a noticeable increase over the previous report. The 1952 rate of 28.3 per 1000 births does not compare favorably with the 14.5 rate in 1951' (within a year after fluoridation) 'which was the best in the history of the city.' Again, in the report for 1955 (p 511 Dr Dumont says: 'The infant mortality rate shows a slight decrease, 23.89 in 1953 to 21.15 in 1954. However, out of 35 deaths under one year, 29 occurred during the first month. I wish to reiterate that the major problem in eventually lowering the infant mortality rate is the large number of infant deaths that occur during the first month.'

- "Colin P Harrison, MD, head of the Diagnostic Laboratory, writes in the *Australian Medical Journal* for December 9, 1961:

'The biological activity of fluoride is not fully appreciated. It is a cytoplasmic toxin, interfering with the action of oxidase enzyme systems. The effect of this property on the highly active enzyme system of the developing ovum and the fetus has not been evaluated.'" A Canadian study on fluoridation published in *Archives of environmental Health* for May, 1963, informs us that fluoride might interfere with calcium supply during periods of high metabolic demand.'

- "Jacob Baldwin Bruce, MD, former instructor in surgery at Harvard Medical School and consulting surgeon for the Employees Liability Company, utters a positive warning:

'No woman in a pregnant condition should ever drink fluoridated water because the kidneys are having enough damage absorbing the toxins of pregnancy without the added irritation of fluoride... Some of the fluoridated water is retained within the body and some is excreted by the kidneys; and that which is excreted is in the form of calcium... **this is absolute proof that sodium fluoride in drinking water does rob the body of its calcium and causes a deficiency of calcium for normal needs in the bones and tissues...**'

Pregnancy is known to be a period of high calcium demand.

- "According to Dr John Lilliendahl, DDS:

'JD Ebert, studying metabolic pathways by which organs form embryologically, **using sodium fluoride** as an enzyme inhibitor, **in low concentrations it blocked almost completely the regions destined to form muscle**, primarily affecting developing heart muscle. **In high concentrations, it caused the entire embryo to disintegrate in a clear-cut pattern, starting with the heart-forming region.'**

"... using sodium fluoride as an enzyme inhibitor, in low concentrations it blocked almost completely the regions destined to form muscle, primarily affecting developing heart muscle..." - Dr John Lilliendahl, DDS

- "The Czechoslovakian medical journal, *Rozhi Chirurgie*, for June, 1963, reports that five newborn infants, whose mothers worked in an industry [that] had to breathe fluoride fumes, had haemorrhages in the upper bowel.
- "Professor Andrea Benagiano, Dean of the Eastman dental institute of Medicine and Surgery in Rome, ...carried out his own investigations 'in the areas around Rome, where fluorides in the waters is a naturally occurring phenomenon.' The findings were sorry indeed. The one pertinent to this study states **'a lower birth rate was found in fluoridated areas, confirming the adverse effect of fluorides on fertility in humans.'** **"Similarly, studies carried out over a period of years at the University of Wisconsin and published in 1963 reveal the fact that fluoridated areas show an exceptional number of stillbirths.'**"

In his extensive paper *Once More Fluoridation*¹⁴, Douw G Steyn, Emeritus Professor of Pharmacology, University of Pretoria, Republic of South Africa, reports that:

"Fatalities due to premature birth, according to the United States Bureau of Vital Statistics, constitutes one of the ten leading causes of death in Western and South Central States, where fluorine-contaminated water supplies are of common occurrence. The average death rate due to premature birth in all States is 26.7, but in high-fluorine Texas and New Mexico [contaminated with naturally occurring fluorides - Editor], the death rate from this cause alone are 35.1 and 55.9, respectively, says the report, as Herman F Strongin, MD, PhC, MPH, pointed out when he spoke in opposition to 'fluoridation' at Springfield, February 5 (published in *House Wives Today*, Nov 1963, pp 5-6):

"Feltman and Kosel and also Light have reported appreciable concentrations of fluoride in human chord blood and in

placental tissues. Fluoride ingested by pregnant women is stored in the placenta and passes into the foetus.

"Additional proof of the passage of fluoride from the mother into the foetus and/or into the milk of nursing mothers who drank high-fluoride water, is brought by Smith and Smith. The breast-fed infants showed severe mottling of the teeth."

"The results of an investigation conducted by Gedalia et al are of great importance. They summarise the results as follows:

"Seven hundred [and] fifty-one urine samples obtained from 196 women during pregnancy and after delivery were analyzed for fluorine. All these women used the same water supply. The urinary fluorine levels decreased progressively up to the eighth month of pregnancy, indicating a retention of fluorine during this period. After pregnancy the urinary fluorine level did not immediately return to the usual adult value."

In his book *Fluoride Fatigue - Fluoride poisoning: Is fluoride in your drinking water - and from other sources - making you sick?* Bruce Spittle¹³, quotes the paper by Professor AK Susheela, Executive Director of the Fluorosis Research and Rural Development Foundation, Delhi, India, who states:

"When patients came from an area with high fluoride levels in the water, fluoride toxicity should be suspected when there were complaints of:

- ***repeated miscarriages or stillbirths***
- ***male infertility***
- ***dental fluorosis with discolouration of the enamel of the front teeth, the central or lateral incisors of the upper and lower jaws."***

Animal Poisoning and Stillbirths from Fluorides

Stewart Robb notes that the original promoter of fluoridation, Dr Gerald J Cox, has enunciated the fact that humans are more sensitive to fluoride toxicity than some animals. Therefore, it is not unreasonable to suppose that if fluoridated water proves to be bad for animals, there is as much certainty that it will be as harmful for humans.

