

# THE AUSTRALIAN FLUORIDATION NEWS

ARTIFICIAL FLUORIDATION  
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## Sugar Facts and Fluoride Myths

**Public Relations machine still using TV programming to whitewash fluoride's image**

In August 2013 the ABC-TV program *"Catalyst"* aired two segments of great interest. The first one on "Sugar" revealed what we've all known for years, that sugar causes tooth decay and a range of degenerative conditions. This change of reporting has come with the obesity epidemic. But the second segment on "Water Fluoridation" was quite different; it was a deeply flawed propaganda piece apparently designed to shore up support for the "protected pollutant" following Queensland's re-awakening.

The "Water Fluoridation" segment's script covered the main selling points for fluoride, presenting dodgy science, glossing over holes in logic and refusing to examine fluoridation from a balanced scientific or journalistic standpoint. In short, this is just another promotional puff piece.

The segment's front-man, Ruben Meerman grew up in Bundaberg and returned to visit his family dentist for a check-up. Earlier in 2013, Bundaberg Regional Council was among over a dozen Queensland councils to vote against fluoridation, due to "financial concerns along with community pressure".

Meerman says of fluoridation in Australia that "now, around 90% of us are covered", with the implication that being "covered" is a good thing. This is a key message repeated ad nauseum in fluoridation promotion. But how exactly does adding industrial fluoride wastes collected from factory chimneys help protect our teeth? The program sidesteps this big question, but later attempts to tell us that even though fluoride is toxic, there's a safe (and beneficial) level, without providing any credible evidence.

***Catalyst* provides an almost completely one-sided presentation, taking the public's perception of "poison" and trying to mould and manipulate our perceptions into loving fluoride, the "protected pollutant".**

The program contained just 13 seconds of Marilyn Haines of Queenslanders for Safe Water, Food and Air (qawf.org) giving examples of the toxicity of one of the fluoride compounds used in the fluoridation of Queensland's drinking water supplies:

*"This is a schedule six poison. Uses: as an insecticide, particularly for roaches and ants... so you can use it either for killing insects, or fluoridation of drinking water."*

And a two second file footage clip of former NZ dentist Dr John Colquhoun: *"Fluoride is not good for you"*.

Further, of the selected Queenslanders interviewed on the street (vox-pops), most said that fluoride is a poison.

**Sometimes we observe utter nonsense being peddled as fluoride facts.**

**Increasingly TV is an entertainment medium, often at expense of information. There is a commercial reality to this, even at the publicly-funded broadcaster, the ABC. Sometimes we observe utter nonsense being peddled as fluoride facts.** To this end, the jingly music and the "happy and smiley" can delight the unquestioning pleasure centres of the brain and reinforce the accompanying messages (true or otherwise), and so can be used to promote fluoridation misinformation. Televisions emit alpha waves which are hypnotically addictive. Beware of addiction to TV entertainment! If we change the spelling of "entertainment" to "entrainment", it's much closer to the mark. Our TV entrains us what to think and how to behave. But at least we weren't watching Big Brother. Or were we? Whenever the TV is on, it gives us a chance to develop our critical thinking and questioning skills.

### The "Dodgy" Science

Promoter Dr Michael Foley (Director, Brisbane Dental Hospital) asserted disturbingly that with fluoridated water, "you get the systemic benefit for little kiddies, and you get the much greater topical effect."

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"Topical", or direct application of fluoride (such as with toothpaste) is an idea used by the fluoridation promoters at the Centers for Disease Control, which we'll deal with in a future edition. But what are the "systemic benefits for little kiddies"?

**Children's brains are still developing, including the blood-brain barrier. Fluorides in water help metals such as lead, aluminium and mercury to accumulate in the brain, reducing IQ. Also, fluoride seeks not just teeth but bones and soft tissues (various organs, especially the kidneys). Up to half the fluoride intake is excreted, but the rest accumulates in the body. Small bodies absorb significantly higher quantities of fluorides, when they are most vulnerable. Long-term ingestion of this highly toxic industrial chemical added to drinking water is inadvisable for children and adults.**

Fluoride promoter Dr Foley spoke of a "Dental Survey", the kind which dentists have quoted over the years. These surveys are merely the "counting of teeth" without regard to the many variables such as the quantity of water consumed, diet, use of fluoride toothpaste, fluoride topical dental applications, etc, all of which are unmonitored. So it cannot be called a scientific study.

