

# THE AUSTRALIAN FLUORIDATION NEWS

ARTIFICIAL FLUORIDATION  
IS WATER POLLUTION



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## Harvard Links Fluoride to Mental Disorders

**A new study published in *The Lancet* has determined that various chemicals that children are exposed to, including fluorides, are implicated as a cause of mental disorders including ADHD.**

**Researchers from the Harvard School of Public Health (HSPH) and the Icahn School of Medicine at Mount Sinai found that among other things, the fluoride chemicals added to many public water systems in North America directly contribute to both mental and behavioral disorders in children.**

Water supplies in the United States are approximately 73% fluoridated, whilst Australia's are approaching 90%.

According to the two main researchers involved in the study, Philippe Grandjean from HSPH and Philip Landrigan from ISMMS, incidences of chemical-related neurodevelopmental disorders have doubled over the past seven years from six to 12. The reason for this is that an increasing number of mostly untested chemicals are being approved for use without the public being told where and in what quantities such chemicals are being used.

Julia Medew for *The Sydney Morning Herald* writes:

*"Since 2006, the number of chemicals known to damage the human brain more generally, but that are not regulated to protect children's health, had increased from 202 to 214... The pair said this could be the tip of the iceberg because the vast majority of the more than 80,000 industrial chemicals widely used in the United States have never been tested for their toxic effects on the developing foetus or child."*

### Fluoridated water is a threat to child safety

In Australia the regulations that govern the use of herbicides and pesticides are minimal. Some pesticides and herbicides banned overseas are still in use in Australia.

Fluoride accumulates in the body over time, so even though the amounts being ingested might be small each time, it builds up over years and can cause serious health issues. Research has found that fluoride affects normal endocrine function, causes kidney disease, bone weakness, dental fluorosis, cancer, lowering of IQ, calcification of the pineal gland, arthritis, immune deficiencies, skeletal fluorosis and much more.

The growing body of research has clearly illustrated the fact that fluorides are detrimental to brain development and can lead to autism spectrum disorders, dyslexia, and other mental issues.

The authors state in *The Lancet* summary that "since 2006, epidemiological studies have documented six additional developmental neurotoxins – manganese, fluoride, chlorpyrifos, dichlorodiphenyltrichloroethane, tetrachloroethylene, and the polybrominated diphenyl ethers. We postulate that even more neurotoxins remain undiscovered."

These chemicals, including fluorides "affect millions of children worldwide, and some diagnoses seem to be increasing in frequency."

***"Untested chemicals should not be presumed to be safe to brain development, and chemicals in existing use and all new chemicals must therefore be tested for developmental neurotoxicity." - The Lancet***

"The problem is international in scope, and the solution must therefore also be international," stated Grandjean in a press release, calling for improved regulatory standards for common chemicals. "We have the methods in place to test industrial chemicals for harmful effects on children's brain development – now is the time to make that testing mandatory."

#### Sources:

- [The Lancet](#) (Vol 13 No 3, Mar 2014) Neurobehavioural effects of developmental toxicity
- [Sydney Morning Herald, smh.com.au](#) (15 Feb 2014), by Julia Medew
- [Natural News](#) (25 Feb 2014), by Ethan A. Huff
- [CollectiveEvolution.com](#) (5 Mar 2014), by Joe Martino

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# Reduce Sugar Intake to Reduce Tooth Decay

The previous edition of *The Australian Fluoridation News* (Oct - Dec 2013) congratulated the ABC Catalyst program for their segment on "Toxic Sugar?", which is still available online ([abc.net.au/catalyst/vodcast/](http://abc.net.au/catalyst/vodcast/)).

For decades we've been told that sugar is okay; that fluoride will solve our dental problems and even put dentists out of business. Instead, fluoride creates more business for dentists. Fluoridation promotion has had significant funding contributions from the sugar industry in Australia.

Then in the 1980s the "low fat" craze began, with many products now being "fat free". The problem was that such products now often tasted awful, so the food industry's solution was to add sweet and addictive ingredients, such as refined sugar, artificial sugar and MSG (listed under various names).

**All three additives have the ability to make lab rats obese, much like what we see in the real world with people. It seems the experts didn't get it right with "low fat" and now the growing impetus is to reduce sugar. Artificial sugar and MSG are known as excitotoxins and are fraught with dangers (for example, search online for "aspartame dangers" and "msg excitotoxin").**

In 2012, US researchers published a commentary in the journal *Nature*, suggesting that sugar is so toxic that it should be taxed and regulated like alcohol. "Doctors from the University of California, San Francisco, say that rising global rates of major killers such as heart disease and Type 2 diabetes aren't caused by obesity as commonly thought. Instead, obesity is a marker for

those health problems, and sugar is the true culprit, Dr Robert Lustig, Laura Schmidt and Claire Brindis said."