Hens' Eggs

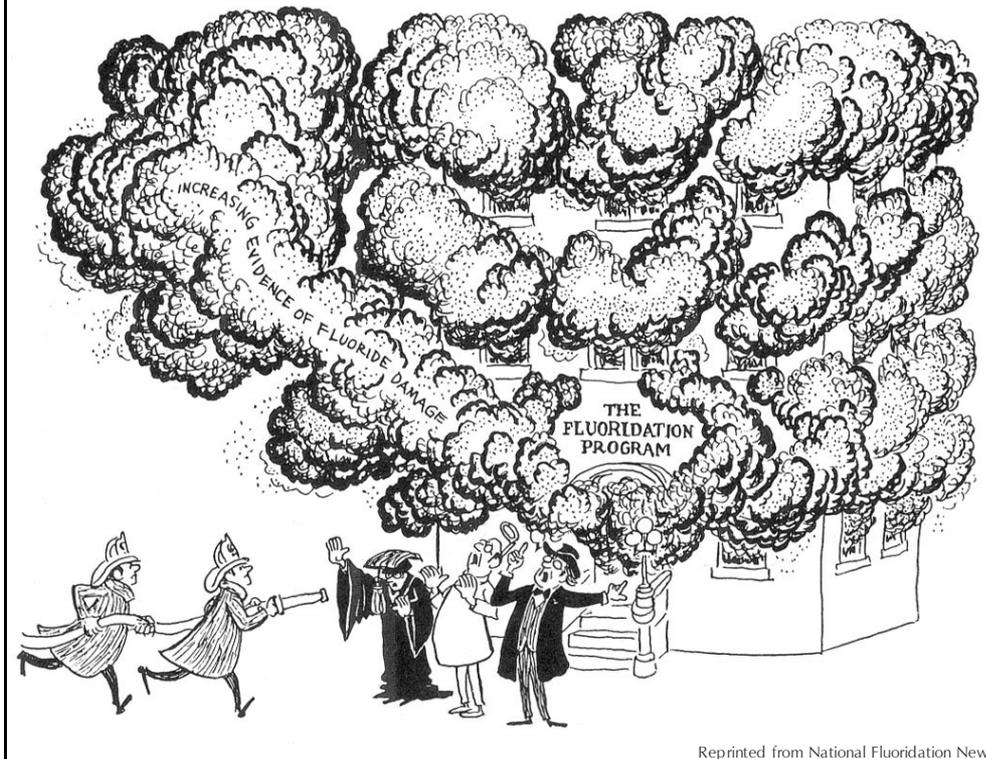
Douw G Steyn¹⁴ states on page 27 of his paper:

"The de-ionisation of calcium in the blood and tissues, as is done by fluoride present in the body, may therefore, and probably does, facilitate oedematous conditions.

"Spira summarises the results of his investigations as follows:

'Injection of fluorine in quantities ranging between 0.5 mg and 2 mg into a large number of hens' eggs prevented the development of the chick embryos. Only one embryo hatched at term, following the injection of 1 mg. It exhibited patchy loss of feathers and emaciation, and

"What smoke? What fire? This building is absolutely fireproof!"



survived only two days. Histological examination of the bones revealed advanced changes."

Humans ingest 2 mg of fluoride in two litres of fluoridated water, and as some fluoride passes to a sensitive and developing foetus, **it appears likely that a proportion of developing humans will be affected similarly to hens' eggs.**

Livestock

Stewart Robb¹² listed further reports (p198, 199), which include:

The Year Book of Agriculture, USA for 1942:

"Fluorine poisoning as seen in cattle is usually of the chronic type caused by consumption of a small amount of fluorine over a considerable period. Symptoms: delay of estrum after parturition and lower birth rates of calves."

"Dr F deSenarclens, in a thesis published by the University of Geneva in 1941 reports that fluoride makes changes in the sex organs of goats. 'One of the two goats had a spontaneous miscarriage during the course of the experiment.' In regard to poultry, the Year Book notes that 'kidney damage, injury to thyroid, may depress the rate of growth and egg production. 'Two parts per million is mentioned as dangerous, 'and relatively small quantities produce chronic fluorosis in all farm animals and poultry.'

"Fluorine is a cumulative poison, stated the Year Book of Agriculture long before the USPHS first denied and later admitted the fact." - Stewart Robb, MA

"Fluorine is a cumulative poison, stated the Year Book of Agriculture long before the USPHS first denied and later admitted the fact. No wonder the Department of Agriculture has frowned on letting brood-sows have any fluorides whatsoever. Which fact led Representative Miller, once for and

now militantly against fluoridation, to reason that **'American pregnant mothers should have at least as much protection as brood-sows.'**

"Several months after the fluoridation of Santa Fe, New Mexico, the **partridge chicks** on the State Game Bird Farm began to die epidemically. According to the Gallup Independent for July 11, 1957, when the farmers began using distilled water on some of the chicks these survived, 'but 75 of those left on the fluoridated water died.' Then all the new-born chicks were put on distilled water and the mortality rate dropped at once.

"The effect of fluorides on **trout** has been equally toxic. On August 25, 1961, the Meader Hatchery near Pocatello, Idaho, obtained a judgement in the US Court of Appeals against Food Machinery and Chemical Corporation and against Simplot Company. The court record shows that 'eggs were worthless,' 'loss of adult fish was very great at times', 'young fish died in the hatchery where fish had never died before,' **there were malformations**, and 'customers were lost'. Water samples showed that fluoride levels ranged between 0.5 and 4.7 ppm.

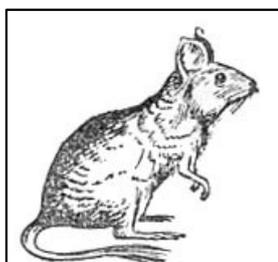
"The water had been fluoridated by air-borne fumes.

"The **dogs** of the Wolfe Kennels suffered disaster. According the Knoxville Free Press of October 27, 1961, **'Fluoridated water maimed and killed dogs and caused the mothers to have puppies that were still-born.'** Mrs. Wolfe had been a dog breeder since 1919 and had never had such trouble before.

"The town dropped fluoridation."

Chinchillas Killed

Fluoride's introduction also affected well-established **chinchilla** farms, as illustrated by the experience of WR Cox:¹⁶



Chinchillas are rabbit-sized rodents native to South America and highly valued for their soft grey fur. A pair of young chinchillas was worth \$1,350 in 1950. In that same year, Cox held chinchillas worth over \$250,000.

'WR Cox, owner of Northwest Chinchilla Farms in Gresham, Oregon, was one of the most successful chinchilla ranchers in America until, in 1950, there was a terrifically high death rate among the newborn and a low production rate.' The epidemic rose to such proportions that he called in a pathologist, Dr S F Crynes, but this expert did not easily plumb the mystery. Time after time he was forced to admit: 'I cannot account for the death of this animal.' One of the first symptoms developed was prolapsed intestines. After continual questioning and heckling by the chinchilla rancher as to what was the matter, Dr Crynes exclaimed:

"Damn it, Cox, if I could give you the reason for these prolapses I would also tell all the doctors in this nation of ours because, though you do not realize it, **prolapses are more or less common among humans and are one of the principal causes of infant mortality.'**

'Cox financed subsequent investigations which were carried on under Dr HL Richardson, pathologist at the University of Oregon. The harm was finally traced to fluoride contained in the bone meal feed, which contained up to 24 ppm. High quantities of the toxin were found in the animals kidney and liver, the average amount in the latter being 55.6 ppm, a deadly amount.'