Professor Michael Moore (Vice President, Australian College of Toxicology & Risk Assessment) - *"It goes back to one of the fundamental precepts of toxicology, 'the dose makes the poison'. You take a lot of it, you get poisoned, you take the right amount, it keeps you well. Have too little, you've got a problem."*

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## **Using this logic, there is a "right amount" for arsenic, lead, aluminium, mercury and radioactive materials in your diet.**

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**That is true of many substances (for example, oxygen) but the substance has to be of benefit to have a safe range. That's a slip in Moore's pseudo-scientific logic. Using this logic, there is a "right amount" for arsenic, lead, aluminium, mercury and radioactive materials in your diet. Show us a single study that fluoride "keeps you well" or is even necessary! In over sixty years this proof has not been forthcoming, the question has been ignored by "smart" professionals who either do not look for, or cannot find the proof, but the issue has seemed too big to "rock the boat" and so they go along with it. And the pay cheques from industrial fluoride polluters have continued to flow!**

Comparative studies have shown that the absence of fluoride in the diet has no impact on health. Fluoride has never been shown conclusively to be essential to man (*Victorian Government Inquiry into Fluoridation*, (1979-80, p 136 – 12.71). How can Dr Moore (or anybody else) even begin to try to calculate the

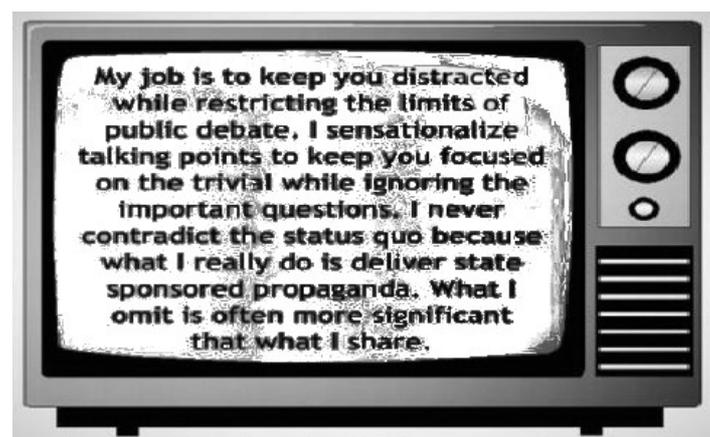


Image: [www.LarryHannigan.com](http://www.LarryHannigan.com)

unknown, unnamed very important "right" dose and how can we then be assured that each of us keeps strictly to his magical daily dose through the totally uncontrolled and unmonitored amount of water we drink, processed foods eaten, etc, in order to avoid being poisoned? His peers and indeed everyone could find such statements ridiculous.

Dr Yiamouyiannis was a conscientious scientist who studied fluoridation and wouldn't put up with any non-scientific nonsense. In his book *"Fluoride: The Aging Factor"*, he points out how fluorides accelerate ageing, accumulating in and affecting many parts of the body over time, including an increase in cancers, particularly gastro-intestinal cancers.

Good natural food keeps us well. But we're not legislated to eat food. Fluoride, the "protected pollutant" has been zealously promoted, especially in areas where people are unaware of what's really being added to their drinking water, and given little or no opportunity to exercise what is essentially a personal right to choose. Instead, the policy appears to be "keep the people in the dark and medicate them with fluoride."

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## **Pretending that fluoride is beneficial to humans is the "central dogma" of fluoridation. But where is the evidence?**

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**Pretending that fluoride is beneficial to humans is the "central dogma" of fluoridation. But where is the evidence of this benefit?** Trumped-up percentages of reducing tooth decay sound impressive as a TV sound bite, but similar rates of declining tooth decay are occurring around the world, in fluoridated and non-fluoridated countries. Furthermore, the decline in tooth decay started even before the fluoridation scheme began in the few countries that fluoridate!

**How embarrassing it will be when fluoride promotion professionals accept that there's no safe level of fluoride. But worse still will be the guilt factor, if they have a conscience, when they realise they've been going along with a poisoning regime affecting so many children, adults and maybe even themselves. Finding the truth begins with rational thought and questioning, something genuine professional scientists are good at. It also requires the willingness to discover the truth, even if it is not what you expect.**

## **The Unmentioned Science**

The Catalyst segment takes a one-eyed view of fluoride and promotes the poison as safe. For this, Catalyst gets an 'A' for discredited dogma but fails science with an 'F-1'.