The doctors also wrote in *Nature*, that "we recognise that societal intervention to reduce the supply and demand for sugar faces an uphill political battle against a powerful sugar lobby." (CBC News, [cbc.ca](http://cbc.ca), 2 Feb 2012)

In October 2013, the Canadian Broadcasting Corporation's "Fifth Estate" program featured a 45 minute documentary, "The Secrets of Sugar", which gives a broader background to the sugar story and is freely available on YouTube, along with pediatrics Prof Robert Lustig's lecture, "Sugar, The Bitter Truth". They're well worth viewing, especially if you instinctively know you may be eating too much sugar. These days that may be nearly everyone!

**In early March 2014, the World Health Organisation advised people to halve their sugar intake (BBC News 5 March 2014). Their recommended sugar intake would remain at below 10% of total calorie intake a day, with 5% being the target.**

But the British Government has refused to act or back the new recommendations. As J.D. Heyes on *NaturalNews.com* (27 March 2014) says, "most likely, we can chalk it up to conflict of interest." The UK Government is following the advice of the UK's "Scientific Advisory Committee on Nutrition" advisory panel, with five of the nine members having close ties to the food and confectionery industries.

**While this "sugar battle" plays out, the opportunity exists to reduce total sugar intake in our own lives. Let's rid ourselves of both the sugar and fluoridation scourges!**

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## Fluoride Valve Left Open, Thousands Exposed, One Death

**Worst ever spill reported for a large population, in Annapolis, Maryland, USA, November 1979**

**A waterworks employee failed to close a valve. Hydrofluorosilicic acid kept flowing and raised fluoride levels to 30 parts per million (ppm) or more, exposing thousands to poisoning. Eight kidney dialysis patients had severe symptoms; one died at home, another was saved in hospital.**

The spill aggravated existing illnesses, especially those with kidney stones and diabetes. They suffered chest pains, vomiting, abdominal pains, diarrhea, nausea, headaches and itching. In the city of 35,000, at least 5,000 could have been affected. Victims at first thought they had a virus or infection. Doug Struck, a reporter for the Baltimore Sun, in a story on Nov. 28, 1979, told how the news of the spill became public.

*"Health officials only learned of the fluoride problem in investigating the unexplained illnesses of eight patients who underwent kidney dialysis at an Annapolis clinic Nov.13.*

*"Even though state and county health officials had learned of the spill nine days after it occurred, no public announcement was made and the Annapolis City Council was not told of the situation for six more days, according to accounts from officials involved.*

*"We didn't want to jeopardize the fluoridation program because it had been so good for children', explained Charles M. Yost, a deputy of the County Health Officer. "*

**The spill, the worst ever reported for a large population, became the subject of investigation by health authorities.**

The *Evening Capital*, an Annapolis daily newspaper, was the first to tell of the cover-up. Stories published Nov. 28 and 29, described the effects of the fluoride on some of the people and businesses served by the water supply and gave accounts of previous fluoride cover-ups.

- The State Environmental Health Service ordered the Coca-Cola and Pepsi-Cola bottling companies to destroy all soft drinks produced on Nov 11 and 12 because of high levels of fluoride found in tap water used at the plants. Jon Crosby, a public affairs officer for the State Department of Health and Mental Hygiene, said Pepsi-Cola must destroy 25,000 cases of soda and Coca-Cola officials must dispose of "an undetermined amount" of the product.
- A noted expert on fluoridation poisoning warned against eating any food, especially vegetables, that were cooked with the over-fluoridated water.
- Two pet stores in Annapolis reported mass fish kills in aquariums, due to "unusual" acid levels in the water. Doctor Pet Centre at Parole Plaza reported several hundred goldfish and catfish, whose water is changed regularly, died. Fish'n Chips in Arundel Plaza also reported fish kills in four tanks.

Sodium fluoride has killed – of 263 poisoned, 47 died in an accident in Oregon in 1943. (*Clinical Toxicology*, 1981: Vol. 18, no. 5, pp. 531-541; *American Journal of Cardiology*, March 1, 1983, Vol. 51, pp. 901-902; reported in *National Fluoridation News*, (NFN) Vol. XXXII, No. 3, 1987-1988; *ibid*, Vol. XXV, No. 4, Nov.-Dec. 1979. Now out of print).