"After one of the autopsies, Dr Richardson reported: 'The uterus has normally contracted and evidence of gross change can be seen in this organ that might indicate acute death.'

"The chinchillas were taken off the fell feed; but even this procedure was attended with risk. Cox reports in his book, 'Hello, Test Animals':¹⁶ 'I was also told by these men that the mortality rate would jump to a new high as soon as the fluorine was eliminated because the withdrawal would be quite a shock.'

"He received a shock himself when given strict warning not to mention the culprit, even to his customers. 'To make this situation doubly embarrassing I had been forbidden by Dr Richardson to inform anyone that our trouble was fluorine. He said he would toss the project out of the school if I told anyone about it.'

"However, the experiments went on. When the bone meal feed was given to hamsters the same types of mortalities took place. Rats suffered less.

'The guinea-pigs were particularly hard-hit, writes Cox:

"The litters produced were not good. As more time went on the litters became worse. That is - the first noticeable difference would be that the babies were weak and one or two of a litter would die. The next phase was the finding of one or two stillborn babies and finally the whole litters would be still-born. After that there were no litters at all. The female or male, or both, were apparently sterile. The same thing happened to the rabbits except that it took about three times as long for it to happen.

"Don't conclude that the pattern just described affected all the animals. Indeed not. Most of them didn't live long enough to go through these phases."

The Cox chinchilla case is apparently the first of its kind on record. The harm came to the animals through feed, not water, not through artificial fluorides, but through nature's fluoride, and the amounts of the toxin ranged up to 24 ppm, though the baby food also used on occasion contained only 1 ppm, the proportion used in the fluoridation of tap water but considered unsafe by USA baby food manufacturers in 1960!

But whether the fluoride is in food or water - the damage is all the same to the chinchillas. A letter published in the New York Daily News under date of April 27, 1956, informs us that:

After 3½ years of fluoridation in Coeur d'Alene, Idaho, they found that it had sterilized all the chinchilla herds which had been drinking fluoridated water over this period of time. It caused abortions, stillborn and weak babies, and death of mothers at littering time.

The Coeur D'Alene Press for Thursday, January 20, 1955, ran an advertisement by the Stice Chinchilla Ranch:

CHINCHILLAS NOT FOR SALE TO RESIDENTS OF COEUR D'ALENE. OUR OWN EXPERIENCE HAS PROVEN THAT YOU CANNOT RAISE CHINCHILLAS WITH FLUORIDATED WATER. OUR BOOKS AND RECORDS PROVE THAT YOU CANNOT OBTAIN BUT A FRACTION OF NORMAL PRODUCTION AND HAVE HEALTHY ANIMALS WITH FLUORINE IN THE WATER. WE CAN ONLY SELL CHINCHILLAS IF A BUYER AGREES TO HAUL HIS WATER IN. WE FIND ALL OTHER BREEDERS ARE RESORTING TO THIS IN ORDER TO OBTAIN PURE WATER AND PRODUCTION.

Coeur d'Alene voted fluoridation out on April 27, 1956. Later the same year, so did Wichita Falls, Texas, one of the more obvious reasons for which being again - stillborn chinchillas. Mrs WH Brannon, of that town, an experienced chinchilla

raiser experienced the same epidemics among her pregnant animals as had the Cox and Stice ranches:

One litter came prematurely, two in another litter died, and then our best female delivered one baby and could not deliver the others. We rushed her to a veterinary and with his aid she delivered one fine baby - dead. Then she had to take another - also dead. He asked three times, while we were there if she had had any access to any poison. He said she reacted just like an animal that had been getting small amounts of poison.

Professor Lennart P Krook reported fluoride poisoning of horses from artificially fluoridated drinking water. On a farm in Pagosa Springs, Colorado, USA, quarter horses consuming artificially fluoridated water (up to 1.3 ppm F) for extended periods of time developed classic symptoms of chronic fluoride intoxication including dental fluorosis, crooked legs, hyperostosis and enostosis, hoof deformities, and microscopic evidence of reduced bone resorption, these symptoms began to appear about two years after fluoridation started in 1985 and gradually became more severe. His article appeared in the May-June 2006 issue of *The Australian Fluoridation News*, Vol. 42, No.3.

Not changing one's opinion:

"The human understanding when it has once adopted an opinion (either as being the received opinion or as being agreeable to itself) draws all things else to support and agree with it. And though there may be a greater number and weight of instances to be found on the other side, yet these it either neglects or despises, or else by some distinction sets aside and rejects; in order by this great and pernicious predetermination the authority of its former conclusions may remain inviolate."

- Francis Bacon (1561 - 1626)



LORD BACON

The above examples of premature and stillbirths in a variety of animals as well as humans, reported from different locations, in different journals, supplemented by statistical and scientific evidence, and on-the-ground experiences by farmers who have often suffered great financial hardship from fluoridation, provides a body of evidence that warrants serious consideration. In countries such as the highly fluoridated Australia, many of today's young children and their parents, and sometimes grandparents, have been exposed to fluoridated water for all or much of their lives. Adding to fluoride stress is intake from foods, fluoridated dental products and fluoride-polluted air.

Conclusion

The possibility that the addition of fluorides to public water supplies is likely to cause some, or even the majority, of premature and still-births in areas subject to fluoridation, may need to be added to other well-established damage to health caused by fluorides, such as dental and skeletal fluorosis.

The stress, emotional and often financial worries and disappointment suffered by mothers and family members should be a further catalyst for proper consideration to be given by the medical profession and governments to the long-term damage to the health of the people of our nation.

However, the *public* must take the lead to stop fluoridation, as in spite of efforts by many concerned members of the medical profession and scientists, medical and dental bodies have been reluctant in the past to admit there are adverse effects from fluoridation.