The program did not mention the science showing massive fluoride accumulation in the pineal gland in the centre of the brain. (Luke, 1997). No mention either of the US National Research Council (2006) findings, to which the American Dental Association responded by issuing warnings for parents who make infant formula not to use fluoridated tap water. Again, no mention that the US Department of Human Services and US EPA recommending reducing the fluoridation level to 0.7ppm.

All of these have been (and are) potential science stories for the pre-eminent TV science show in Australia. This one-sided "Water Fluoridation" argument was a repetition for the masses, hoping some of it will stick, or reinforce past programming. There was even a nostalgic clip of Mrs Marsh, the advertising industry's TV fluoride promoter from the 1970s and 80s.

The mention of the 1996 comparison study of Townsville and Brisbane immediately rings alarm bells for anyone who knows

the basic tenets of statistics. Compared towns must be similar in most respects for comparisons to be valid. Clearly the population of Townsville (196,000) is much smaller than Brisbane (2.2 million, using 2012 ABS figures) and so this study is suspicious right from the start. Coincidentally, Townsville hosts a military base and for some reason, western military bases are fluoridated very quickly. (See the recently republished *The Dickinson Statement* on our website for possible explanations).

**Prof Moore cites a Harvard study and attempted to deny any link between fluoride and bone cancer. Prof Moore does not mention the Bassin (2006) Harvard study of boys (aged 6 to 8), where a positive link was shown between fluoride and bone cancer (osteosarcoma). Moore also doesn't mention that Bassin's PhD supervisor was Chester Douglas, who had a conflict of interest in also working for fluoride promoter Colgate. Douglas had tried to suppress the study, but Bassin was awarded her doctorate on the basis of her research, which means it has merit.**

So the fluoridation promoters needed a study to try to discount the osteosarcoma link to fluorides, so they came up with one in 2011, called the "latest science" from Harvard, trying to forget about the Bassin study.

Prof Moore also forgetfully (or otherwise) does not mention the very extensive epidemiological study by the late Drs Dean Burk, known as one of the world's leading biochemists and John Yiamouyiannis, who was appointed Director of the National Health Federation in 1974. This scientific study covered the cancer experience of 18 million Americans over a period of 30 years and it was proven in a court of law (Pittsburgh 1978) that fluoride ingestion does indeed increase the incidence of cancer and cancer mortality rates.

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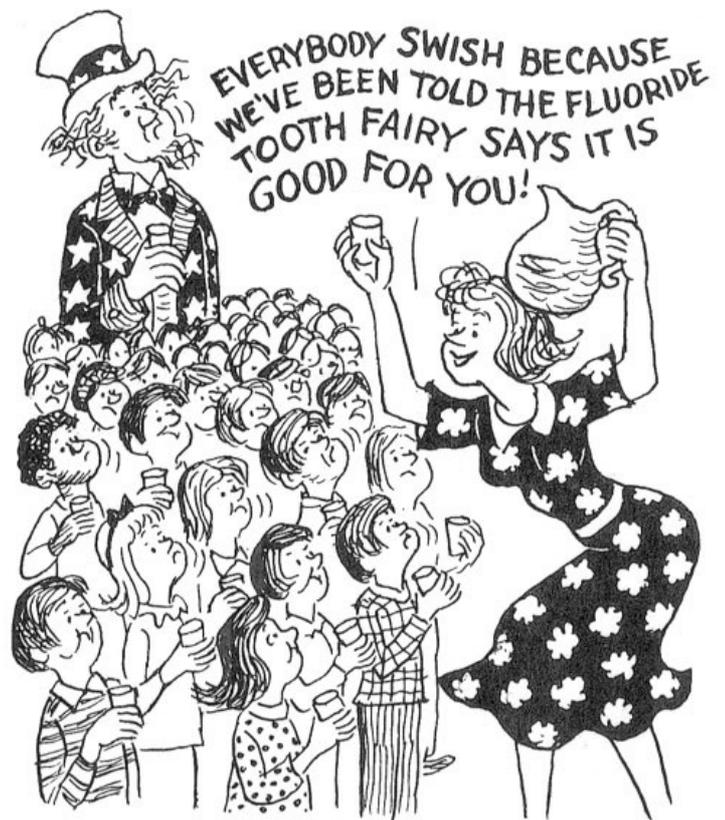
## **The pro-fluoride scientists in court agreed that the Burk/Yiamouyiannis study proved the cancers were caused by the ingestion of fluoridated water.**