# Recognising and Respecting Indigenous Australians

**Prime Minister Tony Abbott, a Cecil Rhodes scholar, said on Australia Day 2014 that he wants to recognise indigenous people in Australia's Constitution.**

Over 90% of Australians voted in the 1967 Referendum to remove the "White Australia Policy", section 127 of the Constitution, in which indigenous people were not counted. From that time, no references to indigenous people remain in the Constitution; we are all regarded as Australians.

We look to the first three words of the Preamble of the Constitution, "We the people". Does that not already include EVERYONE in Australia? Of course indigenous people are included in "We the people".

To single out any particular group would create potential for discrimination of one sort or another.

So why try to change the Constitution really?

**Politicians have a history of using any excuse to fiddle with and subvert the Constitution, and Australians have a history of seeing through it. Since Federation in 1901, only six of the 46 attempts to change the Constitution have been accepted by a majority of Australians in a majority of states.**

When Julia Gillard was Prime Minister she also wanted to change the Preamble for our indigenous people. It could seem that both "sides" of politics are really decent people – or that there is an agenda bigger than either of their political parties. What might they really be wanting to do to the Constitution? And for whom? Might it be for foreign powers, such as the United Nations, trying to further push their Agenda 21 plans? Agenda 21 requires that sovereign nations (and sovereign individuals) be stripped of their constitutional rights. Is that what this is really about?

If so, ALL Australians, no matter where they were born, their skin colour, languages spoken, or culture would be adversely affected by traitorous politicians weakening our constitutional rights by stealth.

G Edward Griffin summed up his presentation on Agenda 21 at the Save Long Island Forum (18 Jan 2014):

*"Agenda 21 is described by its promoters as a heroic plan for sustainable development and preservation of the environment. But in reality, it is a blueprint for building world government based on the model of collectivism. The only development it is designed to sustain is the development of*

*more government and more taxes. It is the enemy of true environmentalism and personal freedom. It is the ultimate Trojan horse."*

## Australian "Fluoridegate" Research Required

Instead of undermining the Constitution, the opportunity exists to create new approaches where we increase respect for the indigenous members of our communities as well as for ourselves. The history of Australia shows there is plenty of room for improvement.

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## Artificial water fluoridation... boosts the uptake of lead and toxins into the brain...

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**We see in the fluoridated United States that Hispanics and African Americans are disadvantaged by artificial water fluoridation, which boosts the uptake of lead and toxins into the brain, thus impacting their children with reduced IQs.**

For further info, watch the recent documentary, *Fluoridegate* (2013), which covers this in detail (See the review in *The Australian Fluoridation News*, Apr-Jun 2013).

Fluoride is likely to have similar effects with the indigenous people of Australia, but research is required, and this vital research has not been funded.

QAWF (Queenslanders for Safe Water, Air, Food) reported Kidney Health Australia's press release in 2012 that 1.7 million Australians over the age of 25 have kidney disease. Aboriginal Australians are particularly vulnerable to kidney disease and diabetes. Usually 50% of ingested fluoride is excreted within 24 hours, but with reduced kidney function, less fluoride is excreted, and so more accumulates, particularly in the bones.

The NHMRC approved fluoridation in 1953 and in the sixty years since they have never studied and reported the cumulative effects of fluorides on people with kidney impairment, despite being required to in their 2007 review.

**Any Prime Minister or politician wanting to make a real difference to all Australians, and especially to acknowledge our indigenous people, would ask that such research be done and make the funding available. And while the research was under way, to invoke the 'Precautionary Principle' to stop industrial fluoride wastes flowing through the water pipes and adversely affecting all Australians.**

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## Dr Eva Snead, at the Preparedness Expo (1992) "Solutions to Deadly Vaccines & Viruses", Salt Lake City

**Dr Eva Snead's presentation covered a range of medical questions, but here we extract a section on fluoridation:**

*"Are you fluoridated here in Utah? You're not? Somebody says yes, somebody says no. I guess fluoride causes confusion everywhere!"*

***"Fluorine, put in the water, is of itself a severe organic poison. It interferes, it breaks down the hydrogen bonds... the chemical connection between the two strands of the chromosome [in DNA]. Fluorine interacts there specifically. It destabilises your genetic material. It destabilises what you could call the race, the human race. What we're doing is race suicide. We're becoming less human, everyday."***

*"Is somebody looking at this? Of course they are. Has anybody heard about the genetic finger printing program? Do you know what the government is doing? They are going to decide who is human. They are going to decide: Which ones of all these barcodes it takes, minimum, to be human. Do you want to live in a country where someone decides what is human and what isn't?"*

*"It is illegal to kill a human, isn't it? But is it illegal to kill an animal?"*

*"This sounds very scientific but somebody is paying for it and they are NOT your friends. None of these people are your friends. They're just out there to make money, gain power and some of them to practice genocide. It sounds like science fiction but I invite you to read the evidence."*

### Dr Mercola: Fluoride as a contraceptive

Dr Mercola (fluoride.mercola.com, 29-10-2013) reports on further research confirming fluoride affects fertility:

"Research has linked fluoride in drinking water with sperm damage and other threats to reproductive health.