This is highlighted by minutes of the meant-to-be secret meeting of the *Fourth Annual Conference of State Dental Directors 1951 Conference*¹⁵ in an address given by Francis A Bull, entitled "*Promotion and Application of Water Fluoridation*". He was experienced in organised political campaigns to persuade local officials to approve the scheme. Fortunately, a conscientious shorthand secretary recorded the conference, the minutes of which were located 15 years later in 1966. Bull's address included:

- **"The medical audience is the easiest audience in the world to present this thing (fluoridation) to. A resolution by the county medical society would be easy to obtain. You build a fire under someone at the local level in medical societies."**
- **"We have told the public that it works, so we can't go back on that."**

References

1. Waldbott, GL, et al, *Fluoridation: The Great Dilemma*, Coronado Press Inc, Lawrence, Kansas, 1978, ISBN 0-87291-097-0, pp 37, 38, 45, citing Sfrebnik-Frisz, s, and Van der Mijnsbrugge, F: Teneur en Fluoride quelques thés prélevés sur le Marché Belge ed de leurs Infusions. Arch Belg Med Soc Hyg Med Trav Med Leg, 33: 551-556, 1976. Also Singer, L, Armstrong, WD, and Vatasse, GT: Fluoride in Commercial Tea and Related Plants. Econ Bot, 21: 285-187, 1967.
2. Ibid, pp 216, citing Rapaport, I: Rapaport I: Nouvelles recherches sur le mongolisme. A propos du role pathogenique du fluor. Bull. Acad Nat Med (Paris), 143:367-370, 1959. See also Rapaport I: Oligophrenie mongolienne et ectodermoses congénitales. Ann. Dermatol Syphiligr, 87: 263-278, 1960.
3. Ibid, pp 216, citing Fedrick, J: Anencephalus and Maternal Tea Drinking: Evidence for a Possible Association. Proc R Soc Med, 67: 356-360, 1974.
4. Walker, GSR, *Fluoridation - Poison on Tap*. Second Edition, 1982, Nat Lib of Aust, Card No and ISBN 0959357106, pp 276, 277.
5. Pierce, AW; Aust I Agri Res, 1959, 10, 186.
6. Eagers, RY, *Toxic Properties of Inorganic Fluorine Compounds*, Elsevier Publishing Company Ltd, Amsterdam - London - New York, Library of Congress Cat Card No 75-908981 1969, pp 96-97.
7. World Health Organization (WHO), Monograph Series No 59, *Fluorides and Human Health*, Geneva, 1970, pp 94-96.
8. Waldbott, GL, et al, *Fluoridation: The Great Dilemma*, Coronado Press Inc, Lawrence, Kansas, 1978, ISBN 0-87291-097-0, p 217. Rapaport, I: Oligophrenie mongolienne et caries dentaires. Rev Stomatol 64:207-218, 1963.
9. WHO, *Fluorides and Human Health*, p 103.
10. Eagers, RY, p 51, quoting G Kauzal; *Rozhl Chi*, 1963, 42, 379-82.
11. Bryson, C, *The Fluoride Deception*, p 201, Ref 60 II Selikoff, EC Hammond and SM Levin, "Environmental Contaminants and the Health of the People of the St Regis Reserve," *Fluoride: Medical Survey Findings* (Environmental Sciences Laboratory, Mount Sinai School of Medicine of the City University of New York), vol 1, pp 342-3
12. Robb, Stewart, *First National Symposium on Fluoridation*, Mayflower Hotel, Washington DC, Feb 6-8, 1966. Printed by Foothill Printers, Monrovia, California 91016, pp 194-196.
13. Spittle, Bruce: *Fluoride Fatigue. Fluoride Poisoning: is fluoride in your drinking water - and from other sources - making you sick?* Revised 3rd printing, p 3, quoting Susheela AK, *A treatise on fluorosis*. Delhi, India: Fluorosis Research and Rural Development Foundation; 2001. p 53-60, 78-79. Printed and bound in Australia, March 2008. Available from All Seasons CLS, PO Box 3459, Mount Gambier SA 5290, Australia, ISBN 978-0-473-12991-0
14. Steyn, Douw G, BSc, Dr Med Ver (Pharmacology) (Vienna), DVSc (Toxicology) (Pretoria), Chief Research Officer, Division of Life Sciences, Atomic Energy Board; Emeritus Professor of Pharmacology, Univ of Pretoria, Republic of South Africa, *Once More Fluoridation*, Publication No 24, Univ of Pretoria. Read before the 9th International Convention on Vital Substances, Nutrition and Civilized Diseases, Sept 16 to 22, 1963. Held at Lindau on Lake Constance, Germany, and at Bregenz, Austria, p 27, pp 42,43.
15. Proceedings of the Fourth Annual Conference of State Dental Directors with the Public Health Service and the Children's Bureau, Federal Security Building, Washington, DC, June 6-8, 1951. Library of Congress RK 21. C55, 1951. Officially recorded in Vol. No.5 of Hearings, 89th Congress, Department of Labor and Health, Education and Welfare Appropriations for 1987. Also recorded in Case No.8425, Exhibit 108, of Public Utilities Commission of California, 1966.
16. Cox, WR, Hello, Test Animals... Chinchillas or You and Your Grand-children? Lee Foundation for Nutritional Research, Milwaukee, Wisconsin, USA, 1953, printed by The Olsen Publishing Company, Wis. (180 pages)

Carnarvon and the Fluoride Salesmen

Carnarvon is becoming even more aware and spirited in response to the latest threat to fluoridate its water supplies. The WA Government's Fluoridation Promotion Committee had earlier announced that no decision had been made and that further community consultation would be carried out, hoping the community would give up. But in November, the local MP presented a petition of non-consent from more than 800 homes to the WA Health Minister, and most recently the local Council unanimously supported a resolution to reject fluoridation.

The local Council's unanimous resolution read:

"That Council inform the WA Department of Health that due to the lengthy delays experienced in resolving the issue and with no overwhelming evidence that fluoridation of Carnarvon's water supply will result in any benefits to the community, Council will support the position of the Carnarvon Anti-Fluoridation Action Group in opposing the introduction of fluoride into the Carnarvon water supply."

While this is great news for Carnarvon, the fluoridation threat isn't over yet. The Western Australian Government's Fluoridation Promotion Committee, sometimes called the 'Advisory Committee', is considering surveying Carnarvon residents, possibly with loaded questions similar to those used recently in surveys of Yancheep and Two Rocks, closer to Perth.

But as awareness increases, community is becoming more animated. The promoters will be hoping that subsides.

Earlier, four state MPs took up the concerns of their constituents and called for a review of water fluoridation in Western Australia. North West MP Vince Catania presented over 800 letters of non-consent to the Health Minister.