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The pro-fluoride scientists in court ultimately agreed that the Burk/Yiamouyiannis study proved the cancers were caused by the ingestion of fluoridated water. This important evidence was confirmed in a letter from the sitting Judge Flaherty to the late Glen Walker, editor of the heavily scientifically referenced book *"Fluoridation: Poison on Tap"* and is recorded in his book. The Judge cautioned that it was his *"sincere hope"* that the Australian Government would review all of the evidence before *"imposing toxic sodium fluoride at 1ppm on a helpless people."* The scientific research still stands and has never been disproved.

If fluoridation was as safe and effective as promoting dentists would have us believe, the whole world would be clamouring for it. Instead most European countries do not fluoridate their water supplies and some have discontinued trial schemes because they failed to show any benefit and were an imposition on the right to choose. There are many scientific papers which point to the potential health dangers of the practice. For examples, see Dr Yiamouyiannis' book *Fluoride: The Aging Factor* or Dr Bruce Spittle's *Fluoride Fatigue*.

**Those old enough to remember may recall seeing on our TV screens the barrels of this toxic chemical, clearly marked with the S6 poison signs being handled by the fluoridation plant workers wearing the necessary protective clothing and masks, resembling astronauts ready to take flight.** We note in this TV segment that the bags of poisonous sodium silicofluoride



powder did not have the previously common "skull and cross bones" visible anywhere.

Dr Foley told us that fluoroapatite incorporated in the teeth matrix makes teeth harder. But he failed to mention that fluoridated teeth and bones are more brittle, leading to chipping and breaking of teeth, requiring repair by a dentist (more profits for dentists, no wonder they love fluoride!), and also a higher incidence of hip and bone fractures in fluoridated areas.

**It is not surprising that many Queenslanders have taken the opportunity to free their water of this highly toxic chemical by overwhelmingly opposing fluoridation. Almost without exception, people vote against fluoridation when given the chance. That is why fluoride promoters strongly oppose referendums. i.e. they are anti-democratic.**

## **Govt Push to Overpower People's Choice**

The presenter makes the point that local councillors aren't scientists, and "that's the problem". We wonder what the Hegelian "solution" they have in mind for this "problem".

Australia's Federal system doesn't manage fluoridation, instead fluoridation is forced by the states and local governments, when they can get away with it. They use the "divide and conquer" method to force fluoridation into communities, one by one, creating resistance in only small areas at any given time. This TV story seems related to the NSW State Government's attempt to mandate fluoridation throughout the state, without asking voters.

## **Science: Observation first, Conclusions later**

Catalyst is ABC TV's flagship science program. Yet this "Water Fluoridation" segment lacked scientific questioning and was instead an all too clever "fill-in-the-dots" promotional puff-piece for fluoride disposal. Are we supposed to believe everything on TV without questioning? Anyone asking fluoride promoters basic questions can unravel the story, but this story's presenter didn't bother. It must be hard working for an organisation where only some science is allowed to be reported fairly. Further, he may be completely unaware of the fluoridation controversy – but that

leads a journalist back to ask more questions to understand "both sides": why is it that many overwhelmingly oppose fluoridation?

## Ask more questions to understand "both sides": why is it that many overwhelmingly oppose fluoridation?

That's exactly what Charles Woolley, replete with large sideburns, did in the 1979 ABC Four Corners program "Fluoridation". He asked questions of both sides and presented what they said fairly, even though they were diametrically opposed. He pursued what was said, investigating in a journalistic way, and showed the toxic fluoride ("skull and cross bones") being mixed by machine at the dosing station. **According to Wendy Varney's book "Fluoride: a case to answer" (1986), the ABC was harassed by fluoride promoters for showing fluoridation as it is, 'warts and all.' But it was competent, incisive and balanced journalism.**

Journalists feeling trapped by their workplace censorship somehow need to express themselves, to get all that knowledge of "what really goes on" off their chests, before their conscience withers and they become as twisted as their corporate media masters. Preventing journalists from investigating toxic waste in drinking water degrades the profession, and if journalists tolerate it, their own credibility and integrity shrink too. There's only so much that journalists can put up with. Some journalists are finding other outlets for exposing the systemic corruption that underlies scandals such as fluoridation.