"Fluoride may have damaging effects on the process by which sperm are attracted toward an egg (sperm chemotaxis), which plays a critical role in allowing fertilization to occur.

"Sixty animal studies have found that fluoride adversely impacts the male reproductive system.

"Clean pure water is a prerequisite for optimal health. Industrial chemicals, drugs and other toxic additives like fluoride really have no place in our water supplies."

### World No Tobacco Day, 31st May

The health risks of tobacco, like fluoride, have been documented for many decades. It was only a few decades ago that prestigious "white coat" medical professionals advertised and recommended cigarettes!

According to Quitline, tobacco now kills one in ten adults worldwide; that's nearly six million people each year.

Tobacco smoke contains many nasty chemicals and a little research will show up some of the common ones. Also consider that tobacco in western countries is typically grown with "super" phosphate which we know contains fluoride. Remember the fluoride (and other toxins) in tobacco next time the media starts spruiking the "genetic causes of cancer" explanation.

### Say 'NO' to abuse of older (and all) people, June 15

June 15 each year is "World Elder Abuse Awareness Day", a day to wear a purple ribbon and let older people know they have the right to live without abuse.

Harm can be financial, psychological, physical, sexual or social and be perpetrated by someone they know, such as family, friends or some professionals in aged care facilities.

Seniors Rights Victoria (www.seniorsrights.org.au) as yet don't mention water fluoridation as a specific form of abuse. Perhaps no one has told them. Or perhaps their Victorian government funding is too influential? They may not be aware of one of fluoridation's effects on the population, as outlined in Dr Hans Moolenburgh's "Fluoridation: The Freedom Fight" (1987, p187-8), where he quotes Mr van der Kreek, of The Netherlands' "Commons" [Parliamentary] Debate:

**"On the enclosed graph you can see that cancer mortality rises after introducing fluoride into the drinking water. [Dr Dean] Burk considers fluoridation of the drinking water as a measure for curbing the population explosion, namely at the upper end."**

**Dr Moolenburgh explains further: "What is meant is not a curb in birthrate, but a curb in the elderly population as the mainstream of fluoridation victims is found in the 45-and-over age group."**

For more information, see Dr Moolenburgh's article "The Fluoridation Iceberg" in *The Australian Fluoridation News*, Oct-Dec 2012 (Vol.48 No.4).

Another hidden form of abuse is fluoride treatments for the elderly. Unofficial stories from South Australia indicate some elderly residents in retirement homes have been forced to use

high strength fluoride and swallow it (i.e. not allowed to spit it out). This is surely not to promote good teeth, but will likely contribute to them leaving this Earth sooner rather than later.

**For governments presiding over ageing populations, with falling revenues and rising pension costs, the fluoride "ageing factor" solution is a callous and heartless way to help balance the books. But we can say 'NO!' to these crazy and dangerous dental practices.**

As individuals, sometimes we might think we don't have much of a say. Yet we can choose what we prefer, what actions to take, and band together to spread this information far and wide, campaigning for our freedom to choose.

### TheCrowhouse.com

Australian website TheCrowhouse.com provides a welcome relief from mainstream media misinformation. Presenter Maxwell Igan is aware of the dangers of fluorides and television as two key mind-altering (and society changing) impositions. He presents a radio show, a series of documentary movies, such as "The Calling" (a great 66 minute overview of many related topics), links to useful current news stories and other important information. Fortunately there's no fear-mongering here. Instead Max has a wise, questioning and relaxed Australian demeanour, and as a result, he is easy to listen to, even when the subject is a tough one. Well worth a look and a listen.

#### Question:

Q: What is a fluoride promoter's favourite vehicle?  
A: A steam roller.

#### Quotes:

**Dr Gene W. Miller, PhD** (Biochemistry and Toxicology). Former head of biology, associate dean of science and dean of environmental science, Utah State University:

*"It was found that among the environmental pollutants, fluoride was the most damaging."*

#### Albert Einstein:

*"The significant problems we have cannot be solved at the same level of thinking with which we created them."*

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*The only Australian publication by Australians for Australians on Fluoridation, since 1963*

**Support us publishing information on fluoridation that rarely makes it into the major newspapers. Help to increase the national (and global) awareness of what fluoridation is really about, and how to minimise our fluoride intake, until fluoridation is inevitably removed!**

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