The Carnarvon Anti-Fluoridation Action Group has canvassed public opinion, including a mail-out to over 1600 local residences. The group has received more than half returned with signatures so far, and that number continues to rise, while further letters of non-consent have been sent directly to the Committee. Clearly the majority of residents are opposed to this scheme of forced mass-medication. And this can only grow as more residents discover what the promoters actually want to add to their water.

The Promotion Committee appears to table and consider all submissions, but as the Committee meets behind closed doors, keeps no minutes and makes no attempt to explain or justify how it makes its decisions, it's hard to know what the nature of this beast is. Those who know the history and politics of fluoridation will recognise the Committee was created to promote the dispensing of fluoride into community water supplies.

A letter of reply by the WA Deputy Premier and Health Minister, Dr Kim Hames, to one Carnarvon resident was in part, a standard letter predictably proclaiming the apparent 'benefits' of fluoridation. It is unlikely the Minister wrote the letter and he may

not be aware how toxic the fluoride compounds used in water fluoridation are. This type of letter has been a standard fluoride whitewash in Australia. It quotes various conclusions made by supposedly scientific organisations, and for anyone following the pseudo-scientific sources, it becomes a bureaucratic paper-chase, designed to frustrate and further protect the fluoride polluting salesmen. The letter's intent appears to be to suppress questioning authoritatively. But don't give up, keep going! Focus on the goal of safe water, free from pollution, and continue to act, including writing letters that ask the tough questions. Be sure to inform your politicians and authorities what you choose for yourself. See the PDF flyers "My Will" & "FUQ" at www.fluoridationnews.com.

The current Health Minister was trying to avoid rocking the boat, like his WA predecessors since the 1960s. (Perth was fluoridated in 1968.) If he continues to support fluoridation, constituents will know this Minister regards his political career more highly than either the health or free choice of voters. It may seem the easy path for him. If he chooses to fluoridate it's over the heads of Australia's Constitution and its people. If he chooses not to fluoridate, he complies with the Constitution and with the people's wishes.

The proposed review of water fluoridation is a great idea. But the terms of reference need to be scrutinised closely, and include an option to stop the practice. Without it, it's just another white-wash (e.g. Tasmania 1968, Victoria 1979-80). Previous surveys have used biased and 'leading' questions. When populations are fully informed, they see through dodgy promoter surveys.

Key Facts

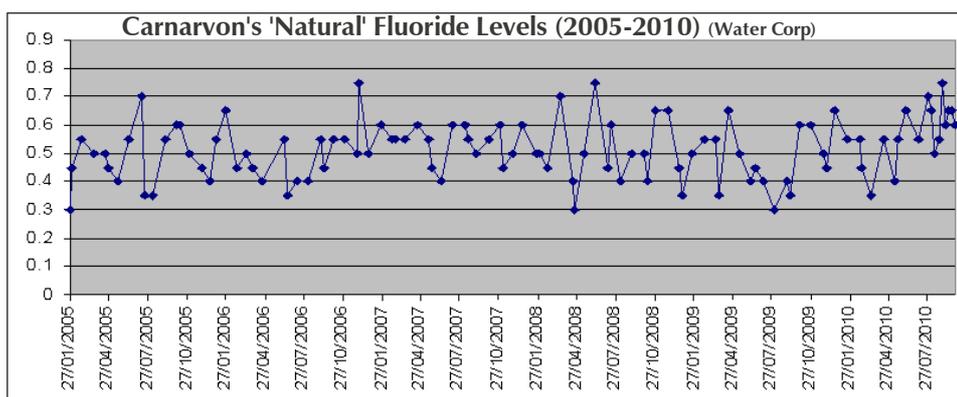
Here are some key facts that fluoride promoters usually never mention, but are of vital relevance to local communities and anyone having a fluoride chemical 'shandy' imposed on them.

Fact 1: The concentration of Carnarvon's fluoride level would be set to 0.7ppm, lower than the usually adopted 1.0 ppm (one part fluoride per million of water), according to the WA Dept of Health. In warmer areas, people drink more water, so the fluoride concentration is reduced.

Fact 2: Carnarvon's water has natural calcium fluoride, averaging above 0.5 ppm, ranging from 0.3ppm up to 0.75ppm. (See graph "Carnarvon 2005-2010", at left). So if it is believed that any fluoride is beneficial, there is not much

difference between the already existing natural levels and the recommended level.

Keep in mind that all food grown in fluoridated areas and processed/reconstituted foods, including many drinks, also contain fluoride. Also consider the cost of the dosing plant machinery, as well as the annual material "fluoride" costs and labour, and it becomes very expensive for a small addition to a naturally fluoridated area. On scientific and economic grounds, nothing can justify fluoridating Carnarvon, and these facts are usually enough to stop



it. They have before. Fluoride promoters have been stopped in the past, but they sometimes continue to hang around like vultures on holiday, as if they've been ordered to fluoridate and are just waiting for community awareness and resistance to die down, the usual ploy. But common sense can still prevail.

Fact 3: No one can tell what your exact dose is, it depends on how much you drink, plus fluoride from other sources (e.g. food). The concentration of one part-per-million (ppm) gives one milligram (mg) of fluoride in one litre of water. If you drink one litre, your intake is 1mg, but if you drink 4 litres that's 4 milligrams! (pro-rata for 0.7ppm, that's 2.8mg) Even fluoride promoters admit that 2 mg of fluoride per day will radically increase the incidence of fluoride-caused dental fluorosis in children. Some people drink less and some much more, even 10 litres each day. Dosing people through their water supply is an unscientific, haphazard approach. A medical doctor would never prescribe "drink of much of this drug as you feel like".

Fact 4: As with any fluoride, when kids are raised with natural fluoride content up to age seven or eight, there is a notably increased chance of dental fluorosis. As bad as naturally-occurring fluoride is, at least it is always associated with other elements, particularly calcium. Calcium fluoride is less soluble and less hazardous than other fluoride compounds. We need to be careful with all fluorides, as they are cumulative - stored in teeth, bones and soft tissues (organs such as kidneys).