If the ABC's *Catalyst* can present a supposedly scientific segment as poorly as this, we begin to wonder how many more of their segments also have their scientific integrity flushed away like 99% of fluoridated water.

*Catalyst* may do a better job with a possible upcoming story on "Mercury"; of how mercury is being phased out globally. The presenter in this "Water Fluoridation" story had numerous mercury fillings counted during his dental exam. "Leaking" mercury (silver/amalgam) fillings cause systemic health problems, as mercury is highly toxic to life, including dentists, their patients

and the environment. If you didn't know this already, mercury is something worth researching further.

**It's important to acknowledge ABC *Catalyst* for their other segment the same night on "Sugar" for going into detail on how refined sugar is a primary cause of degenerative conditions including obesity and (sugar) diabetes.** We have reported for decades that the sugar industry has been a strong (financial) supporter of fluoridation, hoping that fluorides would take the attention away from their sweet cytotoxic (cell-toxic) product. See "An Australian Fluoridation Dictatorship" (*The Australian Fluoridation News*, Jan-March 2011, p. 5).

We're also compelled to acknowledge the two segments by the ABC "7.30" program on fluoridation in Queensland in Dec 2012 and Feb 2013, even though the journalist did not validate many of the claims. If a journalist were to declare that "yes, the source of fluoride in our drinking water does actually come from phosphate fertiliser factories, and yes, it is labelled as Schedule S7 poison, with skull and cross bones," any unquestioning people watching may have begun questioning too.

## If you still think fluoride is safe, go ahead and choose it for yourself, but don't force it on others!

**There was a subtly sarcastic tone to this *Catalyst* segment, suggesting that "if you think fluoride is bad, you're crazy!" We suggest that if you think fluoride is safe or effective, you're either ill-informed of the facts or have a vested interest in perpetrating the "fluoride prevents caries" myth. But if you still think fluoride is safe, go ahead and choose it for yourself, but don't force it on others!**

***Catalyst* raises doubts about its own credibility in airing such a one-sided story. This segment may have become a "catalyst for action" for those who know fluorides are toxic, to "up the ante" and do something new or additional in alerting others that are yet to find out. And to be discerning and questioning when watching "infotainment" on TV.**

## Brief News

### Ireland's Girl Against Fluoride

High Court legal action is being taken against the Irish Government to end the policy of water fluoridation. Aisling Fitzgibbon, aka "The Girl Against Fluoride" with her supporting team have secured a pro-bono legal team for the case. In the lead up, the campaign is to build as much knowledge and support as possible in the community. The Republic of Ireland is the only country in Europe with mandatory water fluoridation, which began in 1964. See [www.thegirlagainstfluoride.com](http://www.thegirlagainstfluoride.com) for more on this creative and inspirational campaign.

Environmental scientist Declan Waugh is involved in the campaign. Initially sceptical of any harm, he has studied fluoridation closely, then finding more and more evidence of harm. His reports published in 2012 are at his site, [www.enviro.ie](http://www.enviro.ie)

Also see Fluoride Free Ireland, another group working hard to end water fluoridation in Ireland, at [www.fluoridefreewater.ie](http://www.fluoridefreewater.ie)

### Be Aware of Censorship Attempts and Respond

David Rockefeller's statement in 2009 that "the Internet should never have been invented" is still echoing, as the transparency of information remains uncomfortable for elitists and governments of various countries. The globalist agenda doesn't want to allow

people to choose for themselves what sources of information they use. Under the pretence of protecting us from pornography, the aim appears to be to restrict and censor the Internet. e.g. the UK Censorship Bill, which also includes "spiritual, new age and esoteric websites", without drawing attention to the fact. NEXUS 20/06

Where might such a list of censored sites end? More importantly, what will you do to help end such censorship plans? Freedom, including that of the Internet, is important to us all, so keep alert for how you can contribute to keeping freedom alive.

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