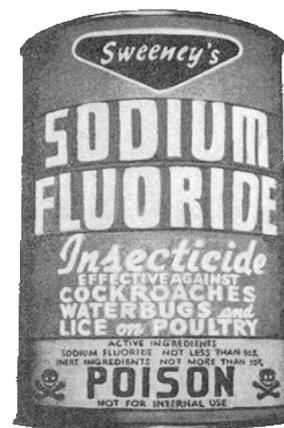
Fact 5: 'Dental fluorosis' is the first visible sign of chronic fluoride poisoning. Originally known in America as "Colorado brown stain", this unsightly mottling is caused when fluoride permanently poisons the tooth-forming cells in children's early years. Anecdotal evidence suggested people in the Colorado area with mottled teeth had fewer cavities than usual. In actual fact, this was due to water having high concentrations of many other minerals, especially calcium which promoted good teeth, while the fluoride content caused permanent disfigurement: white and brown blotches and brittle teeth that break or crumble in later years. Reputable studies including the very large NIDR study (released under FOI in 1990) clearly show fluoridation does NOT benefit teeth. (See "The Dr Blaylock Interview" in *The Australian Fluoridation News*, Apr-Jun 2011 on our website)

Fact 6: The penultimate disturbing fact is where the fluoride used for fluoridation comes from. The passive, generic term "fluoride" refers to a number of chemical compounds including: sodium fluoride, sodium silicofluoride and hexafluorosilicic acid. **They are hazardous waste products collected from fertiliser factories' smokestacks.** Other heavy industries also emit fluorides including aluminium, steel, and coal-fired power stations. Artificially added fluoride chemical compounds are classified as being highly toxic or extremely toxic, while naturally occurring calcium fluoride is classified as only moderately toxic. The 'artificial' fluorides are too toxic to let escape downwind from factories, where they harm and can kill (crops, cattle and humans). Instead of being disposed of properly (and expensively), corporations sell them profitably to governments. It is criminal behaviour. That is why few countries fluoridate their people.

"People in fluoridated areas are walking waste disposal units for phosphate fertiliser factories" - Glen Walker

The late anti-fluoridation campaigner Glen Walker, author of *"Fluoridation: Poison on Tap"* said that *"people in fluoridated areas are walking waste disposal units for phosphate fertiliser factories"*.

If you doubt any of this, read the label on this "Sweeney's" can (right): "SODIUM FLUORIDE - Insecticide - POISON - Not for Internal Use" and search for further information on these poisonous substances. For many years sodium fluoride was used as a rat and cockroach poison. This is more than enough reason to keep fluoridation out of Yanchep and Two Rocks, Perth, Sydney or indeed anywhere!



Fact 7: The ultimate, disturbing fluoride fact is that amongst those who promote, implement and endorse fluoridation, they have exhibited much resistance to stopping the ridiculous practice, regardless of the common sense approach ("we don't want toxic and cumulative industrial waste in our water please!"). Fluoridation is a commercial practice and its promotion is based on a dogmatic, dictatorial doctrine in a few countries with compromised governments, such as Australia. If fluoride has not been added to your water already, do what you can to keep it out. If your water is artificially fluoridated, never give up, be part of the spreading awareness, as fluoridation will end in Australia, when enough people become aware and take action. Ultimately, we are our governments. We elected them, they came from us. As Glen Walker said in the 1980s, 'people-power' will end fluoridation.

When did you give your government permission to add a known toxic pollutant to your drinking water to "medicate" you every day for the rest of your life?

Conclusion: As more people become fully informed and active and realise that we should all choose for ourselves, by far most of us will choose freedom from authoritarian medicine, and freedom from the threat of rat poison in our water!

If Australians knew how much power they have, fluoridation would have ended already. The abuse of power is committed by only a small number of people in authority, compared to the whole population. In reality, our political leaders are part of our communities and they (with their families) also suffer, even if they have decent water filters, as when drinking water is fluoridated, some fluoride is inevitably ingested from other sources including soft drinks and foods grown in (or cooked in) fluoridated water.

We can't rely on someone else to save us, it is up to us – all of us. In a properly functioning constitutional democracy, we need to stand up for our rights. What we choose for ourselves as individuals (and for our children) is of vital importance. Our choice matters, as does our voice - telling our representatives what we have chosen. Our health, rights, freedom of choice and way of life are at stake. What do you choose? What part will you play?

- Get fully informed and choose for yourself - It's your right.
- Find out how else you can help in the awareness campaign.
- Use your skills and abilities to promote freedom of choice and safe, clean drinking water.
- If you haven't done so already, fill out a petition available around town or from the Carnarvon Anti-Fluoride Action Group (PO Box 148, Carnarvon, WA 6701).
- If you sent a petition directly to the government committee in Perth, let the Action Group know, so the total number of responses can be counted, as it's continuing to climb.

Film Festival shows *Fire Water: Australia's Fluoridation Disgrace*

The documentary film *Fire Water: Australia's Fluoridation Disgrace* has screened at the 6th International 'Voices from the Waters' Film Festival, held in Bangalore India. The festival is dedicated to fresh water around the planet. Jaya Chela Drolma, the film's producer/director, along with researcher/writer Daniel Zalec, attended the festival in September. Their *Fire Water DVD* closed the festival and was well-received. Here we share some of Jaya's reflections on the festival from her blog entry:

by Jaya Chela Drolma, 2 Oct 2011

"What was astonishing for both Daniel and myself, was seeing so many films revealing the same patterns of corruption by water authorities/boards. Yes, the planet's most precious and vital resource - drinking water - is being systematically hijacked by greedy privatisation corporations. The same tactics, worldwide, are used to hoodwink the people out of their birthright - clean, safe water i.e. without chemical poisons or pathogens, in plentiful supply.

"But we were also reminded how polluted and overworked our water sources are, by the billions of humans and animals living on our planet dependant on just 1% of fresh water...

"But, when people-power is harnessed and focussed correctly, unity and strength achieve often impossible hurdles towards great success...

"This event has touched my heart deeply, I will never be the same person again, after seeing the world interacting,

fighting, poisoning, polluting, ignoring, taking for granted, or waging wars, over water. Our birthright is, and always should be, safe, clean water. Without which, no life can exist."

See www.jayacheladrolma.wordpress.com online to access Jaya's posts, including the full text of this one. Also included are links to various resources, including Daniel's speech (on how according to the media, fluoridation is "un-newsworthy"), and to some of the other films from the festival. Jaya particularly recommends to all Australians, 'Warriors of Quigang' which tells the story of "how one Chinese town took on the crooks and won."

Also see our review of the *Fire Water DVD* in *The Australian Fluoridation News*, Vol 47 No 1, Jan-Mar 2011. Copies of the *Fire Water DVD* are available from AAFA, GPO Box 935, Melbourne, VIC 3001, for \$13 posted (cheque or money-order).

Telling and Seeing Only One Side

The media's role in fluoridation's continuation is worthy of examination. Here we look back to an editorial in the now-defunct US publication, *National Fluoridation News*, and find that much is familiar.

One of the most distressing aspects of fluoridation is the failure of our leading news media to report anything but promotional features and comments about it. Whenever dental and other health officials make new claims of fluoride benefits, the press is usually more than eager to tell about them. On the other hand, when reports of shortcomings or harmful effects appear, even in respected scientific journals, the major news sources are generally completely silent.

As a glaring example of this reluctance of the media to deal openly and frankly with the increasing adverse evidence, one need only ask why an obviously important cancer-fluoride report from Japan's Nippon Dental University, published recently in a world-leading research journal and abstracted in this issue of *NFN*, has apparently been completely ignored by all the science and other news media, at least in this country. Is it because the media have not been alerted to such findings, since they run counter to the prevailing widely accepted viewpoint?

Along with the media, many scientists see the fluoridation controversy as a "hot potato" and are unwilling to get involved in it. They regard fluoridation strictly as a dental matter, having been taught from its inception that it is a fully settled, "non-debatable" issue, and that those who oppose it are an emotional, "misinformed" minority. They therefore refuse even to examine the steadily mounting evidence of adverse effects which other scientists in various disciplines throughout the world have been reporting.

Unfortunately, all too often this "head-in-the-sand" attitude exists even among environmental specialists. We have in our files letters from professors of environmental studies at leading universities who admit they know little or nothing about the adverse effects of fluoridation. They write: "This is not my area of expertise." Yet their field of specialization is water quality.

By default, many in the scientific community have abdicated their responsibility to the public in this matter. They have not only allowed dental and public health spokesmen to dominate and control the type of information about fluoridation that reaches the media, but they have also allowed their own attitudes and outlook toward fluoridation to be guided and shaped by those same spokesmen.

In this connection, some comments made in another regard by Professor Petr Beckmann of the University of Colorado are especially appropriate: **"No scientist is infallible, and every scientist is entitled to his errors. But when he omits crucial facts in order to influence laymen, he does not become a dishonest scientist; he ceases to be a scientist."** - MKS

National Fluoridation News Vol XXX, No 1 (Spring 1984) Editorial

Readers are welcomed and encouraged to send any local news articles on our subject of interest to The Editor at GPO Box 935 Melbourne 3001 (for possible inclusion in a future story). This will also show that articles CAN be printed in the media, even if they don't implicate fluoridation just yet. The more people with awareness in our communities that are talking about fluoridation and its effects, along with safe, clean water, the more pressure there will be on all media to pick up on the stories.

More 'writing on the wall': Canadian Medical Association Journal

According to an unusual article posted earlier this year on the Canadian Medical Association journal (CMAJ) website, the trend is continuing to end water fluoridation in North America.

The article (on 14 June 2011) begins:

"With the scientific pendulum appearing to slowly swing away from the value of fluoridating tap water, the United States Department of Health and Human Services has indicated that it will lower the recommended level of fluoride to be added to drinking water.

The partial retreat comes on the heels of city of Calgary, Alberta's decision to discontinue fluoridation of its drinking water in a bid to save \$750 000 per year in direct fluoride costs and a projected \$6-million equipment upgrade at its treatment plants...

The [US] Department of Health and Human Services is proposing to lower fluoride concentrations in drinking water to 0.7 mg/L from 0.7–1.2 mg/L, the first time that the department has retreated from standards established in 1962... About 73% of American communities fluoridate their water."

www.cmaj.ca/content/183/9/E531.full

We first note that the article is not written by the Canadian Medical Association itself, but by Caroline George, a trained molecular biologist and more recently a former journalism intern at the Association. Biologists are more likely to be aware of

fluoride's life-inhibiting effects than pharmaceutical-institution trained medicos. Her article shows the ongoing trend toward ending water fluoridation in Canada.

Disagreeing predictably is the Canadian Medical Association President Dr MacGregor who said that reducing fluoride levels is not a retreat from fluoridation due to "ineffectiveness" or "bone abnormalities", but was addressing studies that showed "a risk of dental fluorosis that was deemed unacceptable for infant formula reconstituted with tap water."

Concerns about dental fluorosis will likely further reduce water fluoridation worldwide in the years ahead, as fluoride accumulates through many food, drink, medication and environmental sources. Dental fluorosis is, by definition, the first visible sign of chronic fluoride poisoning, and is established within the first seven years of life when the tooth forming cells are created. Teeth with dental fluorosis are permanently disfigured. Dentists are only too happy to provide expensive veneers to "cover" each fluorosed tooth.

For further information on the current state of dental fluorosis in Australia, see "The Fluoride Fallacy" article in *The Australian Fluoridation News*, Vol 46, No 4, Oct-Dec 2010.

Your Wish is Your Command: "Fluoride is a Toxin"

When we first learn that fluoridation isn't what we thought it was, we wonder how this bizarre toxic-waste disposal practice is allowed to continue anywhere. New ideas and approaches are required to transform how we look at fluoridation, as well as ourselves and our own power. A recent audio course proclaims that "fluoride is a toxin" and also that our brains are far more powerful than we know. For those interested, this course could be worth pursuing.

After nearly 60 years of fluoridation in some parts of Australia, it would seem that appealing to governments hasn't worked yet - but it's still a necessary part of the endeavour. Of the many valid approaches, it's also very important to expand the number of informed people who are willing to take action (personal actions, along with actions in community to spread the word even further). But other approaches are sought.

One pathway to develop our capacity to make a difference with fluoridation is to pursue self-development: to participate in courses, read books, listen to audio and watch video; not for just ourselves necessarily, but to expand our capacity to take effective action. You might consider taking your desire to transform fluoridation (and other things) into the self-development arena.

One example is a recent audio course called "Your Wish Is Your Command". It's a 14 CD recording of a live event held in the Swiss Alps a few years ago. The host is Kevin Trudeau, a former 'secret society' member. Despite the ideas coming from the 'elite', they seem consistent with (and extend) other current courses.

These CDs are the newest release of the ideas conveyed in "The Secret" (2006), this time presented by former members of a range of secret societies, who say they don't agree with the position to keep their information hidden. In effect, they are selling the information through a multi-level marketing company.

On the eighth CD (which details a wide range of approaches to improving our health and well-being, and raising our "energy" or "vibration") Trudeau says **"toxins in the water supply, chlorine and fluoride, those are toxins. Water that you drink, and water that you bathe and shower in."** And so, fluoride lowers your vibration. Some of the other toxins he mentions are also fluoride

compounds, such as some pesticides and herbicides (accumulating in all the food you've ever eaten), and pharmaceutical drugs.

Trudeau tells us (as Einstein and Edison did) that the human brain "transmits and receives vibration" which affects the world, i.e. that "what you put out, is what you get back." And it can work for anyone. Some have experienced success with the technique and know it works, but others either don't know about it, have tried and 'failed', or just don't believe it. But it's how the elite class has gotten rich beyond what we can imagine. Adding to what he says, people may use it to help **reshape fluoridation in a positive direction, by focusing on what we do want (safe, clean water).**

Trudeau says the main fact the elite class want to keep secret is "the fact that **your brain** is the one that transmits frequency." But why don't we hear more of the science of raising our vibration?

*"Because the people that control the free flow of information globally, do not want you to know it. Because if you do... you will realise how much power you have and that you, in fact, have Aladdin's Lamp and your own personal genie, which can make anything you want, happen. **With this knowledge, and how to use this knowledge you can have, be or do anything you want, you have the power.**"*

Towards the end, Trudeau tells a story he heard early in his life about 'money, money, money'. He was told that "You'll find out at a certain point, it's not what you **have**, it's who you **become** that's important." He didn't understand it until later. "And for many people they never figure that out."

For more info, contact us and/or search online. Otherwise, just know that the 'genie' is now well and truly 'out of the bottle': use your brain to maximum effect – because the genie is you!

Little by Little, Kindly, for a Worthwhile End

You might think that it takes a lot to end fluoridation? Not necessarily. We can do our bit - and it all adds up.

One of the most important actions is becoming aware ourselves of the magnitude of the fluoridation scam and what we can do about it, then actually doing those things and passing the beneficial knowledge on to others.

We then have "pockets" of awareness growing in our neighbourhood, our communities, our relatives and friends in other locations, and before long, more and more people have decent water filters that definitely remove fluoride (not just cheap carbon filters). At this time, with escalating rates of cancer, heart disease and a range of degenerative conditions, it makes good sense to limit carcinogenic, life-limiting industrial fluoride from all sources, including the kitchen tap. Many people appreciate being told – once they get over the initial shock. Be kind with them.

If everyone in Australia were suddenly aware of the facts on fluoridation, it would stop almost immediately. Having such a huge number of people aware would initiate public outrage and many voters would tell their politicians exactly what to do,

or indeed where to go, if they don't vote for removing fluoridation, and that no excuses will be tolerated! Our political representatives would either help end the scheme, or collectively, we would end their political careers. As the main Australian political parties continue to support fluoridation (we wonder what might influence them to do so!) it would mean putting the large parties last and second last on the ballot paper, in the order of your preference. Simultaneously, all the fluoride-promoting 'experts' around the country would scuttle out from under the fridge to defend their favourite gravy train, that their job, mortgage and 'status' depend upon.

Esteemed US cancer researcher Dr Dean Burk said we have a moral responsibility to pass on the knowledge we have on the subject. Talking on the proven fluoride-cancer link, he said in *The Ballarat Courier* (7 September 1977) that the "facts are now known... we have a responsibility to make them as widely known as possible." The number one thing is awareness - our own awareness, as well as passing our knowledge on to others in a considerate and compassionate manner. It all helps.

Updates:

Phillip Day's "Great Discoveries in Health" 2012 Tour

Phillip Day, UK health researcher and publisher, who is well aware of the history and effects of fluoridation, is touring Australia and New Zealand in February through to April 2012.

For the review of Phillip Day's co-authored *"The Essential Guide to Water & Salt"* see *The Australian Fluoridation News*, Vol 46, No 4, Oct-Dec 2010, available on our website.

More information in the next edition. **For tour dates, locations and bookings, see www.credence.org/tours/**

Fluoride Warning - Gelatin Capsules

Do you take fish oil or vitamin E in gelatin capsules? If you do, beware that the capsules themselves contain "fluoride and glutamate as well as cow protein." (Blaylock Wellness Report, "Why Fluoride is Toxic", September 2004, p8). Dr Blaylock therefore suggests you "discard the gelatin capsules". Just puncture the capsule with a pin, squeeze and then stir contents through a drink or salad, or squirt directly into mouth. If you don't like the taste and/or smell of fish oil, there are odourless varieties, which use the same active ingredients.

You might also want to ask the manufacturer(s) of these products as to why you, the consumer, has been kept in the dark with regard to the contents of the capsules themselves. It is high time that Australian labelling laws for both therapeutic goods AND foods be brought up to an acceptable standard. All the ingredients that you swallow need to be listed (by an independent organisation that isn't partially funded by Big Pharma.) "Veggie Caps" have been around for a few years as a safer alternative and are used by some manufacturers.

Dental Profession Fails Its Duty of Care (Part 2)

The second part of this article from July-September 2011 (Vol 47, No 3) will be published in the first edition in the new year.

Premature Births & Stillbirths: Tissue Analysis Testing

After reading the lead story on page one, will we ever look at premature births or stillbirths the same way again? How much money is channelled through foundations into research that blindly disregards the "sacred cow" in the room, fluoride? Is tissue analysis done (for percentage fluoride), in organs or in bones? These tests reveal exactly how much fluoride has accumulated in the body, and is a tell-tale indicator of cellular damage. Despite this test's usefulness, doctors and pathology labs rarely perform them. Why?

Seasons Greetings

We wish all our supporters the best for the festive season and for the new year. Good health & happiness to you, feel good that you are aware of fluoridation and consequently the choices you have made, and be inspired to "keep at it". We look forward to a bright new year unfolding in 2012.

Subscriptions: *The Australian Fluoridation News*

**\$25 per annum posted Australia.
GPO Box 935 Melbourne VIC 3001**

- Australian Anti-Fluoridation Association
GPO Box 935 Melbourne 3001
- GPO Box 369 Sydney NSW 2001

*The only Australian publication by Australians
for Australians on Fluoridation*

DISCLAIMER

The articles in this publication are for educational purposes only and do not necessarily reflect the opinions of the editors or publisher. We do not endorse any treatments, medical or otherwise, and encourage our readers to continue with their own research and consult health professional(s) if they are ill.

ALL RIGHTS RESERVED

Authorisation to mechanically or electronically copy the contents of this publication is granted by the publisher to approved persons and organisations, provided acknowledgement is given to the author and publisher.